

## **How to Choose Your Health Care Agent**

Think about who would be an appropriate agent. Who knows my wishes, is strong enough to deal with the emotions and potential stress involved with executing my wishes and would want to take the responsibility of being my agent.

I want somebody there who will do everything possible to make sure that my treatment is as good as it can be. That it's what I want and that it's not putting me in a situation that I don't want to live in.