



## *Mom-to-be Milestones*

### Mom-to-be Milestones

So much will happen during your pregnancy, but most of it will be a blur once your baby arrives. Enjoy, celebrate, and share these amazing moments so you'll remember them forever.



<b>The first time... I saw my little one on the ultrasound.</b>	Date
<b>How I felt</b>	
<b>Dear Baby,</b>	

<b>The first time... I felt my baby kick.</b>	Date
<b>How I felt</b>	

Dear Baby,

<b>The first time... a stranger tried to touch my belly.</b>	Date
<b>How I felt</b>	

Dear Baby,

<b>The first time... I had a weird pregnancy craving.</b>	Date
<b>How I felt</b>	

Dear Baby,

Blank space for writing a letter to the baby.

The first time... my baby responded to my voice.

Date

How I felt

Blank space for describing how the parent felt during the first time the baby responded to their voice.

Dear Baby,

Blank space for writing a second letter to the baby.