Northwest Region HEDIS
Performance by Medical Office

Measure results for our total enrolled population as of JUNE 2014

Kaiser Foundation Health Plan of the Northwest
A commitment to quality care and service

At Kaiser Permanente Northwest, our mission is to provide exceptional care and service to you and your family. Our goal is to be a national leader in quality. We measure our quality performance by a nationally recognized yardstick: a set of measures called the Healthcare Effectiveness Data and Information Set, or HEDIS. This report demonstrates Kaiser Permanente Northwest’s commitment to quality improvement and performance measurement. By continually measuring what we do, we are able to evaluate our performance, improve it, and assure our members that they are getting quality, appropriate health care. This report shows the progress of our individual medical offices in meeting the performance targets.

HEDIS Measures
HEDIS is developed under the guidance of the National Committee for Quality Assurance (NCQA), with input from hundreds of health care experts and organizations. More than 90 percent of the nation’s health care organizations report their health plan’s performance annually using HEDIS standards. The annual results are thoroughly checked by an outside reviewer before they can be reported publicly.

During the course of the year, Kaiser Permanente Northwest uses HEDIS measures to track improvement in our quality of care. These monthly measurements are produced by the same methods used for our annual HEDIS report. The monthly measurements shown in this report have not been subjected to outside review, however.

What this report shows
In the graphs that follow, the target displayed for each measure is the level of performance that, if met, puts Kaiser Permanente Northwest in the top 10 percent of all U.S. health care organizations. The graphs show the progress each medical office is making toward that goal.

Kaiser Permanente Northwest continues to focus improvement efforts in several areas previously reported: prevention, diabetes management, blood pressure control, depression management, well-child care, prenatal and postpartum care, heart care, COPD testing, and reduced use of high-risk medications. We also added new areas of focus: body mass index (BMI) assessment, lab monitoring for persistent medications, appropriate use of imaging testing for lower back pain, and adolescent well-child care and immunizations.

This report shows the measure results for our total enrolled population, which includes those of any age covered by a plan offered through an employer or covered by an individually purchased health insurance policy, Medicare and Medicaid (Blended).
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Children who had the complete set of recommended immunizations by age 2

This graph shows the percentage of members who received, by age 2, all vaccinations recommended by the Centers for Disease Control and Prevention and the American Academy of Pediatrics. Immunizations are an easy and proven way to protect children from serious illness.

Kaiser Permanente Northwest overall performance = 84%

* Reaching this target places us in the top 10% nationwide.
Adolescent Immunizations

Adolescents who had the complete set of recommended immunizations by age 13

This graph shows the percentage of members, who received one meningococcal immunization between age 11 and 13, and either one Tdap (tetanus, diphtheria toxoids, and acellular pertussis) or one Td (tetanus, diphtheria toxoids) immunization between age 10 and 13, as recommended by the Centers for Disease Control and Prevention and the American Academy of Pediatrics. Immunizations are an easy and proven way to protect adolescents from serious illness.

Kaiser Permanente Northwest overall performance = 85%

* Reaching this target places us in the top 10% nationwide.
Children who had six or more well-child visits during their first 15 months

This graph shows the percentage of members who had the recommended number of checkups with a primary care practitioner during their first 15 months of life. Each visit includes a complete physical examination to assess the infant's growth and development and help identify problems early. Recommended immunizations are also given at well-child visits. This type of preventive care is important for raising healthy children.

Kaiser Permanente Northwest overall performance = 91%

* Reaching this target places us in the top 10% nationwide.
Children, ages 3 to 6, who had one or more well-child visits during the year

This graph shows the percentage of members, ages 3 to 6, who had at least one well-child visit, or checkup, during the year. Each visit includes a physical examination to assess the child’s growth and development and help identify problems early. This type of preventive care is important for keeping children healthy.

Kaiser Permanente Northwest overall performance = 81%

* Reaching this target places us in the top 10% nationwide.
Pediatric Care - Blended

Well Child Visits

Adolescents, ages 12 to 21, who had one or more well-child visits during the year

This graph shows the percentage of members, ages 12 to 21, who had at least one well-care visit, or checkup, with a primary care or Ob/Gyn doctor during the year. A lot of growth and change takes place between the ages of 12 and 21. A full physical exam is given during a well-care visit to make sure adolescents are growing up healthy, and is a good way to catch any problems early.

Target = 48%*

Kaiser Permanente Northwest overall performance = 47%

* Reaching this target places us in the top 10% nationwide.
Maternity Care - Blended

Prenatal Visits

Women who had a checkup visit during the first 13 weeks of pregnancy

This rate is the percentage of female members who had a prenatal care visit, or checkup, in the first 13 weeks of pregnancy. Regular checkups are important during pregnancy to make sure that mother and baby stay healthy. During a checkup, women are educated on how to eat right and exercise to protect the health of their baby. Problems that could threaten the life of the mother or baby can be spotted early during regular checkups.

Target = 96%*

Kaiser Permanente Northwest overall performance = 95%

Postpartem Visits

Mothers who had a checkup visit within three to eight weeks after giving birth

This rate is the percentage of female members who had a checkup within three to eight weeks after giving birth. There are many changes that happen to a woman’s body after delivery, so it’s important that women receive care for themselves as well as for their baby after giving birth. During this time, there is much for mothers, especially new mothers, to learn about caring for an infant, as well as for themselves.

Target = 90.8%*

Kaiser Permanente Northwest overall performance = 90%

* Reaching this target places us in the top 10% nationwide. Results by medical office building are unavailable due to incomplete data.
Prevention - Blended

Breast Cancer Screening (Mammography)

Women who had at least one mammogram during the past two years

This graph shows the percentage of female members, ages 42 to 69, who had a mammogram to check for breast cancer during the past two years. Early detection of breast cancer through screening improves the chances that breast cancer can be diagnosed at an early stage and treated successfully.

Target = %*
No Data Available

Kaiser Permanente Northwest overall performance = %

* Reaching this target places us in the top 10% nationwide.
Cervical Cancer Screening

Women who had at least one Pap test during the past three years

This graph shows the percentage of female members, ages 24 to 64, who had a Pap test to check for cervical cancer during the past three years. Screening tests offer the best opportunity to detect cervical cancer at an early stage, when successful treatment is likely. Screening actually prevents most cervical cancers, because abnormal cervix cell changes can be treated before they have a chance to turn into cervical cancer.

Kaiser Permanente Northwest overall performance = 86%

* Reaching this target places us in the top 10% nationwide.
Prevention - Blended

Chlamydia Screening

Women who were tested for chlamydia during the past year

This graph shows the percentage of sexually active women, ages 16 to 24, who were tested for chlamydia, a sexually transmitted disease, during the past year. A screening test is the best way to detect chlamydia so it can be treated with medication and cured. Treating chlamydia early can prevent the disease from being spread to others through sexual contact.

Kaiser Permanente Northwest overall performance = 72%

* Reaching this target places us in the top 10% nationwide.
Members who had appropriate colorectal cancer screening

This graph shows the percentage of members, ages 50 to 75, who had the appropriate colorectal cancer screening test. Depending on risk, there are three tests used to screen for colorectal cancer: fecal immunochemical test (every year), flexible sigmoidoscopy (every five years), and colonoscopy (every ten years). Colorectal cancer starts in the large intestine (the colon), or in the rectum (the end of the colon). Colorectal cancer screening tests offer the best opportunity to detect colorectal cancer at an early stage, when successful treatment is likely.

Kaiser Permanente Northwest overall performance = 77%

* Reaching this target places us in the top 10% nationwide.
Appropriate medications for members with asthma

This graph shows the percentage of members, ages 5 to 64, who have persistent asthma and got the right medicine—called anti-inflammatories or controller drugs—for long-term control of asthma. People with asthma can have attacks that are painful, frightening, and even deadly. Using asthma medicines regularly can help prevent these attacks and avoid the wheezing, coughing, and shortness of breath that the attacks bring.

Kaiser Permanente Northwest overall performance = 94%
Chronic Illness - Blended

Chronic Obstructive Pulmonary Disease (COPD)

Members given breathing test to confirm COPD diagnosis

This graph shows the percentage of members, ages 40 and older, with newly diagnosed or newly active chronic obstructive pulmonary disease (COPD) who took a breathing test, called a spirometry test. COPD is a lung disease that causes breathing problems that can get worse over time. Spirometry testing helps diagnose COPD and can measure the severity of the disease so it can be properly treated and managed.

Kaiser Permanente Northwest overall performance = 62%

* Reaching this target places us in the top 10% nationwide.
Chronic Illness - Blended

Depression

Members treated for depression who stayed on their medication for at least six months

This graph shows the percentage of members, ages 18 and older, who were prescribed antidepressant medication to treat a new episode of depression, and who stayed on the medication for at least six months. About half the people who take antidepressants stop taking them or take them incorrectly. With continual follow-up, clinicians can encourage members to continue taking their medication and review the dosing instructions with them.

Kaiser Permanente Northwest overall performance = 61%

* Reaching this target places us in the top 10% nationwide.
Comprehensive diabetes care: set of seven measures

Diabetic members who had their low-density lipoprotein cholesterol (LDL-C) checked during the past year

This graph shows the percentage of members with diabetes, ages 18 to 75, who had a low-density lipoprotein cholesterol (LDL-C) screening test in the past year. Effective use of LDL-C screening and LDL-C control is an important means to minimize further health risks from diabetes. Since having diabetes increases the risk for heart disease, it’s especially important to keep LDL-C levels down. Screening tests offer the best opportunity to detect increases in LDL-C levels at an early stage, when successful treatment is likely.

Target = 94%*

Kaiser Permanente Northwest overall performance = 90%

* Reaching this target places us in the top 10% nationwide.
Diabetic members with good cholesterol control

This graph shows the percentage of members with diabetes, ages 18 to 75, whose most recent LDL cholesterol level during the past year was less than 100 mg/dL, indicating good cholesterol control. Controlling cholesterol is important in avoiding heart and blood vessel disease and complications, such as stroke.

Kaiser Permanente Northwest overall performance = 60%

* Reaching this target places us in the top 10% nationwide.
Chronic Illness - Blended

Comprehensive diabetes care: set of seven measures

Diabetic members who had their blood sugar checked during the past year

This graph shows the percentage of members with diabetes, ages 18 to 75, who had a hemoglobin A1c test during the past year. High blood sugar is harmful to the body. This test measures long-term blood sugar control.

Target = 96%*

Kaiser Permanente Northwest overall performance = 95%

* Reaching this target places us in the top 10% nationwide.
Diabetic members with poor blood sugar control

This graph shows the percentage of members with diabetes, ages 18 to 75, who had poorly controlled blood sugar levels or no test at all during the past year. A lower percentage means better performance on this measure. The hemoglobin A1c test measures long-term control of blood sugar. A level greater than 9 is associated with greater risk of complications, such as blindness and heart disease.

Kaiser Permanente Northwest overall performance = 18%

* Reaching this target places us in the top 10% nationwide.
Diabetic members with good blood pressure control

This graph shows the percentage of members with diabetes, ages 18 to 75, whose most recent blood pressure was less than 140/90 mm Hg, indicating good blood pressure control. Blood pressure is a measure of how hard the blood pushes against the walls of the arteries as it moves through the body. Controlling blood pressure is important for people with diabetes because they are at higher risk for heart and blood vessel problems. Good blood pressure control can lower the risk for heart and blood vessel problems.

Kaiser Permanente Northwest overall performance = 85%

* Reaching this target places us in the top 10% nationwide.
Diabetic members who were screened for diabetic retinal disease during the past year

This graph shows the percentage of members with diabetes, ages 18 to 75, who had an eye exam during the past year. High blood sugar can cause bleeding in the blood vessels in the eyes that can lead to blindness, so people with diabetes should have annual eye exams.

Kaiser Permanente Northwest overall performance = 75%

* Reaching this target places us in the top 10% nationwide.
Diabetic members who were screened for kidney disease during the past year

This graph shows the percentage of members with diabetes, ages 18 to 75, who had their urine tested to check for signs of kidney damage (nephropathy). High blood sugar is harmful to the kidneys and can stop them from working. Testing the urine often in patients with diabetes is the main way to check for signs of kidney problems. Early signs alert diabetics and their doctors to take steps to prevent further kidney damage or failure.

Kaiser Permanente Northwest overall performance = 96%
**Chronic Illness - Blended**

**Controlling high blood pressure**

Members diagnosed with high blood pressure who lowered it to a normal level during the past year

This graph shows the percentage of members, ages 18 to 85, who were diagnosed with high blood pressure (hypertension) during the past year and then lowered it to a normal level. Blood pressure is a measure of how hard the blood pushes against the walls of the arteries as it moves through the body. Controlling high blood pressure can lower the risk of heart disease and stroke.

Kaiser Permanente Northwest overall performance = 85%

* Reaching this target places us in the top 10% nationwide.
Chronic Illness - Blended

Statins Use for CV DM (Non HEDIS Measure)

Members on the atherosclerotic cardiovascular disease (ACVD) registry age 18–75 years OR members on the diabetes (DM) registry age 40–75.

Target = 80%*

Kaiser Permanente Northwest overall performance = 81%

* Reaching this target places us in the top 10% nationwide.
Chronic Illness - Blended

Monitoring Persistent Medications

Members who had a lab test during the year to check certain long-term medications

This graph shows the percentage of members, ages 18 and older, who took any of the following medications: angiotensin converting enzyme/angiotensin receptor blocker (ACE/ARB), digoxin, diuretic, or anticonvulsant, for at least six months and had at least one lab test during the year to check how well the medication or medications were working. Those who have yearly lab tests are more likely to stay healthy and avoid medication problems.

Kaiser Permanente Northwest overall performance = 91%

* Reaching this target places us in the top 10% nationwide.
Chronic Illness - Blended

Heart Care

Members with heart problems who had their low-density lipoprotein cholesterol (LDL-C) checked during the past year

This graph shows the percentage of members, ages 18 to 75, with heart problems, such as cardiovascular disease, past heart surgery, or heart attack, who had their LDL cholesterol checked in the past year. Yearly LDL-C testing can detect increases in cholesterol levels early, when steps can be taken to lower cholesterol to help prevent further heart and blood vessel disease and complications, such as stroke.

Target = 96%*

Kaiser Permanente Northwest overall performance = 95%

* Reaching this target places us in the top 10% nationwide.
Appropriate image testing for lower back pain

Appropriate use of image testing when diagnosing members with lower back pain

This graph shows the percentage of members, ages 18 to 50, with a new diagnosis of lower back pain, who did not have an imaging test (plain X-ray, MRI, or CT scan) within 28 days of being diagnosed. Back pain is a very common problem, and in many cases gets better with simple treatment, usually within 4 weeks. Imaging tests often do not help explain low back problems, so it is important to give the lower back time to heal rather than exposing members to unnecessary radiation.

Kaiser Permanente Northwest overall performance = 87%

* Reaching this target places us in the top 10% nationwide.
Members who had their body mass index (BMI) measured

This graph shows the percentage of members, ages 18 to 74, who had their BMI measured and recorded during an office visit. BMI is a general measure of fat in the body, based on a person’s height and weight, and is used to check for weight issues that may cause health problems. It is important to know one’s BMI percentage, so if weight problems exist, steps can be taken to achieve and maintain a healthy weight.

Kaiser Permanente Northwest overall performance = 98%