



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION

Generic	Brand	HICL	GCN	Exception/Other
SILDENAFIL	REVATIO		24758 28273 33186	
TADALAFIL	ADCIRCA, ALYQ		26587	

****Please use the criteria for the specific drug requested****

GUIDELINES FOR USE

INITIAL CRITERIA (NOTE: FOR RENEWAL CRITERIA SEE BELOW)

ADCIRCA/ALYQ (TADALAFIL)

1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I) and meet **ALL** of the following criteria?
 - The requested medication is prescribed by or given in consultation with a cardiologist or pulmonologist
 - Documented confirmatory PAH diagnosis based on right heart catheterization with the following parameters:
 - Mean pulmonary artery pressure (PAP) of ≥ 25 mmHg
 - Pulmonary capillary wedge pressure (PCWP) ≤ 15 mmHg
 - Pulmonary vascular resistance (PVR) > 3 Wood units
 - The patient has NYHA-WHO Functional Class II to IV symptoms
 - The patient is **NOT** concurrently or intermittently taking oral erectile dysfunction agents (e.g. Cialis, Viagra) or any organic nitrates in any form
 - The patient is **NOT** concurrently taking guanylate cyclase stimulators (e.g. Adempas)

If yes, **approve Adcirca/Alyq (Tadalafil) 20mg tablet for 12 months by GPID (26587) with a quantity limit of #2 tablets per day.**

APPROVAL TEXT: Renewal requires that the patient has shown improvement from baseline in the 6-minute walk distance test **OR** that the patient has a stable 6-minute walk distance test with a stable or improved WHO functional class.

If no, do not approve.

DENIAL TEXT: See the initial denial text at the end of the guideline.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION

INITIAL CRITERIA (CONTINUED)

REVATIO (SILDENAFIL) TABLETS OR INJECTION

1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I) and meet **ALL** of the following criteria?
 - The requested medication is prescribed by or given in consultation with a cardiologist or pulmonologist
 - Documented confirmatory PAH diagnosis based on right heart catheterization with the following parameters:
 - Mean pulmonary artery pressure (PAP) of ≥ 25 mmHg
 - Pulmonary capillary wedge pressure (PCWP) ≤ 15 mmHg
 - Pulmonary vascular resistance (PVR) > 3 Wood units
 - The patient has NYHA-WHO Functional Class II to IV symptoms
 - The patient is **NOT** concurrently or intermittently taking oral erectile dysfunction agents (e.g. Cialis, Viagra) or any organic nitrates in any form
 - The patient is **NOT** concurrently taking guanylate cyclase stimulators (e.g. Adempas)

If yes, **approve for 12 months by GPID for the requested strength with the following quantity limits:**

- **Sildenafil (Revatio, GPID 24758) 20mg tablets: #3 tablets per day.**
- **Sildenafil (Revatio, GPID 28273) 10mg/12.5mL vial: 37.5mL (#3 vials) per day.**

APPROVAL TEXT: Renewal requires that the patient has shown improvement from baseline in the 6-minute walk distance test **OR** that the patient has a stable 6-minute walk distance test with a stable or improved WHO functional class.

If no, do not approve.

DENIAL TEXT: See the initial denial text at the end of the guideline.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION

INITIAL CRITERIA (CONTINUED)

REVATIO (SILDENAFIL) ORAL SUSPENSION

1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I) and meet **ALL** of the following criteria?
 - The patient is unable to swallow pills and has tried crushed sildenafil tablets
 - The requested medication is prescribed by or given in consultation with a cardiologist or pulmonologist
 - Documented confirmatory PAH diagnosis based on right heart catheterization with the following parameters:
 - Mean pulmonary artery pressure (PAP) of ≥ 25 mmHg
 - Pulmonary capillary wedge pressure (PCWP) ≤ 15 mmHg
 - Pulmonary vascular resistance (PVR) > 3 Wood units
 - The patient has NYHA-WHO Functional Class II to IV symptoms
 - The patient is **NOT** concurrently or intermittently taking oral erectile dysfunction agents (e.g. Cialis, Viagra) or any organic nitrates in any form
 - The patient is **NOT** concurrently taking guanylate cyclase stimulators (e.g. Adempas)

If yes, **approve Revatio (Sildenafil) oral suspension for 12 months by GPID (33186) with a quantity limit of #224mL (2 bottles) per 30 days.**

APPROVAL TEXT: Renewal requires that the patient has shown improvement from baseline in the 6-minute walk distance test **OR** that the patient has a stable 6-minute walk distance test with a stable or improved WHO functional class.

If no, do not approve.

DENIAL TEXT: See the initial denial text at the end of the guideline.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION

INITIAL CRITERIA (CONTINUED)

INITIAL DENIAL TEXT: The guideline for **PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION (Revatio, Adcirca/Alyq)** requires a diagnosis of pulmonary arterial hypertension (PAH) World Health Organization (WHO Group I). The following criteria must also be met:

- The requested medication is prescribed by or given in consultation with a cardiologist or pulmonologist
- Documented confirmatory PAH diagnosis based on right heart catheterization with the following parameters:
 - Mean pulmonary artery pressure (PAP) of greater than or equal to 25 mmHg
 - Pulmonary capillary wedge pressure (PCWP) less than or equal to 15 mmHg
 - Pulmonary vascular resistance (PVR) greater than 3 Wood units
- The patient has NYHA-WHO Functional Class II to IV symptoms
- The patient is NOT concurrently or intermittently taking oral erectile dysfunction agents (e.g. Cialis, Viagra) or any organic nitrates in any form
- The patient is NOT concurrently taking guanylate cyclase stimulators (e.g. Adempas)
- In addition to the above requirements, the following criteria apply to the specific agents listed.
 - **Request for REVATIO (Sildenafil) ORAL SUSPENSION** requires that the patient is unable to swallow pills and has tried crushed sildenafil tablets

RENEWAL CRITERIA

1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I)?

If yes, continue to #2

If no, do not approve.

DENIAL TEXT: See the renewal denial text at the end of the guideline.

2. Has the patient shown improvement from baseline in the 6-minute walk distance test?

If yes, **approve for 12 months by GPID for the requested drug with the following quantity limits:**

- **Tadalafil (Adcirca/Alyq GPID 26587): #2 tablets per day.**
- **Sildenafil (Revatio GPID 24758) 20mg tablets: #3 tablets per day.**
- **Sildenafil (Revatio GPID 28273) 10mg/12.5mL vial: #37.5mL (#3 vials) per day.**
- **Sildenafil (Revatio GPID 33186) 10mg/mL suspension: #224mL (2 bottles) per 30 days.**

If no, continue to #3.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

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RENEWAL CRITERIA (CONTINUED)

- 3. Has the patient remained stable from baseline in the 6-minute walk distance test with a stable or improved WHO functional class?

If yes, approve for 12 months by GPID for the requested drug with the following quantity limits:

- Tadalafil (Adcirca/Alyq GPID 26587): #2 tablets per day
- Sildenafil (Revatio GPID 24758) 20mg tablets: #3 tablets per day.
- Sildenafil (Revatio GPID 28273) 10mg/12.5mL vial: #37.5mL (#3 vials) per day.
- Sildenafil (Revatio GPID 33186) 10mg/mL suspension: #224mL (2 bottles) per 30 days.

If no, do not approve.

RENEWAL DENIAL TEXT: The guideline named **PDE5 INHIBITORS FOR PULMONARY ARTERIAL HYPERTENSION (Revatio, Adcirca/Alyq)** requires a diagnosis of pulmonary arterial hypertension (PAH) World Health Organization (WHO) Group 1. In addition, **ONE** of the following criteria must be met for renewal:

- The patient has shown improvement from baseline in the 6-minute walk distance test
- The patient has a stable 6-minute walk distance test with a stable or improved WHO functional class

RATIONALE

For further information, please refer to the Prescribing Information and/or Drug Monograph for Adcirca/Alyq and Revatio.

REFERENCES

- Revatio [Prescribing Information] New York, NY: Pfizer Inc.; February 2018.
- Adcirca [Prescribing Information] Indianapolis, IN: Eli Lilly and Company; August 2017.
- Alyq [Prescribing Information] North Wales, PA: Teva Pharmaceuticals USA, Inc., January 2019.

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