Do I qualify for the MTM program?

You may be eligible for the program if:

- You are a current member of Kaiser Permanente
- Your plan includes Medicare Part D covered medicines
- You have three or more chronic conditions and are taking five or more medications
- You spend over $3,017 on drug costs in a year

How do I enroll in the MTM program?

A member of our MTM staff may contact you by letter or phone if you qualify for the program, or for more information, you can call 1-866-244-4119 (TTY 711), Monday through Friday, 8 a.m. to 6 p.m.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal.

It can be hard to keep track of all your medicines: how much to take, how often, with food or not.

Our Medication Therapy Management (MTM) Program makes it easier than ever to take your medicines as your Kaiser Permanente doctor prescribed them.

1. It starts with a phone call from an MTM team member to review all your medicines:
   - Medications for your chronic conditions like diabetes, high blood pressure and heart disease
   - Vitamins and other supplements
   - Over-the-counter (OTC) medicines like aspirin and Tylenol™

2. Next, we work closely with your Kaiser Permanente doctor to reduce side effects and harmful drug interactions.

3. We also look for ways to cut your drug costs.

4. You'll receive an individualized, written summary that includes a personal medication list and medication action plan.