

## **Why Did You Plan**

I think that Terri Schiavo case in the news was a big conversation starter and what would happen to me? What would happen to my husband? How - what would we do? How would our families react?

That was a big part of it so that's what prompted us to start the conversation.

My father died two years ago and I had first-hand experience of things that I did not want done to me, so I think that was really what pushed me to to really plan ahead.

I want to be able to know my family. I want to be able to know who I am. I want to be aware of my surroundings. I want to be able to eat and if at any point you have to withhold any of this or if I'm beyond knowing my family and my loved ones then those are signs.