What Defines Your Values

Everyone's different. Religious backgrounds. Just educational backgrounds is your own beliefs so you just you know you can read the newspaper you can see what other people are going through and say what I want to go through that?

What are your boundaries? What are you willing to do?

I think it's there inside us I think it's part of our philosophy it's part of our understanding of life and death and we have so rarely asked to put that into words and it's a good thing about doing this as especially with the Kaiser forms they walk you through it and there are there are open spaces for you to write things down in your own words and to answer questions.