

Resources in Times of Need

Washington DC

Below you will find a set of resources in Washington DC that can help you get connected to tangible supports:

Food Assistance

Capital Area Food Bank

<https://www.capitalareafoodbank.org/find-food-assistance/>
(202) 644-9807

Commodity Supplemental Food Program (CSFP)

<https://www.capitalareafoodbank.org/what-we-do/direct-food-distribution-programs/commodity-supplemental-food-program/>
(202) 644-9880

Women, Infant and Children (WIC)

<https://dchealth.dc.gov/node/125192>
(202) 442-9397

Financial Resources

Apply for Unemployment Compensation

<https://does.dc.gov/service/start-your-unemployment-compensation-process>
(202) 724-7000

Combined Application

Apply for one or more programs

- Temporary Assistance for Needy Families (TANF, financial assistance)
- Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps)
- Medical Assistance (Medicaid, Alliance and other medical assistance programs)
<https://dhs.dc.gov/service/apply-benefits>
(202) 727-5355

Housing

Washington DC Housing Authority

https://webserver1.dchousing.org/?page_id=284

Interpersonal Violence

National Domestic Violence Hotline

1-800-799-7233 or 1-800-799-SAFE

DC Coalition Against Domestic Violence

<https://dccadv.org/resources/get-help/>

Utilities and Mobile Phone Resources

District of Columbia Public Service Commission

<https://dcpssc.org/Coronavirus.aspx>
202-626-5120

PEPCO

Low-Income Discount Programs & Seniors and Disabled

<https://dcpssc.org/Consumers-Corner/Programs/Low-Income-Discount-Program.aspx> or 202-496-5830

Childcare

National database of resources in local communities

<https://www.childcareaware.org/resources/ccrr-search-form/>

School-age programs at local YMCAs and YWCAs

[Find your YMCA](#) and [Find Your YWCA](#)

My Child Care DC

<http://childcareconnections.osse.dc.gov/>

Other Resources

Mayor Bowser of the District of Columbia

<https://coronavirus.dc.gov/>

Mental Health

<https://findyourwords.org/>

211 Resource Line

<http://211.org/> or Dial 211

American Job Centers

<https://www.dol.gov/general/topic/training/onestop>

For information on KP's continuation of coverage site, please visit:
<https://continuecoverage.kaiserpermanente.org/losing-job-coverage/>

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