Resources in Times of Need
California

Below you will find a set of resources in California that can help you get connected to tangible supports:

Food Assistance
CalFresh
https://www.getcalfresh.org/
(866) 613-3777

California Association of Food Banks
https://cafoodbanks.org/find-food-bank

Women, Children & Infants Program
https://www.phfewic.org/how-wic-works/apply-for-wic/
or (800) 852-5770

Financial Resources
Apply for Unemployment
https://www.edd.ca.gov/unemployment/
1-866-333-4606

Cash Assistance: CalWorks
https://www.cdss.ca.gov/calworks

Apply for Public Assistance
https://www.cdss.ca.gov/benefits-services

Housing
US Dept. Housing and Urban Development (HUD)
https://www.hud.gov/states/california/renting
1-800-CALL-FHA

Utilities and Mobile Phone Resources
Low-Cost Internet/Computer Access
http://broadband.unitedwaysca.org/

Interpersonal Violence
National Domestic Violence Hotline
1-800-799-7233 or 1-800-799-SAFE

CA Partnership to End Domestic Violence
Find Local Programs Here

Childcare
National database of resources in local communities
https://www.childcareaware.org/resources/ccrr-search-form/

School-age programs at local YMCAs / YWCAs
Find your YMCA and Find Your YWCA

CA Child Care Resource & Referral Network
https://rrnetwork.org/family-services/find-child-care

Other Resources
Resource Covid-19 CA Response
Covid-19 CA Response
https://covid19.ca.gov/

How to apply for coverage
http://www.kp.org/medi-cal
www.CoveredCA.com
https://continuecoverage.kaiserpermanente.org/losing-job-coverage/

Mental Health
https://findyourwords.org/

California 211
https://www.211ca.org/ or Dial 211

American Job Centers
https://www.dol.gov/general/topic/training/onestop

Resource for Californians impacted by job loss
https://onwardca.org/