Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Sublingual zolpidem

Notes:
^ Adequate trial is defined as at least 10 days treatment duration
* Intolerance excludes adverse drug reactions that are expected, mild in nature, resolve with continued treatment, and do not require medication discontinuation

Initiation (new start) criteria: Non-formulary sublingual zolpidem will be covered on the prescription drug benefit for 3 months when the following criteria are met:

- Prescribed by a Mental Health Clinician or Sleep Specialist
- Prescribed for the treatment of Insomnia with Middle-of-the-Night (MOTN) Awakenings
- Patient has failed an adequate trial^ of or patient has an allergy or intolerance* to all the following to reduce MOTN Awakenings: zolpidem, eszopiclone, and zolpidem ER taken at bedtime, and zaleplon taken MOTN (unless contraindication, intolerance, or allergy)

Criteria for current Kaiser Permanente members already taking the medication who have not been reviewed previously: Non-formulary sublingual zolpidem will be covered on the prescription drug benefit when the following criteria are met:

- Not applicable

Criteria for new members entering Kaiser Permanente already taking the medication who have not been reviewed previously. Non-formulary sublingual zolpidem will be covered on the prescription drug benefit when the following criteria are met:

- Prescribed for the treatment of Insomnia with Middle-of-the-Night (MOTN) Awakenings
- Patient has failed an adequate trial^ of or patient has an allergy or intolerance* to all the following to reduce MOTN Awakenings: zolpidem, eszopiclone, and zolpidem ER taken at bedtime, and zaleplon taken MOTN
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**Continued use criteria (3 months after initiation):** Non-formulary sublingual zolpidem will continue to be covered on the prescription drug benefit when the following criteria are met:

- Prescribed by a Mental Health Clinician or Sleep Specialist
- Patient has experienced an improvement in MOTN awakenings as documented by specialist