

Is it safe for me to go to my prenatal appointments

During the coronavirus outbreak you may be wondering if it's safe to come to Kaiser Permanente medical offices for your OB appointments. At Kaiser Permanente, we are minimizing the number of member visits to medical offices and hospitals as much as possible to decrease your risk of exposure and keep you safe.

Your doctor will give you guidance as to when you can have a virtual visit, what the remote monitoring options are, and when you should come in for an in-person visit. However, if you are told that you need to be seen in person, it is important for you to follow that advice and to do it in a timely manner.

Visitors to our medical centers are likely to be very restricted during this crisis, both in the hospital and for clinic visits. Unless you require assistance to get into the building, plan on going in for your visit and hospitalization on your own.

Many areas of the hospital enforce zero visitor policies. However, one support person is allowed to accompany a patient in labor. As the situation with COVID-19 is rapidly changing, please call ahead to ensure that these rules are current.

Kaiser Permanente is here for you and your baby. Your OB appointments are an important part of your on-going care during pregnancy and we will continue to safely deliver that care throughout this COVID-19 crisis.