New Baby Checklist
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It’s hard to imagine that such a tiny little person could need so many things! Use this checklist to make sure you get everything your baby needs.

**NURSERY**
- Bassinet or crib and crib mattress
- Snug-fitting crib sheets
- Waterproof crib mattress pads
- Soft, light receiving blankets
- Heavier blankets for cold weather babies

**FEEDING**
- Burp cloths (cloth diapers work great)
- Bibs
- Breast pump (ask us about breast pump sales and rentals at your next appointment)
- Breast milk storage bags
- Bottles and nipples
- Formula (if you’re not planning to breastfeed)

**DIAPERING**
- Diapers (lots of them — your baby will go through 10 to 12 each day)
- Alcohol-free baby wipes
- Diaper rash ointment or powder
- Changing table or dresser
- Changing pads and covers

**CLOTHING**
- One-piece outfits that snap or zip down in the front
- Sleep sacks or blanket sleepers
- Undershirts or onesies that snap at the crotch
- Hats (1 brimmed for sun protection, 1 soft to keep baby’s head warm)
- Socks or booties
- Mittens (for preventing scratches and keeping cold weather babies warm)

**Tip:** Your baby will outgrow newborn clothing really fast, so shop for a range of sizes.
### YOUR THIRD TRIMESTER | NEW BABY CHECKLIST

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<th><strong>BATH TIME</strong></th>
<th><strong>BABY CARE</strong></th>
<th><strong>SAFETY</strong></th>
<th><strong>NICE-TO-HAVE ITEMS</strong></th>
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<tbody>
<tr>
<td>Baby bathtub</td>
<td>Baby nail clippers</td>
<td>Rear-facing car seat</td>
<td>Rocking chair or glider</td>
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<tr>
<td>Wash cloths</td>
<td>Hair brush</td>
<td>First-aid kit</td>
<td>Infant carrier or sling</td>
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<td>Baby soap</td>
<td>Nasal bulb syringe (to help clear a stuffy nose)</td>
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<td>Baby swing</td>
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<td></td>
<td>Cotton balls</td>
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<td>Baby monitor</td>
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<td></td>
<td>Rubbing alcohol and cotton swabs (for cleaning around the umbilical cord stump)</td>
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<td>Travel bed or playpen</td>
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<td>Baby thermometer</td>
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<td>Stroller</td>
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</tbody>
</table>

### NEW BEGINNINGS

These things aren't essential, but they can make life with your new baby easier. See if you can borrow any of them from moms with kids who have outgrown them, so there's less to buy.

- Rocking chair or glider
- Infant carrier or sling
- Baby swing
- Baby monitor
- Travel bed or playpen
- Stroller