Throughout the second part of the second trimester and the third trimester, most of your baby's energy is focused just on growing larger.

At 24 weeks you're heading into the third trimester. Your baby's structures are all developed at this time. They're all in place. They're just maturing.

At 24 weeks, the baby's lungs start to develop further and prepare themselves for life in the outside world, although they're not completely developed yet.

And the baby's heart needs to continue to grow. And the baby's brain, of course, needs to grow.

At about six months or about 24 weeks, your baby is probably about the size of your hand.

The baby weighs roughly a pound to a pound and a half at this time. You're now measuring above your belly button. You will measure about four centimeters above your belly button at this point. You will start to feel stronger movements at 24 weeks. As you know, you've started to feel movement probably around 18 to 20 weeks of pregnancy, but the movements will become stronger and more consistent at this point. Your baby may still go through
times of less movement. And babies will be sleeping at this time, and that's normal.

The baby is growing. The baby is changing positions every minute so your ultrasound may indicate that your baby is breech. The very minute you leave the ultrasound department, your baby may be head down.

[End of recording]