

Karissa Yoakum:

When I found out I was pregnant with my third child, we were so excited. We've always wanted to add a third child to our family. We were also a little bit nervous because I was about 2 months away from opening my brand new business.

Dr. West told me that I had the option to do some of my visits by video. I was instantly interested because my busy lifestyle and just knowing that I could actually save some time.

Emily West:

Our maternity care with At-Home Toolkit provides patients the opportunity to have some in-person visits as well as some video visits. And for the most part, they alternate visits throughout pregnancy, virtual and in-person.

Karissa Yoakum:

With the virtual program, I can log on about 10 minutes before the appointment, and it's overall just really low stress and so much faster.

Emily West:

Once we determine that they would like to participate, their next visit is actually a teaching visit with our nurse, who goes through the scale, blood pressure cuff, and Doppler, and how to use them hands-on, one-on-one.

Karissa Yoakum:

You get it all paired to your app on your phone. From that point on, every time you do a reading, it uploads automatically.

Emily West:

A lot of patients have appreciated feeling like they're taking a more active role in their care and feeling empowered.

Karissa Yoakum:

I feel like the quality is definitely comparable to seeing your doctor in person. Every hour is so precious. I want to make sure that I'm spending it in the best way possible.