

Lee Paustian, Kaiser Permanente Colorado member

I was snowboarding in the trees on a nice powder day and got into a bad accident. I tore the ACL, PCL, and MCL in my left knee, and needed two rounds of reconstructive surgery. My Kaiser Permanente surgeon was incredible. I'm a firefighter and just eight months after my injury, I was back to work on full duty. The next winter, I was on the mountain again. Kaiser Permanente got me back on my feet, and I'm so thankful for the amazing care I received.