Antioch Medical Center Labor and Delivery Tour Video

Welcome to a brief tour of the Labor and Delivery facilities at our Antioch Medical Center. We're excited to guide you in what to expect when you arrive at our Labor and Delivery unit.

We are conveniently located at 4501 Sand Creek Road in Antioch. Our goal is to make your first steps easy and stress free. When you arrive, park and enter through the hospital's front entrance. We have special “Stork Parking” available at the front of parking lot “C.” If it's after 9 p.m. at night, park and enter our facility at the back of the hospital in lot “D” or “E.”

If it's an urgent situation at night, use one of our special “30 Minute” parking spaces located in the emergency parking lot, and enter through the hospital's back entrance to reach the Main Lobby. Once inside, you can walk or use one of our available wheelchairs located in the hospital lobby.

Our Labor and Delivery unit is located on the third floor. Use the elevators in the Main Lobby. On the third floor, follow the signage to the Labor and Delivery unit.
We keep our Labor and Delivery unit secure 24 hours a day. A Security Team member will welcome you and guide you to the Nurse's Station to finish your check in.
If you are accompanied by a Support Person or a Doula, they will need a picture ID to enter and will receive a temporary visitor's badge.

A Staff Member will bring you to a private Triage Room. Here, we'll do a medical assessment to check how you and your baby are doing and decide next steps. Depending on where you are in the labor process and your overall clinical situation, you will either be admitted to the unit, do some walking onsite before we reevaluate you, or sent with further guidance and instructions.

If you are admitted you'll settle into a spacious private labor room, specially designed for comfort and flexibility. You will generally stay in this room for the entire length of your labor and birth. Our beds adjust to support different positions. We offer Peanut and Birth Balls, and a Squat Bar if you'd like one. A mirror is available for visual guidance during pushing, if you prefer. Each room is equipped with an infant warmer where your baby is weighed and assessed. There's a private bathroom, a comfortable couch for your Support Person that can also fold into a bed. Natural light from the window adds a calm touch to the environment. You'll also have controls for lighting and room temperature.

Every room features a Fetal Heart Rate Monitor. It can be used remotely, so you are not physically connected to the monitor. We also can use the Doppler to do Intermittent Auscultation.

There is a Family Waiting Room available for visitors you have during your stay. Note that any visitors you have will need to have a picture ID to enter.

You'll be cared for by our Labor and Delivery Nurses in collaboration with a Certified Nurse Midwife or Physician. They all work together to support your preferences and provide safe, respectful care.

If you have a Cesarean Section, you will be moved to an Operating Room and then to a Recovery Room. Should it be needed, we have a Level Two Neonatal Intensive Care unit.

After delivery, you'll recover in a Postpartum Room. These rooms are especially set up for bonding, feeding and rest. They also feature a couch for your Support Person that can convert to a bed.

Know that from the moment you arrive, to the time you go home, our team of professionals are here for you! Our team will help you learn your room, answer your questions and support you as you get to know your baby. We look forward to welcoming you and your family to Antioch Labor and Delivery. If you have further questions about our Birthing Unit, ask your Prenatal Clinician.