

## **Kaiser Permanente – Health care that just works**

When you're looking for health advice, it can be hard to filter out the noise and figuring out your health plan's benefits, services, and copays can be even more confusing.

You can get a ride with a tap. Why not high- quality health care? With Kaiser Permanente's combined care and coverage, your care is just as seamless.

From care while traveling ...To support for your mental health ...To help understanding your plan, and everything in between. You should be able to talk to a real medical professional, wherever you are.

And you should be able to rest easy knowing you have a care team that works together to help keep you feeling your best.

Well, you can.

Whether you're under the weather, on the go, or just need support ...Kaiser Permanente helps make wellness easy.

Discover how Kaiser Permanente can help you live your best life at [kp.org/choosekp](https://kp.org/choosekp)

