#### Samantha Rothschild

We have about 300 kids at our just a little bit south of Pueblo, Colorado. I'm Samantha Rothschild. I'm a teacher at Rye Elementary.

Everybody, filter this way. Come on. This way. Come on in. Close. There you go.

We are inside Harley's Green House.

It feels good to start with a clean new slate. When you come to school every Monday or when you start something at home. We're going to start with a clean new slate in here. You ready for that? Okay.

This greenhouse is a space for them to explore, to grow their own food...

That is a goofy carrot.

... To learn more about each other. The first year that we worked with Kaiser Permanente, and we received this grant, that's when we started doing the kind of family meals together around the farmhouse tables that are here in the greenhouse. You know, it's an intimate table setting. They get to talk with our principal and our dean in a way that at the school day and the classroom and hallway, does it really allow for that kind of conversation.

Something about getting into the dirt that opens up conversations.

## **Curtis Robbins**

We were excited about the work happening at Rye Elementary, because they were taking an innovative approach to address one of our intended outcomes: That idea of connecting adults in the school with students in the school.

We are here to kick off the cohort of our Thriving Schools RISE grants.

The RISE program is a program that we have developed in partnership with Alliance for Healthy Generation.

We're working with ten school districts over the next three years to implement practices and policies that support mental health and social emotional wellness for teachers and staff and students.

We are investing \$3 million over the ten school districts that will be a part of our cohort. Every school district has some flexibility in the way they approach RISE.

#### Samantha Rothschild

We had lots of great ideas.

#### Curtis

In some school districts, they're really looking at social, emotional learning curriculum.

## Samantha Rothschild

This past year, We were able to send people to training to actually adopt a real curriculum, both training teachers and staff in that space, but also providing those skills for students.

# **Rosalie Christenson**

If I'm stressed or if something's not going too well, I can just, like, find somewhere calm and nice and I can just, like, sit there and relax.

# **Curtis Robbins**

Since 2017, what we are seeing is, for staff, an increase in their ability to handle the stresses and pressures and overwhelm that they're experiencing.

## Samantha Rothschild

I feel incredibly indebted to Kaiser Permanente. because resources are always a bit of a challenge, especially in rural districts, the grant has provided opportunities for us to actually make good on some of those dreams that we have for the kids.

Pat these two down over here. Good.