



**KAISER  
PERMANENTE®**

June 15, 2020

**Important Announcement:  
Recall of Metformin 500 mg and 750 mg ER Tablets by Various Manufacturers**

Dear Kaiser Permanente Member,

You may be affected by a recent recall of metformin 500 mg and 750 mg ER (extended-release) tablets. Various manufacturers are recalling their metformin ER tablets because of an impurity. The manufacturers include AvKare, Actavis/Teva, Amneal, Lupin, and Time-Caps Labs.

If you are no longer taking this medication or no longer have a supply of this medication, please ignore this letter. If you have a supply of this medication, here is what you need to know about this recall.

**Why are these companies recalling their metformin ER tablets?**

- The companies are recalling this medication because some lots (batches) of the medication contain an impurity known as N-Nitrosodimethylamine (NDMA).
  - NDMA is most commonly found in some drinking water supplies and cured meats such as bacon, ham, sausages, and hot dogs.
  - When taken in high amounts over long periods of time, NDMA may be carcinogenic (meaning, it may cause cancer).
- The companies are recalling the medication to assure the health and safety of consumers.

**What should I do with my medication?**

- Do **not** stop taking your medication, this is not an emergency.
- Please contact the pharmacy that fills your prescriptions to order a new metformin prescription at your earliest convenience (**at no charge**).
  - The pharmacy's phone number is found on the prescription label.
- Do not bring your remaining prescription back to the pharmacy.
  - Mix the tablets with something undesirable, such as coffee grounds, dirt, or cat litter.
  - This makes the medicine less appealing to children and pets.
  - Put the mixture in something you can close (a re-sealable zipper storage bag, empty can, or other container) to prevent the drug from leaking or spilling out.
  - Throw the container in the trash.

If you have any additional questions about this letter, please contact the pharmacy where you normally get your prescriptions filled.

***Sincerely, Kaiser Permanente National Pharmacy Operations***