KAISER PERMANENTE. : KP WA Platinum 250/20 PPO Plus w/ VX

All <u>plan</u>s offered and underwritten by Kaiser Foundation Health <u>Plan</u> of the Northwest

Coverage for: Individual / Family | Plan Type: PPO

terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary or call 1-800-813-2000 (TTY: 711) to request a copy.			
Important Questions	Answers	Why This Matters:	
What is the overall <u>deductible</u> ?	<u>PPO Provider</u> : \$250 Individual / \$500 Family <u>Non-Participating Provider</u> : \$750 Individual / \$1,500 Family	Generally, you must pay all of the costs from <u>provider</u> s up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and services indicated in chart starting on page 2.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .	
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductible</u> s for specific services.	
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	PPO Provider: \$3,000 Individual / \$6,000 Family. <u>Non-Participating Provider</u> : \$7,000 Individual / \$14,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> s until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, and services indicated in chart starting on page 2.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.kp.org</u> or call 1-800-813-2000 (TTY: 711) for a list of <u>participating providers</u> .	You pay the least if you use a <u>provider</u> in PPO <u>Provider</u> tier. You will pay the most if you use a <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>).	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, but you may self-refer to certain <u>specialists</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .	

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage see www.kp.org/plandocuments or call

1-800-813-2000 (TTY: 711). For definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined

the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.					
Common Medical Event	Services You May Need	What You PPO Provider (You will pay the least)	ı Will Pay Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$20 / visit, <u>deductible</u> does not apply.	35% coinsurance	None	
	<u>Specialist</u> visit	\$30 / visit, <u>deductible</u> does not apply.	35% coinsurance	None	
	Preventive care/screening/ immunization	No charge, <u>deductible</u> does not apply.	35% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	X-ray: \$20 / visit, <u>deductible</u> does not apply. Lab tests: \$20 / visit, <u>deductible</u> does not apply.	X-ray: 35% <u>coinsurance</u> Lab tests: 35% <u>coinsurance</u>	None	
	Imaging (CT/PET scans, MRIs)	15% coinsurance	35% coinsurance	Some services may require prior authorization or will not be covered.	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.kp.org/waformul</u> ary	Generic drugs	MedImpact: \$10 (retail); \$30 (mail order) & Kaiser: \$10 (retail); \$20 (mail order) / prescription, <u>deductible</u> does not apply.	Not covered	MedImpact & Kaiser pharmacies: : Up to a 30-day supply (retail); up to a 90-day supply (mail order). Some medications may require prior authorization. Subject to <u>formulary</u> guidelines	
	Preferred brand drugs	MedImpact: \$20 (retail); \$60 (mail order) & Kaiser: \$20 (retail); \$40 (mail order) / prescription, <u>deductible</u> does not apply.	Not covered	MedImpact & Kaiser pharmacies: : Up to a 30-day supply (retail); up to a 90-day supply (mail order). Some medications may require prior authorization. Subject to <u>formulary</u> guidelines.	
	Non-preferred brand drugs	MedImpact: \$50 (retail); \$150 (mail order) & Kaiser: \$50 (retail); \$100 (mail order) / prescription, <u>deductible</u> does not apply.	Not covered	MedImpact & Kaiser pharmacies: : Up to a 30-day supply (retail); up to a 90-day supply (mail order). Some medications may require prior authorization. Subject to <u>formulary</u> guidelines, when approved through exception process.	

Common	Services You May Need	What Yo	u Will Pay	Limitations, Exceptions, & Other	
Medical Event		PPO Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information	
	Specialty drugs	50% <u>coinsurance</u> (retail), <u>deductible</u> does not apply.	Not covered	MedImpact & Kaiser pharmacies: Up to a 30-day supply. Some medications may require prior authorization.	
lf you have	Facility fee (e.g., ambulatory surgery center)	15% coinsurance	35% coinsurance	Some services may require prior authorization or will not be covered.	
outpatient surgery	Physician/surgeon fees	15% coinsurance	35% coinsurance	Some services may require prior authorization or will not be covered.	
	Emergency room care	15% coinsurance	15% <u>coinsurance</u>	None	
If you need immediate medical	Emergency medical transportation	15% coinsurance	15% coinsurance	None	
attention	<u>Urgent care</u>	\$40 / visit, <u>deductible</u> does not apply.	35% coinsurance	None	
lf you have a	Facility fee (e.g., hospital room)	15% coinsurance	35% <u>coinsurance</u>	Some services may require prior authorization or will not be covered.	
hospital stay	Physician/surgeon fees	15% coinsurance	35% coinsurance	Some services may require prior authorization or will not be covered.	
lf you need mental health, behavioral	Outpatient services	\$20 / visit, <u>deductible</u> does not apply.	35% <u>coinsurance</u>	None	
health, or substance abuse services	Inpatient services	15% coinsurance	35% <u>coinsurance</u>	Some services may require prior authorization or will not be covered.	
If you are pregnant	Office visits	No charge, <u>deductible</u> does not apply.	35% <u>coinsurance</u>	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery professional services	15% coinsurance	35% coinsurance	None	
	Childbirth/delivery facility services	15% coinsurance	35% coinsurance	None	
If you need help recovering or have other special needs	Home health care	15% coinsurance	35% <u>coinsurance</u>	130 visit limit / year. Some services may require prior authorization or will not be covered.	

Common Medical Event	Services You May Need	What Yo	u Will Pay	Limitations, Exceptions, & Other	
		PPO Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information	
	Rehabilitation services	Outpatient: \$30 / visit, <u>deductible</u> does not apply. Inpatient: 15% <u>coinsurance</u>	Outpatient: 35% <u>coinsurance</u> Inpatient: 35% <u>coinsurance</u>	Outpatient: 25 visit limit / year. Inpatient: Some services may require prior authorization or will not be covered.	
	Habilitation services	Outpatient: \$30 / visit, <u>deductible</u> does not apply. Inpatient: 15% <u>coinsurance</u>	Outpatient: 35% <u>coinsurance</u> , after <u>deductible</u> Inpatient: 35% <u>coinsurance</u>	Outpatient: 25 visit limit / year. Inpatient: Some services may require prior authorization or will not be covered.	
	Skilled nursing care	15% <u>coinsurance</u>	35% <u>coinsurance</u>	60 day limit / year. Some services may require prior authorization or will not be covered.	
	Durable medical equipment	15% <u>coinsurance</u>	35% <u>coinsurance</u>	Subject to <u>formulary</u> guidelines. Some services may require prior authorization or will not be covered.	
	Hospice services	No charge, <u>deductible</u> does not apply.	No charge, <u>deductible</u> does not apply.	Some services may require prior authorization or will not be covered.	
If your child needs dental or eye care	Children's eye exam	No charge for refractive exam, <u>deductible</u> does not apply.	35% <u>coinsurance</u> for refractive exam	Limited to 1 exam / year.	
	Children's glasses	No charge, <u>deductible</u> does not apply	50% coinsurance	Limited to one pair of frames and lenses or contact lenses / 12 months.	
	Children's dental checkups	No charge, <u>deductible</u> does not apply	No charge, <u>deductible</u> does not apply	None	

Excluded Services & Other Covered Services

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) Bariatric surgery Infertility treatment Routine foot care ٠ ٠ Cosmetic surgery Long-term care Weight loss programs ٠ ٠ Non-emergency care when traveling outside the Dental care (Adult) ٠ U.S Hearing aids • Private-duty nursing ٠ Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) Acupuncture (12 visit limit / year) • Routine eye care (Adult) • Chiropractic (10 visit limit / year) ٠

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is shown in the chart below. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance</u> <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the agencies in the chart below.

Kaiser Permanente Member Services	1-800-813-2000 (TTY: 711) or <u>www.kp.org/memberservices</u>	
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>	
Department of Health & Human Services, Center for Consumer Information & Insurance Oversight	1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>	
Washington Office of the Insurance Commissioner	1-800-562-6900 or <u>www.insurance.wa.gov</u>	

Contact Information for Your Rights to Continue Coverage & Your Grievance and Appeals Rights:

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-813-2000 (TTY: 711). [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-813-2000 (TTY: 711). [Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-813-2000 (TTY: 711). [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-813-2000 (TTY: 711).

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care hospital delivery)	e and a	Managing Joe's Type 2 Diabe (a year of routine in-network care of a controlled condition)		Mia's Simple Fracture (in-network emergency room visit and up care)	d follow
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> copayment Hospital (facility) coinsurance Other (blood work) copayment 	\$250 \$30 15% \$20	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> copayment Hospital (facility) coinsurance Other (blood work) copayment 	\$250 \$30 15% \$20	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> copayment Hospital (facility) coinsurance Other (x-ray) copayment 	\$250 \$30 15% \$20
This EXAMPLE event includes services <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>)		This EXAMPLE event includes servicesPrimary carephysician office visits (includedisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose mete	ing	This EXAMPLE event includes servic Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	al
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$250	Deductibles	\$70	Deductibles	\$250
<u>Copayments</u>	\$100	<u>Copayments</u>	\$800	<u>Copayments</u>	\$300
Coinsurance	\$1,200	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$300
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$1,610	The total Joe would pay is	\$870	The total Mia would pay is	\$850

Nondiscrimination Notice

Kaiser Foundation Health Plan of the Northwest (Kaiser Health Plan) complies with applicable federal and state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Kaiser Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
 - · Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, and accessible electronic formats
- Provide no cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - · Information written in other languages

If you need these services, call Member Services at 1-800-813-2000 (TTY: 711).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation, you can file a grievance with our Civil Rights Coordinator, by mail, phone, or fax. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You may contact our Civil Rights Coordinator at: Member Relations Department, Attention: Kaiser Civil Rights Coordinator, 500 NE Multnomah St. Ste 100, Portland, OR 97232-2099, Phone: **1-800-813-2000** (TTY: **711**), Fax: **1-855-347-7239**.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 2020, Phone: 1-800-368-1019, TDD: 1-800-537-7697. Complaint forms are available at <u>www.hhs.gov/ocr/office/file/index.html</u>.

For Washington Members

You can also file a complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal, available at <u>https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status</u>, or by phone at 1-800-562-6900, or 360-586-0241 (TDD). Complaint forms are available at <u>https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx</u>.

HELP IN YOUR LANGUAGE

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-813-2000 (TTY: 711).

አማርኛ (Amharic) ማስታወሻ: የሚናገፉት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያባዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሱ 1-800-813-2000 (TTY: 711).

العربية (Arabic) ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 2000-813-800 (TTY). 711: 179).

中文 (Chinese) 注意:如果您使用繁體中文,您可以免費獲得 語言援助服務。請致電 1-800-813-2000(TTY: 711)。

ِ فَارِسِی (Farsi) توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 2000-813-800-1 (TTY): TTY) تماس بگیرید.

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-813-2000 (TTY: 711).

Deutsch (German) ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-813-2000 (TTY: 711).

日本語 (Japanese) 注意事項:日本語を話される場合、無料の 言語支援をご利用いただけます。**1-800-813-2000** (TTY: **711**)まで、お電話にてご連絡ください。

ខ្មែរ (Khmer) ប្រយ័ត្នុះ បើសិន៧រដ្ឋកន័យាយ ភាសាខ្មែរ, សេវាជំនួយ ផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺសាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរសិព្ទ 1-800-813-2000 (TTY: 711)។

한국어 (Korean) 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-813-2000** (TTY: **711**) 번으로 전화해 주십시오.

ລາວ (Laotian) **ໂປດຊາບ:** ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການ ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-813-2000 (TTY: 711). Afaan Oromoo (Oromo) XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-813-2000 (TTY: 711).

ਪੱਜਾਬੀ (Punjabi) ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀ ਪੱਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-800-813-2000 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

Română (Romanian) ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-813-2000 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-813-2000 (ТТҮ: 711).

Español (Spanish) ATENCION: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Lame al 1-800-813-2000 (TTY: 711).

Tagalog (Tagalog) PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-813-2000** (TTY: **711**).

้ไทย (Thai) เรียน: ถ้าคุณพูดภาษาไทย คุณสามารถใช้บริการ ช่วยเหลือทางภาษาได้ฟรี โทร 1-800-813-2000 (TTY: 711).

Українська (Ukrainian) УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-813-2000 (TTY: 711).

Tiêng Việt (Vietnamese) CHU Y: Nêu bạn nói Tiêng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi sô 1-800-813-2000 (TTY: 711).