

# Kaiser Foundation Health Plan – Southern California

# Utilization Management Criteria For Behavioral Health Treatment Services Available to Commercial Members with Autism Spectrum Disorder (ASD)

#### **Principles**

As required by California Health & Safety Code Section 1374.73 (the "Mandate") Kaiser Foundation Health Plan, Inc. covers certain behavioral health treatment services, as defined by the Mandate, for eligible members with Autism Spectrum Disorder (ASD) based upon the criteria in this guide. The Mandated Services include a variety of modalities, including, if appropriate, evidence-based behavioral intervention programs and applied behavioral analysis.

The Mandated Services will have measurable goals, including target behaviors and generalization criteria and document the plan for transition through the continuum of interventions, services and settings as well as exit criteria. Mandated Services shall not address deficits in skills and knowledge necessary for accessing an educational or academic curriculum or for vocational or employment issues or independent living.

#### Services

Utilization Management (UM) Criteria for Behavioral Health Treatment Services Available to Commercial Members with Autism Spectrum Disorder (ASD) is being replaced by:

National Standards Project Addressing the Need for Evidence-Based Practice Guidelines for ASD Phase 2

## **Approving Bodies**

Regional Chiefs of Service for Southern California Permanente Medical Group (SCPMG):

- Regional Chief, Psychiatry
- Regional Chief, Pediatrics
- Regional Chief, Head and Neck Surgery & Physician Liaison to Speech Coordinators
- Regional Chief, Physical Medicine & Rehabilitation
- Regional Chief, Family Medicine
- Regional Chief, Internal Medicine

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	Development
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Utilization Management	May 2012, September 2012, April
Steering Committee (UMSC)	2013, October 2017, March 2018,
Approval:	March 2019, September 2020, April
	2021, March 2022, August 2023,
	August 2024

### References

National Standards Project Addressing the Need for Evidence- Based Practice Guidelines for ASD Phase 2