TITLE PAGE (Cover Page)

Important Benefit Information Enclosed

Individuals and Families Membership Agreement

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About This Individuals and Families Membership Agreement

This Individuals and Families Membership Agreement (Membership Agreement), all applications for coverage and any changes to such applications, and any amendments to this Membership Agreement, are legally binding and constitute the entire contract between you, as the Subscriber, and Kaiser Foundation Health Plan of Colorado (Health Plan). If you are the person who applied for Health Plan membership and agree to be responsible for payment, you are the "Subscriber." You and your enrolled Dependents are "Members." Health Plan is sometimes called "Plan," "we," or "us" in this Membership Agreement. Out-of-Health Plan is sometimes referred to as "out-of-Plan."

By paying Premiums, you accept this Membership Agreement for yourself and all your enrolled Dependents. Your membership continues from month to month. Members and applicants for membership must complete any applications, forms, or statements that we reasonably request. In addition, we may adopt reasonable rules and interpretations to administer this Membership Agreement effectively.

We may modify this Membership Agreement in the future. If we do, we will notify you in writing at least 90 days before your Health Plan benefit changes are effective. If you continue to pay Premiums or accept benefits after your health care benefit change has gone into effect, you thereby agree to the change. Your consent also covers your enrolled Dependents.

You or we may end your Health Plan membership as described under "Termination/Nonrenewal/Continuation."

This Membership Agreement describes your benefits for 2026.

NOTICE - THIS POLICY DOES NOT PROVIDE ADULT DENTAL COVERAGE:

This policy does not provide any dental benefits to individuals age nineteen (19) or over. This policy is being offered so the purchaser will have **pediatric** dental coverage as required by the Affordable Care Act. If you want adult dental benefits, you will need to buy a plan that has adult dental benefits. This plan will not pay for any adult dental care, so you will have to pay the full price of any care you receive.

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NONDISCRIMINATION NOTICE

Kaiser Foundation Health Plan of Colorado (Kaiser Health Plan) complies with applicable Federal and state civil rights laws and does not discriminate, exclude people or treat them less favorably on the basis of race, color, national origin (including limited English proficiency and primary language), ancestry, age, disability, sex (including sex characteristics, intersex traits; pregnancy or related conditions; sexual orientation; gender identity, gender expression, and sex stereotypes), religion, creed or marital status.

Kaiser Health Plan:

- Provides no-cost auxiliary aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats, such as large print, audio, braille, and accessible electronic formats

- Provides no-cost language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, call **1-800-632-9700** (TTY **711**).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, ancestry, age, disability, sex,(including sex characteristics, intersex traits; pregnancy or related conditions; sexual orientation; gender identity, gender expression, and sex stereotypes), religion, creed, or marital status, you can file a grievance by mail at: Customer Experience Department, Attn: Kaiser Permanente Civil Rights Coordinator, 10350 E. Dakota Ave, Denver, CO 80247, or by phone at Member Services **1-800-632-9700** (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, (TTY **1-800-537-7697**). Complaint forms are available at **hhs.gov/ocr/office/file/index.html**.

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This notice is available at

https://healthy.kaiserpermanente.org/colorado/language-assistance/nondiscrimination-notice

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HELP IN YOUR LANGUAGE

ATTENTION: If you speak English, language assistance services including appropriate auxiliary aids and services, free of charge, are available to you. Call **1-800-632-9700** (TTY **711**).

አማርኛ (Amharic) ትኩረት፦ አማርኛ የሚናገሩ ከሆነ ተገቢ የሆኑ ረዳት መርጃዎችን እና አገልግሎቶችን ጨምሮ የቋንቋ እርዳታ አገልግሎቶች በነጻ ይገኛሉ። በ **1-800-632-9700** ይደውሉ (TTY **711**)።

العربية (Arabic) تنبيه: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية بما في ذلك من وسائل المساعدة والخدمات المناسبة بالمجان. اتصل بالرقم **1-800-632-9700** (TTY **711**).

Ɓăsɔ́ɔ̀ Wùɖù (Bassa) Mbi sog: nia maa Ɓàsàa, njàl mbom a ka maa njàng ndol ni mbom mi tsoŋ ni soŋ, niŋ ma kénŋɛn yɛ́, mbi èyɛm. Wɔ nàŋ **1-800-632-9700** (TTY **711**)

中文 (Chinese) 注意事項：如果您說中文，您可獲得免費語言協助服務，包括適當的輔助器材和服務。致電 **1-800-632-9700**（TTY **711**）。

فارسی (Farsi) توجه: اگر به زبان فارسی صحبت می‌کنید، «تسهیلات زبانی»، از جمله کمک‌ها و خدمات پشتیبانی مناسب، به صورت رایگان در دسترس‌تان است با **1-800-632-9700** (TTY (تلفن متنی) **711**) تماس بگیرید.

Français (French) ATTENTION: si vous parlez français, des services d'assistance linguistique comprenant des aides et services auxiliaires appropriés, gratuits, sont à votre disposition. Appelez le **1-800-632-9700** (TTY **711**).

Deutsch (German) ACHTUNG: Wenn Sie Deutsch sprechen, steht Ihnen die Sprachassistenz mit entsprechenden Hilfsmitteln und Dienstleistungen kostenfrei zur Verfügung. Rufen Sie **1-800-632-9700** an (TTY **711**).

Igbo (Igbo) TINYE UCHE: Ọ bụrụ na ị na-asụ Igbo, Ọrụ enyemaka nke asụsụ gụnyere udi enyemaka na ọrụ kwesịrị ekwesị, n'efu, dị nye gị. Kpọọ **1-800-632-9700** (TTY **711**).

日本語 (Japanese) 注意：日本語を話す場合、適切な補助機器やサービスを含む言語支援サービスが無料で提供されます。**1-800-632-9700** までお電話ください（TTY：**711**）。

한국어 (Korean) 주의: 한국어를 구사하실 경우, 필요한 보조 기기 및 서비스가 포함된 언어 지원 서비스가 무료로 제공됩니다. **1-800-632-9700** 로 전화해 주세요(TTY **711**).

Naabeehó (Navajo) DÍÍ BAA AKÓ NÍNÍZIN: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'dęę́', biniit'aa da beeso ndinish'aah t'aala'I bi'aa 'anashwo' doo biniit'aa, t'aadoo baahilinigoo bits'aadoo yeel, t'áá jiik'eh, éí ná hóló, koji' hódíílnih **1-800-632-9700** (TTY **711**).

नेपाली (Nepali) ध्यान दिनुहोस्: यदि तपाईं नेपाली बोल्नुहुन्छ भने, उपयुक्त सहायक सहायता र सेवाहरू सहित भाषा सहायता सेवाहरू, निःशुल्क उपलब्ध छन्। फोन **1-800-632-9700** (TTY: **711**).

Afaan Oromoo (Oromo) XIYYEEFFANNOO: Yoo Afaan Oromo dubbattu ta'e, Tajaajila gargaarsa afaanii, gargaarsota dabalataa fi tajaajiloota barbaachisoo kaffaltii irraa bilisa ta'an, isiniif ni jira. **1-800-632-9700** irratti bilbilaa (TTY **711**)

Русский (Russian) ВНИМАНИЕ! Если вы говорите по-русски, вам доступны бесплатные услуги языковой поддержки, включая соответствующие вспомогательные средства и услуги. Позвоните по номеру **1-800-632-9700** (TTY **711**).

Español (Spanish) ATENCIÓN: Si habla español, tiene a su disposición servicios de asistencia lingüística que incluyen ayudas y servicios auxiliares adecuados y gratuitos. Llame al **1-800-632-9700** (TTY **711**).

Tagalog (Tagalog) PAALALA: Kung nagsasalita ka ng Tagalog, available sa iyo ang serbisyo ng tulong sa wika kabilang ang mga naaangkop na karagdagang tulong at serbisyo, nang walang bayad. Tumawag sa **1-800-632-9700** (TTY **711**).

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Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói tiếng Việt, bạn có thể sử dụng các dịch vụ hỗ trợ ngôn ngữ miễn phí, bao gồm các dịch vụ và phương tiện hỗ trợ phù hợp. Xin gọi **1-800-632-9700** (TTY **711**).

Yorùbá (Yoruba) ÀKÍYÈSÍ: Tí o bá ń sọ èdè Yorùbá, àwọn iṣẹ́ ìrànlọ́wọ́ èdè tó fi kún àwọn ohun èlò ìrànlọ́wọ́ tó yẹ àti àwọn iṣẹ́ láìsí ìdíyelé wà fún ọ. Pe **1-800-632-9700** (TTY **711**).

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SCHEDULE OF BENEFITS (WHO PAYS WHAT)

This Schedule of Benefits discusses:

I. DEDUCTIBLES (if applicable)

II. ANNUAL OUT-OF-POCKET MAXIMUMS (OPM)

III. COPAYMENTS AND COINSURANCE

IMPORTANT INFORMATION: PLEASE READ

This Schedule of Benefits does not fully describe the Services covered under this Membership Agreement. ***For a complete understanding of the benefits, limitations and exclusions that apply to your coverage under this plan, it is important to read this Membership Agreement in conjunction with this Schedule of Benefits.*** Please refer to the heading in the "Benefits/Coverage (What Is Covered)" section and to the "Limitations/Exclusions (What Is Not Covered)" section of this Membership Agreement.

Services received may be described in multiple sections of this Schedule of Benefits (for example, Office Services, Durable Medical Equipment, X-ray, Laboratory, and Advanced Imaging Procedures may all apply to a broken arm). See the appropriate sections for applicable Copayment, Coinsurance, and Deductible information.

You are responsible for any applicable Copayment or Coinsurance for Services performed as part of or in conjunction with other outpatient Services, including but not limited to: office visits; Emergency Services; urgent care; and outpatient surgery.

Here is some ***important information*** to keep in mind as you read this Schedule of Benefits:

1. For a Service to be a covered Service:
   a. The Service ***must be*** Medically Necessary (refer to the "Definitions" section in this Membership Agreement); ***and***
   b. The Service ***must be*** provided, prescribed, recommended, or directed by a Plan Provider; ***and***
   c. The Service ***must be*** described in this Membership Agreement as covered. Refer to the "Benefits/Coverage (What is Covered)" section.
2. The Charges for your Services are ***not*** always known at the time you receive the Service. You ***will get a bill*** for any Deductibles, Copayments, or Coinsurance that are not known at the time you receive the Service.
3. The Deductibles, Copayments, or Coinsurance listed here apply to covered Services provided to Members enrolled in this plan. Only covered Services apply to the OPM. Non-covered Services will not apply to the OPM.
4. Copayments for Services are due at the time you receive the Service. Deductibles or Coinsurance for Services may also be due at the time you receive the Service.
5. Except for #6 below, you may be responsible for any amounts over eligible Charges in addition to any Copayment or Coinsurance.
6. With respect to Emergency Services received in an Out-of-Plan Facility, or Services rendered by a Out-of-Plan Provider in a Plan Facility, you will not be balance billed by either the Out-of-Plan Provider or Out-of-Plan Facility. You are responsible for the same Deductible, Copayment, or Coinsurance amounts that you would pay if the care was provided in a Plan Facility or provided by a Plan Provider.
7. You may be charged separate Deductibles, Copayments, or Coinsurance for additional Services you receive during your visit or if you receive Services from more than one provider during your visit.
8. We reserve the right to reschedule non-emergency, non-routine care if you do not pay all amounts due at the time you receive the Service.
9. For items ordered in advance, you pay the Deductibles, Copayments, or Coinsurance in effect on the order date.
10. You, as the Subscriber, are responsible for any Deductibles, Copayments, and/or Coinsurance incurred by your Dependents enrolled in the Plan.
11. If you are the only person on your plan, your plan will become a family plan upon the addition of any eligible Dependent to your plan. This includes, but is not limited to, any temporary additions to your plan, such as the coverage of a newborn for 31 days as is required by state law.

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12. Day and visit limits, Deductibles, and OPMs are based on a calendar year Accumulation Period.

I. DEDUCTIBLES

There is no medical Deductible. If the plan purchased has a prescription drug benefit with a pharmacy Deductible, payments made for prescription drugs apply *only* to the pharmacy Deductible.

The pharmacy Deductible represents the full amount you must pay for prescription drugs before any Copayment or Coinsurance applies. Prescription drugs may or may not be subject to the pharmacy Deductible. It depends on the plan purchased. Prescription Drugs required to be covered as "Preventive Drugs" will be covered with no Deductibles, Copayments, or Coinsurance

A. For prescription drugs that **ARE** subject to the pharmacy Deductible:

   1. You must pay full charges for prescription drugs until your pharmacy Deductible is satisfied. Please see "III. Copayments and Coinsurance", "Prescription Drugs, Supplies, and Supplements" to find out which prescription drugs are subject to the pharmacy Deductible.

   2. Once you have met your pharmacy Deductible for the Accumulation Period, you will then pay, for the rest of the Accumulation Period, your applicable Copayment or Coinsurance for those prescriptions drugs subject to the pharmacy Deductible (see "III. Copayments and Coinsurance", "Prescription Drugs, Supplies, and Supplements").

   3. Your applicable Copayment, Coinsurance, and pharmacy Deductible apply to your annual OPM (see "II. Annual Out-of-Pocket Maximums").

B. For prescription drugs that **ARE NOT** subject to the pharmacy Deductible:
   Your Copayment or Coinsurance will apply, as listed in "III. Copayments and Coinsurance", "Prescription Drugs, Supplies, and Supplements."

II. ANNUAL OUT-OF-POCKET MAXIMUMS

The OPM limits the total amount you must pay during the Accumulation Period for certain covered Services. Covered Services may or may not apply to the OPM (see "III. Copayments and Coinsurance"). It depends on the plan purchased.

As specified in § 10-16-161, C.R.S., effective for all health benefit plans issued or renewed on or after January 1,2025, all carriers shall include any amount paid by the covered person and/or by another person on behalf of the covered person for a prescription drug when calculating the covered person's overall contribution to an out-of-pocket-maximum or cost-sharing requirement.

For covered Services that apply to the OPM, any amounts you pay over eligible Charges will not apply toward the OPM.

A. For covered Services that **APPLY** to the OPM:

   1. The only Copayments or Coinsurance ***that apply*** toward the OPM are those made for covered Services listed as ***applying*** to the OPM (see "III. Copayments and Coinsurance").

   2. Once your OPM is met, you will no longer pay for covered Services ***that apply*** to the OPM for the rest of the Accumulation Period.

B. For covered Services that do **NOT APPLY** to the OPM:

   1. The only Copayments or Coinsurance that ***do not apply*** toward the OPM are those made for covered Services listed as ***not*** applying to the OPM (see "III. Copayments and Coinsurance").

   2. Once your OPM is met, you will continue to pay for covered Services that ***do not apply*** to the OPM for the rest of the Accumulation Period.

Tracking Pharmacy Deductible and Out-of-Pocket Amounts

Once you have received Services and we have processed the claim for Services rendered, we will provide an Explanation of Benefits (EOB). The EOB will list the Services you received, the cost of those Services, and the payments made for the Services. It will also include information regarding what portion of the payments were applied to your pharmacy Deductible and/or OPM amounts.

For more information about your Deductible or OPM amounts, please call **Member Services**.

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III. COPAYMENTS AND COINSURANCE

Out-of-Pocket Maximum	
EMBEDDED OPM An Embedded OPM means: •Each individual family Member has their own OPM. •If you reach your individual OPM before the family OPM is met, you will no longer pay Copayments or Coinsurance for those covered Services that apply to the OPM for the rest of the Accumulation Period. •After the family OPM is met, all covered family Members will no longer pay Copayments or Coinsurance for those covered Services that apply to the OPM for the rest of the Accumulation Period. This is true even for family Members who have not met their individual OPM.	$0/Individual per Accumulation Period $0/Family per Accumulation Period

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Office Services	You Pay
Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Consultations with clinical pharmacists *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Allergy evaluation and testing	
• Primary care visits *Visit: (Does not apply to Out-of-Pocket Maximum)*	Visit: No Charge
• Specialty care visits *Visit: (Does not apply to Out-of-Pocket Maximum)*	Visit: No Charge
Allergy injections *(Does not apply to Out-of-Pocket Maximum)*	No Charge An additional charge may apply for allergy serum
Gynecology care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Routine prenatal and postpartum visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Office administered drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Travel immunizations *(Does not apply to Out-of-Pocket Maximum)*	Not Covered
Virtual Care Services	
• Chat with a provider online	
○ Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Email	
○ Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• E-visits	
○ Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Telephone	
○ Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Video visits	
○ Primary care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Specialty care visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge

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Outpatient Hospital and Surgical Services	You Pay
Note: Additional charges may apply for Services described elsewhere in this Schedule of Benefits.	
Outpatient surgery at Plan Facilities *(Does not apply to Out-of-Pocket Maximum)*	Ambulatory surgical center: No Charge Outpatient hospital: No Charge
Outpatient hospital Services *(Does not apply to Out-of-Pocket Maximum)*	No Charge

Hospital Inpatient Care	You Pay
(See "Hospital Inpatient Care" in "Benefits/Coverage (What Is Covered)" in this EOC for the list of covered Services.) *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Inpatient professional Services, including direct admission to observation care *(See above line under "Hospital Inpatient Care" for Out-of-Pocket Maximum information.)*	See above line under "Hospital Inpatient Care" for applicable Copayment or Coinsurance.

Alternative Medicine	You Pay
Note: Additional charges may apply for Services described elsewhere in this Schedule of Benefits.	
Chiropractic Care • Evaluation and/or Manipulation *(Does not apply to Out-of-Pocket Maximum)*	No Charge Limited to 20 visits per Accumulation Period
• Laboratory Services or X-rays required for Chiropractic care *(See "X-ray, Laboratory, and Advanced Imaging Procedures" for Out-of-Pocket Maximum information.)*	See "X-ray, Laboratory, and Advanced Imaging Procedures" for applicable Copayment or Coinsurance.
Acupuncture Services *(Does not apply to Out-of-Pocket Maximum)*	No Charge each visit Limited to 6 visits per Accumulation Period

Ambulance Services	You Pay
(Does not apply to Out-of-Pocket Maximum)	No Charge

Bariatric Surgery	You Pay
(Does not apply to Out-of-Pocket Maximum)	No Charge

Dental Services	
Members age 19 and over	Not Covered
Pediatric Dental Services • Up to the end of the month the Member turns age 19	See end of Section III.

Dialysis Care	You Pay
(Does not apply to Out-of-Pocket Maximum))	No Charge

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Durable Medical Equipment (DME) and Prosthetics and Orthotics	You Pay
Durable Medical Equipment *(Does not apply to Out-of-Pocket Maximum))*	No Charge
• Milk pumps (also known as breast pumps) *(Does not apply to Out-of-Pocket Maximum))*	No Charge
Prosthetic devices	
• Internally implanted prosthetic devices *(See "Outpatient Hospital and Surgical Services" or "Hospital Inpatient Care" for Out-of-Pocket Maximum information.)*	See "Outpatient Hospital and Surgical Services" or "Hospital Inpatient Care" for applicable Copayment(s) and/or Coinsurance.
• Prosthetic arm or leg *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• All other prosthetic devices *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Orthotic devices *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Oxygen *(Does not apply to Out-of-Pocket Maximum)*	No Charge

Emergency Services	You Pay
Note: Additional charges may apply for Services described elsewhere in this Schedule of Benefits.	
Plan and Out-of-Plan emergency department visits and related covered Services unless otherwise noted (covered 24 hours a day) *(Does not apply to Out-of-Pocket Maximum)*	No Charge Copayment waived if directly admitted as an inpatient. If the above amount is a Coinsurance, the Coinsurance amount is not waived if directly admitted as an inpatient. For advanced imaging procedures, see "X-ray, Laboratory, and Advanced Imaging Procedures" for applicable Copayment or Coinsurance.
Plan and Out-of-Plan emergency department observation care *(Does not apply to Out-of-Pocket Maximum)*	No Charge Emergency department Copayment is waived if you receive emergency care and then are transferred to observation care. If the above amount is a Coinsurance, the Coinsurance is applied to both the emergency department care and the observation care. If you are directly admitted to observation care, see "Outpatient hospital Services" for applicable Copayment or Coinsurance.

Urgent Care	You Pay
Note: Additional charges may apply for Services described elsewhere in this Schedule of Benefits.	
Plan and Out-of-Plan urgent care *(Does not apply to Out-of-Pocket Maximum)*	No Charge

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Family Planning and Sterilization Services	You Pay
Family planning counseling *(See "Office Services" for Out-of-Pocket Maximum information.)*	See "Office Services" for applicable Copayment or Coinsurance.
Associated outpatient surgery procedures *(See "Office Services" or "Outpatient Hospital and Surgical Services" for Out-of-Pocket Maximum information.)*	See "Office Services" or "Outpatient Hospital and Surgical Services" for applicable Copayment or Coinsurance.
Procedure for the interruption of pregnancy (abortion)	
• Elective interruption of pregnancy *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Therapeutic interruption of pregnancy *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Vasectomies *(Does not apply to Out-of-Pocket Maximum)*	No Charge

Health Education Services	You Pay
Training in self-care and preventive care *(See "Office Services" for Out-of-Pocket Maximum information.)*	See "Office Services" for applicable Copayment or Coinsurance.

Hearing Services	You Pay
Hearing exams and tests to determine the need for hearing correction when performed by an audiologist *(Does not apply to Out-of-Pocket Maximum))*	No Charge
Hearing exams and tests to determine the need for hearing correction when performed by a specialist other than an audiologist *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Hearing aids for Members under the age of 18 *(Does not apply to Out-of-Pocket Maximum))*	No Charge
• Fitting and recheck visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Hearing aids for Members age 18 and over *(Does not apply to Out-of-Pocket Maximum)*	Not Covered
• Fitting and recheck visits *(Does not apply to Out-of-Pocket Maximum)*	Not Covered

Home Health Care	You Pay
Home health Services prescribed by a Plan Provider *(Does not apply to Out-of-Pocket Maximum))*	No Charge

Hospice Care	You Pay
Special Services program for hospice-eligible Members who have not yet elected hospice care *(Does not apply to Out-of-Pocket Maximum))*	No Charge
Hospice care for terminally ill patients *(Does not apply to Out-of-Pocket Maximum))*	No Charge

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Mental Health Services	You Pay
Inpatient psychiatric hospitalization *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Inpatient professional Services for psychiatric hospitalization *(See above line under "Mental Health Services" "Inpatient psychiatric hospitalization" for Out-of-Pocket Maximum information.)*	See above line under "Mental Health Services" "Inpatient psychiatric hospitalization" for applicable Copayment or Coinsurance.
Individual office visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Group office visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Intensive outpatient therapy or partial hospitalization *(Does not apply to Out-of-Pocket Maximum)*	No Charge

Out-Of-Area Benefit	You Pay
The following Services are limited to Dependents up to the age of 26 outside the Service Area	
Outpatient office visits *(Combined office visit limit between primary care, specialty care, outpatient mental health and substance use disorder services, gynecology care, hearing exam, prevention immunizations, preventive care, and the administration of allergy injections.)* *Visit: (Does not apply to Out-of-Pocket Maximum)* *Other Services: (Do not apply to Out-of-Pocket Maximum)* *Preventive immunizations: (Does not apply to Out-of-Pocket Maximum)*	Visit limit: Limited to 10 visits per Accumulation Period Visit: No Charge Other Services received during an office visit: Not Covered Preventive immunizations: No Charge
Diagnostic X-ray Services *(Does not apply to Out-of-Pocket Maximum)*	Diagnostic X-ray limit: Limited to 10 diagnostic X-rays per Accumulation Period No Charge
Outpatient physical, occupational, and speech therapy visits *(Does not apply to Out-of-Pocket Maximum)*	Therapy visit limit: Limited to 10 therapy visits (any combination) per Accumulation Period Visit: No Charge
Outpatient prescription drugs • Coinsurance (except as listed below) *(Does not apply to Out-of-Pocket Maximum)*	Prescription drug fills: Limited to 12 prescription drug fills (any combination) per Accumulation Period No Charge
• Prescribed diabetic supplies *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Preventive drugs ○ Contraceptive drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Over the counter items (OTC) items (*Federally mandated over the counter items)* *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Tobacco cessation drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge

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Physical, Occupational, and Speech Therapy and Inpatient Rehabilitation Services	You Pay
Note: Additional charges may apply for Services described elsewhere in this Schedule of Benefits.	
Inpatient treatment in a multidisciplinary rehabilitation program provided in a designated rehabilitation facility *(Does not apply to Out-of-Pocket Maximum)*	No Charge Up to 60 days per Accumulation Period
Short-term outpatient physical, occupational, and speech therapy visits	
• Habilitative Services	Limited to 20 visits per therapy per Accumulation Period. Visit limits are combined between in-person visits and video visits.
○ Physical therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Occupational therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Speech therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Rehabilitative Services	Limited to 20 visits per therapy per Accumulation Period. Visit limits are combined between in-person visits and video visits.
○ Physical therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Occupational therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Speech therapy	
▪ In-person visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
▪ Video visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge

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- To treat Autism Spectrum Disorder
  - Physical therapy
    - In-person visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)
    - Video visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)
  - Occupational therapy
    - In-person visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)
    - Video visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)
  - Speech therapy
    - In-person visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)
    - Video visits — No Charge
      (Does not apply to Out-of-Pocket Maximum)

Applied Behavioral Services

- Applied Behavior Analysis (ABA) to treat Autism Spectrum Disorder — No Charge
  (Does not apply to Out-of-Pocket Maximum)
- Applied Behavior Analysis (ABA) video visits to treat Autism Spectrum Disorder — No Charge
  (Does not apply to Out-of-Pocket Maximum)

Cardiac Rehabilitation

- In-person visits — No Charge
  (Does not apply to Out-of-Pocket Maximum)
- Video visits — No Charge
  (Does not apply to Out-of-Pocket Maximum)

Pulmonary Rehabilitation

- In-person visits — No Charge
  (Does not apply to Out-of-Pocket Maximum)
- Video visits — No Charge
  (Does not apply to Out-of-Pocket Maximum)

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Prescription Drugs, Supplies, and Supplements	You Pay

Notes:

- Coverage is subject to the drug formulary restrictions and guidelines.
- As specified in § 10-16-161, C.R.S., effective for all health benefit plans issued or renewed on or after January 1,2025, all carriers shall include any amount paid by the covered person and/or by another person on behalf of the covered person for a prescription drug when calculating the covered person's overall contribution to an out-of-pocket-maximum or cost-sharing requirement.

Outpatient prescription drugs *(Do not apply to Out-of-Pocket Maximum)*	
• Pharmacy Deductible	Not Applicable
• Day supply limit	Up to 30 days
• Copayment/Coinsurance (except as listed below): *(Does not apply to Out-of-Pocket Maximum)*	No Charge Generic/No Charge Brand name/No Charge Non-Preferred Prescription refills of maintenance medications must be filled at a pharmacy in a Kaiser Permanente Medical Office Building or through Kaiser Permanente mail order.
• Epinephrine Auto-Injectors	Applicable Copayment/Coinsurance not to exceed $60 for all prescription two-pack epinephrine auto-injectors
• Infertility drugs *(Do not apply to Out-of-Pocket Maximum)*	Not Covered
• Insulin	Applicable Copayment/Coinsurance not to exceed $100 up to a 30-day supply of all prescription insulin drugs.
○ Diabetic supplies *(When obtained from sources designated by Health Plan)* *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Interruption of pregnancy (abortion) drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Sexual dysfunction drugs *(Does not apply to Out-of-Pocket Maximum)*	Not Covered
• Sexually transmitted infection (STI) drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Specialty drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge
• Weight loss drugs *(Does not apply to Out-of-Pocket Maximum)*	Not Covered
• Zero cost share preventive drugs	
○ Over the counter (OTC) items *(Federally mandated over the counter (OTC) items. OTCs require a prescription and must be filled at a Plan Pharmacy.)* *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Prescription contraceptives *(Supply limit according to applicable law)* *(Does not apply to Out-of-Pocket Maximum)*	No Charge
○ Tobacco cessation drugs *(Does not apply to Out-of-Pocket Maximum)*	No Charge

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Mail-order	
• Copayment/Coinsurance	No Charge Generic/No Charge Brand name/No Charge Non-Preferred
• Day supply limit	Up to 90 days

Preventive Care Services	**You Pay**
Preventive care visits *(Does not apply to Out-of-Pocket Maximum)* • Adult preventive care exams and screenings • Mental health wellness examination • Well-woman care exams and screenings • Well-child care exams • Immunizations	No Charge
Colorectal cancer screenings (*Does not apply to Out-of-Pocket Maximum)* • Colonoscopies • Flexible sigmoidoscopies	No Charge
Preventive Virtual Care Services (*Does not apply to Out-of-Pocket Maximum*) • Chat with a provider online • Email • E-visits • Telephone • Video visits	No Charge
Non-preventive covered Services received in conjunction with preventive care exam *(See "Office Services" or "Diagnostic Laboratory Services" for Out-of-Pocket Maximum information.)*	See "Office Services" or "Diagnostic Laboratory Services" for applicable Copayment or Coinsurance.

Reconstructive Surgery	**You Pay**
(See "Outpatient Hospital and Surgical Services" or "Hospital Inpatient Care" for Out-of-Pocket Maximum information.)	See "Outpatient Hospital and Surgical Services" or "Hospital Inpatient Care" for applicable Copayment or Coinsurance.

Reproductive Support Services	**You Pay**
Covered Services for diagnosis and treatment of infertility *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Intrauterine insemination, including associated X-ray and laboratory Services *(Does not apply to Out-of-Pocket Maximum)*	No Charge

Skilled Nursing Facility Care	**You Pay**
(Does not apply to Out-of-Pocket Maximum)	No Charge Limited to 100 days per Accumulation Period

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Substance Use Disorder Services	You Pay
Inpatient medical detoxification *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Inpatient professional Services for medical detoxification *(See above line under "Substance Use Disorder Treatment" "Inpatient medical detoxification" for Out-of-Pocket Maximum information.)*	See above line under "Substance Use Disorder Treatment" "Inpatient medical detoxification" for applicable Copayment or Coinsurance.
Individual office visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Group office visits *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Intensive outpatient therapy or partial hospitalization *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Residential rehabilitation *(Does not apply to Out-of-Pocket Maximum)*	No Charge per inpatient admission

Non-opioid treatment for pain
• Up to six visits for each of the following:
  ○ Acupuncture Services
(Does not apply to Out-of-Pocket Maximum)
  ○ Chiropractic care
(Does not apply to Out-of-Pocket Maximum)
  ○ Physical therapy
(Does not apply to Out-of-Pocket Maximum)
  ○ Occupational therapy
(Does not apply to Out-of-Pocket Maximum)
	
	No Charge
	
	No Charge
	
	No Charge
	
	No Charge

Transplant Services	You Pay
(See appropriate section in this Schedule of Benefits for medical Deductible and Out-of-Pocket Maximum information.)	See appropriate section in this Schedule of Benefits for applicable Copayment or Coinsurance.

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Vision Services and Optical	You Pay
Eye exams for treatment of injuries and/or diseases	See "Office Services" for applicable Copayment or Coinsurance
Routine eye exam when performed by an Optometrist • Up to the end of the calendar year the Members turns age 19 *Visit: (Does not apply to Out-of-Pocket Maximum)* *Refraction test: (Does not apply to Out-of-Pocket Maximum)* • Members age 19 and over *Visit: (Does not apply to Out-of-Pocket Maximum)* *Refraction test: (Does not apply to Out-of-Pocket Maximum)*	Visit: No Charge Refraction test: No additional Charge Visit: Not Covered Refraction test: Not Covered
Routine eye exam when performed by an Ophthalmologist • Up to the end of the calendar year the Members turns age 19 *Visit: (Does not apply to Out-of-Pocket Maximum)* *Refraction test: (Does not apply to Out-of-Pocket Maximum)* • Members age 19 and over *Visit: (Does not apply to Out-of-Pocket Maximum)* *Refraction test: (Does not apply to Out-of-Pocket Maximum)*	Visit: No Charge Refraction test: No additional Charge Visit: Not Covered Refraction test: Not Covered
Optical hardware • Up to the end of the calendar year the Members turns age 19 *(Does not apply to Out-of-Pocket Maximum)* • Members age 19 and over (*Does not apply to Out-of-Pocket Maximum)*	No Charge every 24 months towards optical hardware Not Covered

X-ray, Laboratory, and Advanced Imaging Procedures	You Pay
Diagnostic laboratory Services *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Diagnostic X-ray Services received during an office visit, in a Plan Medical Office, or in a contracted free-standing facility (excluding Plan Hospitals) *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Diagnostic X-ray Services received in the outpatient department of a Plan Hospital *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Therapeutic X-ray Services received during an office visit, in a Plan Medical Office, in a contracted free-standing facility, or a Plan Hospital *(Does not apply to Out-of-Pocket Maximum)*	No Charge
Advanced imaging procedures including but not limited to CT, PET, MRI, nuclear medicine *(Does not apply to Out-of-Pocket Maximum)* • Diagnostic procedures include administered drugs. • Therapeutic procedures may incur an additional charge for administered drugs. *(See "Office Services" for "Office administered drugs".)*	No Charge Copayment waived if advanced imaging procedure is performed during an Emergency Department visit and you are directly admitted as an inpatient. If the above amount is a Coinsurance, the Coinsurance amount is not waived if directly admitted as an inpatient.

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Pediatric Dental Services	You Pay
Members age 19 and over	Not Covered
The following pediatric dental Services are provided only up to the end of the month the Member turns age 19	
Pediatric dental Deductible (*Applies to Out-of-Pocket Maximum)*	$50
Diagnostic and Preventive Services *(Subject to the Pediatric dental Deductible; Applies to Out-of-Pocket Maximum)*	No Charge See limitations listed below.
Oral Evaluations • Simple exam • Limited oral exam • Oral exam (under 3 years old) • Complicated exam • Detailed and extensive oral exam	Any combination up to 2 per calendar year
Cleanings • Child prophylaxis (through age 13) • Adult prophylaxis (age 14 up to age 19)	Any combination up to 2 per calendar year
Fluoride • Topical fluoride treatment • Fluoride – varnish	Any combination up to 2 per calendar year
Sealants	Limited to 1 per tooth per calendar year
Bitewing / X-rays • Single film • 2 films • 3 films • 4 films • Vertical bitewing – 7 to 8 films	Limited to 1 set (any combination) per calendar year from the following list of bitewing procedures
X-rays • Panoramic film • Full mouth X-rays complete series	Limited to 1 per 60 months
Intraoral / X-rays • Intraoral – first film • Intraoral – additional film	Any combination up to 2 per calendar year
Space Maintainers • Fixed unilateral • Fixed bilateral • Removable unilateral • Removable bilateral	Space maintainers limited to 1 per lifetime per primary tooth
• Recementation of space maintainer	Limited to 1 per lifetime per tooth
• Palliative treatment (for pain relief)	Limited to 1 per calendar year

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Pediatric Dental Services (continued)	You Pay
Basic Services (Type II) *(Subject to the Pediatric dental Deductible; Applies to Out-of-Pocket Maximum)* Minor Restorative (fillings) • Amalgam o 1 surface filling (per tooth, per surface) o 2 surface filling (per tooth, per surface) o 3 surface filling (per tooth, per surface) o 4 surface filling (per tooth, per surface) • Resin o 1 surface filling (per tooth, per surface) – front o 2 surface filling (per tooth, per surface) – front o 3 surface filling (per tooth, per surface) – front o 4 surface filling (per tooth, per surface) – front o 1 surface filling (per tooth, per surface) – back o 2 surface filling (per tooth, per surface) – back o 3 surface filling (per tooth, per surface) – back o 4 surface filling (per tooth, per surface) – back Oral Surgery (Simple Extractions) • Coronal remnants – deciduous tooth • Extraction – erupted tooth • Surgical removal of erupted tooth • Removal of impacted tooth o Soft tissue o Partially bony o Completely bony Endodontics • Therapeutic pulpotomy – primary tooth • Root canal therapy o Anterior o Bicuspid o Molar	50% Coinsurance Limited to 2 basic procedures from the following list per calendar year
Major Services (Type III) *(Subject to the Pediatric dental Deductible; Applies to Out-of-Pocket Maximum)* Crowns • Recement Crown • Steel - prefab primary tooth • Steel – prefab permanent tooth • Resin – anterior tooth • Steel with resin window – anterior tooth • Sedative filling • Pin retention – per tooth	50% Coinsurance Limited to 1 major procedure from the following list per calendar year
Medically Necessary Orthodontia *(Subject to the Pediatric dental Deductible; Applies to Out-of-Pocket Maximum)*	50% Coinsurance Limited to medically necessary orthodontia for dental services within the mouth for treatment of a condition related to or resulting from cleft lip and/or cleft palate

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CONTACT US

Advice Nurses (Medical Advice) – Available 24 hours a day, 7 days a week

CALL	**303-338-4545** or toll-free **1-800-218-1059**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Clinical Contact Center (to schedule an appointment)

CALL	**303-338-4545** or toll-free **1-800-218-1059**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Behavioral Health

CALL	**303-471-7700** or toll-free **1-866-359-8299** For Members seeking Behavioral Health Services in southern Colorado, please call **1-866-702-9026**.
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Member Services - Available Monday through Friday, 8 a.m. to 6 p.m., except major holidays

CALL	Toll-free **1-800-632-9700**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
WEBSITE	**kp.org**

Utilization Management

CALL	**1-800-632-9700** (Member Services)
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
FAX	**1-866-529-0934**
WRITE	**Utilization Management** **Kaiser Foundation Health Plan of Colorado** **2500 South Havana Street, Suite 500** **Aurora, CO 80014-1622**

Patient Financial Services

CALL	**303-743-5900** or toll-free **1-800-632-9700**

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TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
WRITE	**Patient Financial Services** **Kaiser Foundation Health Plan of Colorado** **2500 South Havana Street, Suite 500** **Aurora, CO 80014-1622**

Member Relations (to file an appeal)

CALL	Toll-free **1-800-632-9700**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
FAX	**1-866-466-4042**
WRITE	**Member Relations** **Kaiser Foundation Health Plan of Colorado** **P.O. Box 378066** **Denver, CO 80237-8066**

Claims Department

CALL	**303-338-3600** or toll-free **1-800-382-4661**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
WRITE	**Kaiser Permanente** **National Claims Administration - Colorado** **P.O. Box 373150** **Denver, CO 80237-3150**

Membership Administration

WRITE	**Membership Administration** **Kaiser Permanente** **P.O. Box 23127** **San Diego, CA 92193**

Transplant Administrative Offices

CALL	**303-636-3131**
TTY	**711** This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Delta Dental of Colorado

CALL	Customer Relations **303-741-9305** or toll-free **1-800-610-0201** Monday-Friday, 8 a.m. to 6 p.m.

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IVR	**1-800-610-0201** This number allows you to request a listing of dentists in your area and receive it by mail or fax.
WEBSITE	**deltadentalco.com**

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I. ELIGIBILITY

A. Who Is Eligible

1. General

To be eligible to enroll and to remain enrolled in this health benefit plan, you must meet the following requirements:

a. You must meet the Subscriber or Dependent eligibility requirements as described below; and

b. You must live or reside within our Service Area when you apply to enroll. Our Service Area is described in the "Definitions" section; and

c. You cannot live or reside in another Kaiser regional health plan service area. For the purposes of this eligibility rule these other service areas may change on January 1 of each year. Currently they are: the District of Columbia and parts of California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, and Washington. For more information, please call **Member Services.**

2. Subscribers

To be eligible to enroll as a Subscriber, you must meet our current requirements for **Kaiser Permanente for Individuals and Families** membership.

3. Dependents

If you are a Subscriber, the following persons may be eligible to enroll as your Dependents, as described in the "Adding Dependents" section below:

a. Your Spouse. (Spouse includes a partner in a valid civil union under state law.)

b. Your or your Spouse's children (including adopted children, children placed with you for adoption, and foster children) who are under age 26 as of the effective date.

c. Other dependent persons, including but not limited to grandchildren, who meet all of the following requirements:
   i. They are under age 26 as of the effective date; and
   ii. You or your Spouse is the court-appointed permanent legal guardian (or was before the person reached age 18).

d. Your or your Spouse's unmarried children age 26 and over who are medically certified as disabled and dependent upon you or your Spouse are eligible to enroll or continue coverage as your Dependents if the following requirements are met:
   i. They are dependent on you or your Spouse; and
   ii. The group is responsible for reviewing proof of the dependent's disability and dependency.

The Dependent limiting age is the end of the year in which age 26 is reached. If they continue to meet all other eligibility requirements, a Dependent child will continue to be eligible until the Dependent child reaches this age.

4. American Indian/Alaska Native Eligibility

Connect for Health Colorado has notified us that it determined that you are an American Indian/Alaska Native who is eligible for zero cost sharing for all covered Services that are essential health benefits as provided by the Affordable Care Act (ACA).

B. Adding Dependents

1. Newborn, Newly Adopted, and Foster Children

You may add your newborn child, newly adopted child, or foster child as your Dependent. To enroll the child, please call Connect for Health Colorado at **1-855-752-6749** within 31 days. Children who are not enrolled within 60 days after becoming your Dependent will not be able to enroll until the next open enrollment period unless they qualify for a Special Enrollment.

a. Newborn Children

Your newborn child is covered for the first 31 days following birth. This coverage is required by state law, whether or not you intend to add the newborn to this plan. In order to be covered, Services must be provided or arranged by a Plan Provider except for Emergency Services.

   i. If the addition of the newborn child to your coverage will change the amount you are required to pay for that coverage, then in order for the newborn to continue coverage beyond the first 31-day period of coverage, you are required to pay the new amount due for coverage after the initial 31-day period of coverage.
   ii. If the addition of the newborn child to your coverage will not change the amount you pay for coverage, you must still notify Health Plan after the birth of the newborn to get the newborn enrolled onto your Health Plan coverage.

b. Newly Adopted and Foster Children

In order for the child to be covered, you must enroll an adopted child or a foster child within 60 days from the date the child is placed in your custody or the date of the final decree of adoption.

   i. If the addition of the newly adopted or foster child to your coverage will change the amount you are required to pay for that coverage, then in order for the newly adopted or foster child to continue coverage beyond the first 31-day period of coverage, you are required to pay the new amount due for coverage.

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ii. If the addition of the newly adopted or foster child to your coverage will not change the amount you pay for coverage, you must still notify Health Plan after the adoption or placement for adoption, or placement with you for foster care, of the child to get the child enrolled onto your Health Plan coverage.

2. Other Dependents
All other eligible Dependents (such as a new Spouse) must meet our current requirements for individual membership. To enroll other Dependents, please call Connect for Health Colorado at **1-855-752-6749** during the Special Enrollment or open enrollment period.

C. Special Enrollment

You or your Dependent may experience a qualifying event that allows a change in your enrollment. Examples of qualifying events are the loss of coverage, a Dependent's aging off this plan, marriage, and birth of a child. The qualifying event results in a special enrollment period that usually (but not always) starts on the date of the qualifying event and lasts for 60 days. During the special enrollment period, you may enroll your Dependent(s) in this plan, or in certain circumstances, you may change plans (your plan choice may be limited). There are requirements that you must meet to take advantage of a special enrollment period including showing proof of your own or your Dependent's qualifying event. To learn more about qualifying events, special enrollment periods, how to enroll or change your plan (if permitted), timeframes for submitting information, and other requirements, go to connectforhealthco.com, or call Connect for Health Colorado at **1-855-752-6749**.

If you are enrolled in coverage directly through Health Plan, and you experience a decrease in household income and receive a new determination of eligibility for advance premium tax credit by Connect for Health Colorado, you will be eligible for a special enrollment period to enroll in coverage through Connect for Health Colorado.

D. Annual Enrollment

You may apply for enrollment as a Subscriber or Dependent by submitting an application to Connect for Health Colorado, along with any other information they require, during the annual open enrollment period.

E. Premiums Subject To Change

Your Premiums may change for any of the following reasons:

- If you choose a new plan;
- If you switch to coverage other than self-only by adding new Dependents or add Dependents to your current family coverage;
- If you reduce the number of your Dependents; or
- If you move to another rating area.

F. Members Who are Inpatient on Effective Date of Coverage

If you are an inpatient in a hospital or institution when your coverage with us becomes effective and you had other coverage when you were admitted, state law will determine whether we or your prior carrier will be responsible for payment for your care until your date of discharge.

G. Members with Medicare

This plan is not intended for persons who are eligible for or entitled to coverage under Medicare (such as Parts A and/or B). If you are or become eligible for Medicare during the term of this Membership Agreement you should contact **Member Services** immediately to see if you are eligible to enroll in a Kaiser Permanente Senior Advantage plan.

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II. HOW TO ACCESS YOUR SERVICES AND OBTAIN APPROVAL OF BENEFITS

As a Member, you are selecting our medical care program to provide your health care. You must receive all covered Services from Plan Providers inside our Service Area, except as described under the following headings:

- "Emergency Services Provided by Out-of-Plan Providers (out-of-Plan Emergency Services)" in "Emergency Services and Urgent Care" in the "Benefits/Coverage (What is Covered)" section.
- "Urgent Care" in "Emergency Services and Urgent Care" in the "Benefits/Coverage (What is Covered)" section.
- "Out-of-Area Benefit" in the "Benefits/Coverage (What is Covered)" section.
- "Access to Other Providers" in this section.
- "Visiting Other Kaiser Regional Health Plan Service Areas" in this section.

In some circumstances, you might receive Emergency or non-Emergency Services from an Out-of-Plan Provider or Out-of-Plan Facility. **Non-Emergency Services from Out-of-Plan Providers are not covered unless they are authorized by us.** If Services from an Out-of-Plan Provider or Out-of-Plan Facility are authorized, the Deductible, Copayment, and/or Coinsurance for these authorized Services are the same as for covered Services received from a Plan Provider or Plan Facility. You have the right and responsibility to request a Plan Provider to provide Services.

A. Your Primary Care Provider

Your primary care provider (PCP) plays an important role in coordinating your health care needs. This includes hospital stays and referrals to specialists. Every member of your family should have their own PCP.

1. Choosing Your Primary Care Provider

   You may select a PCP from family medicine, pediatrics, or internal medicine. When possible, we encourage you to choose a PCP whose office is in a Kaiser Permanente Medical Office Building. You may also receive a second medical opinion from a Plan Provider upon request. Please refer to the "Second Opinions" section.

   You must choose a PCP when you enroll. If you do not select a PCP upon enrollment, one near your home will be assigned to you. To review a list of Plan Providers and their biographies, go to **kp.org/locations**. You can also get a copy of the directory by calling **Member Services**. To choose a PCP, sign into your account online, or call the **Clinical Contact Center** for help choosing a PCP.

2. Changing Your Primary Care Provider

   Please call the **Clinical Contact Center** to change your PCP. You may also change your PCP online or when visiting a Kaiser Permanente Medical Office Building. You may change your PCP at any time.

B. Access to Other Providers

1. Referrals and Authorizations

   If your Plan Provider decides that you need covered Services not available from us, they will request a referral for you to see an Out-of-Plan Provider. If your Plan Provider decides you need specialty care that is not eligible for a self-referral, they will request a referral for you to see a specialty-care Plan Provider. (See the "Specialty Referrals" section below.)

   These referral requests result in an Authorization or a denial. However, there may be circumstances where Health Plan will partially authorize your provider's referral request.

   An Authorization is a referral request that has received approval from Health Plan. An Authorization is limited to a specific Service, treatment or series of treatments, and period of time. The provider or facility to whom you are referred will receive a notice of the Authorization, and you will receive a written notice of the Authorization. This notice will tell you the provider's information. It will also tell you the Services authorized and the time period that the Authorization is valid.

   An Authorization is required for Services provided by Out-of-Plan Providers or Out-of-Plan Facilities. If your provider refers you to an Out-of-Plan Provider or Out-of-Plan Facility, inside or outside our Service Area, you must have a written Authorization in order for us to cover the Services.

   All referral Services must be requested and authorized in advance. We will not pay for any care rendered by a provider unless the care is specifically authorized in advance by Health Plan. A written or verbal recommendation by a provider that you get non-covered Services (whether Medically Necessary or not) is not considered an Authorization and is **not** covered.

2. Specialty Referrals

   Generally, you will need a referral and prior Authorization for Services (including routine visits) for specialty-care Plan Providers. You do not need a referral or prior Authorization in order to obtain access to eye care services from a Plan Provider. You do not need a referral or prior Authorization in order to obtain access to obstetrical or gynecological care from a Plan Provider who specializes in obstetrics or gynecology.

   For additional information on which Services require prior Authorization, please call **Member Services**. You will find specialty-care Plan Providers in the Kaiser Permanente Provider Directory. The Provider Directory is available on our website, **kp.org/locations**. If you need a printed copy of the Provider Directory, please call **Member Services**.

   Authorization from Health Plan is required for: (i) Services in addition to those provided as part of the routine office visit, such as procedures or surgery; and (ii) visits to specialty-care Plan Providers not eligible for self-referrals; and (iii) Out-of-Plan Providers. The request for these Services can be generated by either your PCP or by a specialty-care provider. If the request is approved, the provider or facility to whom you are referred will receive a notice of the Authorization, and you will receive a written notice of the Authorization. This notice will tell you the provider's information. It will also tell you the Services authorized and the time period that the Authorization is valid.

   A Plan Provider can directly refer you for some laboratory or radiology Services and for specialty procedures such as a CT scan or MRI. However, certain laboratory or radiology Services and specialty procedures will still require an Authorization.

3. Second Opinions

   Upon request and subject to payment of any applicable Copayments and/or Coinsurance, you may get a second opinion from a Plan Provider about any proposed covered Services.

   If the recommendations of the first and second providers differ regarding the need for Services, a third opinion may be covered if authorized by Health Plan. Third medical opinions are not covered unless authorized by Health Plan before Services are rendered.

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Authorization of a second or third opinion is limited to a consultation only and does not include any additional Services. Authorization of a second or third opinion may be limited to providers in Kaiser Permanente Medical Office Buildings.

C. Plan Facilities

Services are available at Plan Facilities conveniently located throughout the Service Area. We encourage you to receive routine outpatient Services at a Kaiser Permanente Medical Office Building, which often provides all the covered Services you need, including specialized care. **You may have a different Copayment and/or Coinsurance at certain facilities. Please refer to your "Schedule of Benefits (Who Pays What)" for additional details.**

Plan Facilities are listed in our provider directory, which we update regularly. You can get a current copy of the directory by calling **Member Services.** You can also get a list of Plan Facilities on our website. Go to **kp.org/locations**.

D. Getting the Care You Need

Emergency care is covered 24 hours a day, 7 days a week anywhere in the world. **If you think you have a Life or Limb Threatening Emergency, call 911 or go to the nearest emergency department or Independent Freestanding Emergency Department.** For coverage information about emergency care, including out-of-Plan Emergency Services, and emergency benefits away from home, please refer to "Emergency Services" in the "Benefits/Coverage (What is Covered)" section of this Membership Agreement.

If you need urgent care, you may use one of the designated urgent care Plan Facilities. There may be instances when you need to receive urgent care outside our Service Area. The Copayment or Coinsurance for urgent care listed in the "Schedule of Benefits (Who Pays What)" will apply. For additional information about urgent care, please refer to "Urgent Care" in the "Benefits/Coverage (What is Covered)" section of this Membership Agreement.

E. Visiting Other Kaiser Regional Health Plan Service Areas

You may receive visiting member services from another Kaiser regional health plan as directed by that other plan so long as such services would be covered under this Membership Agreement. Visiting member services shall be subject to the terms and conditions set forth in this Membership Agreement including but not limited to those pertaining to: prior Authorization; Deductible; Copayment; Coinsurance; limitations and exclusions, as further described online at **kp.org/travel**. Certain services are not covered as visiting member services.

For more information about receiving visiting member services in other Kaiser regional health plan service areas, including provider and facility locations, please call our Away from Home Travel Line at 951-268-3900. Information is also available online at **kp.org/travel**.

F. Using Your Health Plan Identification Card

Each Member is issued a Health Plan Identification (ID) card with a Medical Record Number on it. This is useful when you call for advice, make an appointment, or go to a Plan Provider for care. The Medical Record Number is used to identify your medical records and membership information. You should always have the same Medical Record Number. Please call **Member Services** if: (1) we ever inadvertently issue you more than one Medical Record Number; or (2) you need to replace your Health Plan ID card.

Your Health Plan ID card is for identification only. To receive covered Services, you must be a current Health Plan Member. Anyone who is not a Member will be billed as a non-Member for any Services we provide. In addition, non-Member claims for Emergency or non-emergency care Services will be denied. If you let someone else use your Health Plan ID card, we may keep your card and terminate your membership.

When you receive Services, you will need to show photo identification along with your Health Plan ID card. This allows us to ensure proper identification and to better protect your coverage and medical information from fraud. If you think you are a victim of fraud, please call **Member Services** to report your concern.

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III. BENEFITS/COVERAGE (WHAT IS COVERED)

The Services described in this "Benefits/Coverage (What is Covered)" section are covered only if all the following conditions are satisfied:

- The Services are Medically Necessary; and
- The Services are provided, prescribed, recommended, or directed by a Plan Provider. This does not apply where noted to the contrary in the following sections of this Membership Agreement: (a) "Emergency Services Provided by Out-of-Plan Providers (out-of-Plan Emergency Services)" and "Urgent Care" in "Emergency Services and Urgent Care"; and (b) "Out-of-Area Benefit"; and
- You receive the Services from Plan Providers inside our Service Area. This does not apply where noted to the contrary in the following sections of this Membership Agreement: (a) "Referrals and Authorizations" and "Specialty Referrals"; and (b) Emergency Services, Urgent Care, certain Post Stabilization Care Services that qualify as Emergency Services (under applicable federal law), and Ancillary Services for which you have prior Authorization in "Emergency Services and Urgent Care"; and (c) "Out-of-Area Benefit"; and (d) "Visiting Other Kaiser Regional Health Plan Service Areas"; and

- Your provider has received prior Authorization for your Services, as appropriate. When you receive covered Services for which you do not have prior Authorization or that you receive from Out-of-Plan Providers or from Out-of-Plan Facilities that have not been approved by us in advance, we will not pay for them except when they are Emergency Services or urgent care.

Essential Health Benefits are covered under this plan and include but are not limited to: chemotherapy Services; radiation therapy; oral anti-cancer medication; cardiac rehabilitation; nutritional counseling; smoking cessation programs; diabetes equipment and supplies; Pap test; annual prostate cancer screening; cervical cancer vaccines.

We cover COVID-19 testing and treatment required under applicable federal or Colorado laws, regulations, or bulletins.

Exclusions and limitations that apply only to a certain benefit are described in this "Benefits/Coverage (What is Covered)" section. Exclusions, limitations and reductions that apply to all benefits are described in the "Limitations/Exclusions (What is Not Covered)" section.

Note: Copayments and/or Coinsurance may apply to the benefits listed below. For a complete list of Copayment and Coinsurance requirements, and any additional limitations or maximums, see the "Schedule of Benefits (Who Pays What)." You will also be required to pay any amount in excess of eligible Charges and any amount for Services provided by an Out-of-Plan Provider when you consent to their provision of Services. You are responsible for any applicable Copayment or Coinsurance for Services performed as part of or in conjunction with other outpatient Services, including but not limited to: office visits; Emergency Services; urgent care; and outpatient surgery.

A. Office Services

Office Services for Preventive Care, Diagnosis, and Treatment

We cover, only as described under this "Benefits/Coverage (What is Covered)" section and subject to any specific limitations, exclusions, or exceptions as noted throughout this Membership Agreement, the following office Services for preventive care, diagnosis, and treatment, including professional medical Services of physicians and other health care professionals in a physician's office, during medical consultations, in a Skilled Nursing Facility, or at home:

1. Primary care visits: Services from family medicine, internal medicine, and pediatrics.
2. Specialty care visits: Services from providers that are not primary care, as defined above.
3. Routine prenatal and postpartum visits: The routine prenatal benefit covers office exams, routine chemical urinalysis, and fetal stress tests performed during the office visit. Member may receive Services from a certified nurse midwife. See the applicable section of your "Schedule of Benefits (Who Pays What)" for the Copayment and/or Coinsurance for all other Services received during a prenatal visit.
4. Consultation with clinical pharmacists.
5. Other covered Services received during an office visit or a scheduled procedure visit.
6. Outpatient hospital clinic visits with an Authorization from Health Plan.
7. Blood, blood products, and their administration.
8. House calls when care can best be provided in your home as determined by a Plan Provider.
9. Second opinion.
10. Medical social Services.
11. Preventive care Services. See "Preventive Care Services" in this "Benefits/Coverage (What is Covered)" section for more details.
12. Professional review and interpretation of patient data from a remote monitoring device.
13. Virtual care Services.
14. Office-administered drugs. Some drugs may require prior Authorization.

    Note: If the following are administered during an office visit, urgent care visit, or home visit, and administration or observation by medical personnel is required, they are covered at the applicable office-administered drug Copayment or Coinsurance shown in the "Schedule of Benefits (Who Pays What)." This Copayment or Coinsurance may be in addition to the Copayment or Coinsurance for your visit.
    - Drugs (including Biologics and Biosimilars) and injectables;
    - Radioactive materials used for therapeutic purposes;
    - Vaccines and immunizations approved for use by the U.S. Food and Drug Administration (FDA); or
    - Allergy test and treatment materials.

B. Outpatient Hospital and Surgical Services

Outpatient Services at Designated Facilities

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We cover, only as described under this "Benefits/Coverage (What is Covered)" section and subject to any specific limitations, exclusions, or exceptions as noted throughout this Membership Agreement, the following outpatient Services for diagnosis and treatment, including professional medical Services of physicians:

1. Outpatient surgery at Plan Facilities that are designated to provide surgical Services, including an ambulatory surgical center, surgical suite, or outpatient hospital facility. Kaiser Permanente applies Medicare global surgery guidelines in accordance with the Centers for Medicare and Medicaid Services (CMS).

   Note: Services provided during post-surgical office visits may have a cost share.

2. Outpatient hospital Services at facilities that are designated to provide outpatient hospital Services, including but not limited to: electroencephalogram; sleep study; stress test; pulmonary function test; any treatment room; or direct admission to any observation room. You may be charged an additional Copayment or Coinsurance for any Service which is listed as a separate benefit under this "Benefits/Coverage (What is Covered)" section.

C. Hospital Inpatient Care

1. Inpatient Services in a Plan Hospital

   We cover, only as described under this "Benefits/Coverage (What is Covered)" section and subject to any specific limitations, exclusions, or exceptions as noted throughout this Membership Agreement, the following inpatient Services in a Plan Hospital when the Services are generally and customarily provided by acute care general hospitals in our Service Area:

   a. Room and board, such as semiprivate accommodations, or, when it is Medically Necessary, private accommodations or private duty nursing care.

   b. Intensive care and related hospital Services.

   c. Professional Services of physicians and other health care professionals during a hospital stay.

   d. General nursing care.

   e. Obstetrical care and delivery. This includes Cesarean section. If the covered stay for childbirth ends after 8 p.m., coverage will be continued until 8 a.m. the following morning. **Note:** If you are discharged within 48 hours after delivery (or 96 hours if delivery is by Cesarean section), your Plan Provider may order a follow-up visit for you and your newborn to take place within 48 hours after discharge. All charges incurred by the newborn are subject to all Health Plan provisions. This includes the newborn's own Deductible, Out-of-Pocket Maximum, Copayment, and/or Coinsurance requirements. This applies even if the newborn is covered only for the first 31 days that is required by state law.

   f. Meals and special diets.

   g. Other hospital Services and supplies, such as:
      i. Operating, recovery, maternity, and other treatment rooms.
      ii. Blood, blood products and administration.
      iii. Prescribed drugs and medicines.
      iv. Diagnostic laboratory tests and X-rays.
      v. Dressings, splints, casts, and sterile tray Services.
      vi. Anesthetics including nurse anesthetist Services.
      vii. Medical supplies, appliances, medical equipment, including oxygen, and any covered items billed by a hospital for use at home.

2. Hospital Inpatient Care Exclusions

   a. Dental Services are excluded, except that we cover hospitalization and general anesthesia for dental Services provided to Members as required by state law.

   b. Cosmetic surgery related to bariatric surgery.

D. Alternative Medicine

1. Chiropractic Care

   a. Coverage

      We cover chiropractic care Services as shown in the "Schedule of Benefits (Who Pays What)" when provided by contracted providers. You may self-refer for visits to Plan Providers. Coverage includes:
      i. Evaluation;
      ii. Manual and manipulative therapy of the spinal and extraspinal regions.

      Note: The following are covered, but not under this section: Physical therapy, see "Physical, Occupational, and Speech Therapy and Inpatient Rehabilitation Services"; X-ray and laboratory tests, see "X-ray, Laboratory, and Advanced Imaging Procedures."

   b. Chiropractic Care Exclusions
      i. Hypnotherapy.

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ii. Behavior training.
iii. Sleep therapy.
iv. Weight loss programs.
v. Services related to the treatment of the musculoskeletal system, except for the spinal and extraspinal regions.
vi. Vocational rehabilitation Services.
vii. Thermography.
viii. Air conditioners, air purifiers, therapeutic mattresses, supplies, or any other similar devices and appliances.
ix. Transportation costs. This includes local ambulance charges.
x. Prescription drugs, vitamins, minerals, food supplements, or other similar products.
xi. Educational programs.
xii. Non-medical self-care or self-help training.
xiii. All diagnostic testing related to these excluded Services.
xiv. MRI and/or other types of diagnostic radiology.
xv. Massage therapy that is not a part of the manual and manipulative therapy.
xvi. Durable medical equipment (DME) and/or supplies for use in the home.

2. Acupuncture Services
   a. Coverage

   We cover acupuncture Services as shown in the "Schedule of Benefits (Who Pays What)" when provided by contracted acupuncturists and if clinically appropriate. You may self-refer for visits to contracted acupuncturists. Coverage includes treatment for:
   i. Neuromusculoskeletal pain due to an injury or illness; or
   ii. Allergy, asthma, nausea, or vomiting.

   Services include:
   i. Acupuncture by manual stimulation.
   ii. Electro-acupuncture applied to inserted needles and acupressure.

   Cupping or moxibustion are covered only in lieu of electrical stimulation.

   b. Acupuncture Services Exclusions
   i. Rental or purchase of durable medical equipment (DME).
   ii. Air purifiers, therapeutic mattresses, supplies, or similar devices, appliances, or equipment. Their use or installation does not have to be for therapy or easy access.
   iii. Radiology and laboratory tests.
   iv. Prescription drugs, vitamins, herbs, or food supplements. It does not matter if they are prescribed or recommended by a contracted acupuncturist.
   v. Massage or soft tissue techniques that are not part of the acupuncture treatment, except acupressure.
   vi. Treatment mainly for obesity or weight control.
   vii. Vocational, stroke, or long-term rehabilitation.
   viii. Hypnotherapy.
   ix. Behavior training.
   x. Sleep therapy or biofeedback.
   xi. Acupuncture Services provided for maintenance or preventive care Services.
   xii. Expenses for acupuncture Services provided during visits that exceed your visit limit.
   xiii. Expenses for any Services provided before coverage begins or after coverage ends for this benefit.
   xiv. Any Services provided by an acupuncturist who is not contracted. It does not matter if the Services are obtained in or out of the Health Plan's Service Area.
   xv. Acupuncture Services that Kaiser Permanente determines are not clinically appropriate in its utilization review. (Members may not be surcharged for such Services.)
   xvi. Services not authorized by Kaiser Permanente. This exclusion does not apply to the initial evaluation.
   xvii. Any techniques or procedures not generally accepted in a majority of state acupuncture licensing boards.
   xviii. Benefits, items, or Services that are limited or excluded in the Membership Agreement, unless changed by this benefit.

E. Ambulance Services and Other Transportation

1. Coverage

   We cover ambulance Services only if your condition requires the use of medical Services that only a licensed ambulance can provide. Kaiser Permanente applies Medicare guidelines for ambulance Services in accordance with the Centers for Medicare and Medicaid Services (CMS).

2. Ambulance Services Exclusions
   a. Non-emergency routine ambulance services to home or other non-acute health care setting are not covered.
   b. Transportation by other than a licensed ambulance is not covered. Transportation by car, taxi, bus, gurney van, minivan,

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or any other type of transportation is not covered, even if it is the only way to travel to a Plan Provider.

Note: Health Plan will cover certain non-emergent, non-ambulance transportation when there is prior Authorization by Health Plan.

F. Bariatric Surgery

1. Coverage
   We cover Medically Necessary bariatric surgery as shown in the "Schedule of Benefits (Who Pays What)." You must meet Utilization Management Program Criteria to be eligible for coverage.

2. Bariatric Surgery Exclusions
   Cosmetic surgery or other cosmetic Services or supplies related to bariatric surgery.

G. Clinical Trials

1. Coverage
   a. We cover the initial evaluation for eligibility and acceptance into a clinical trial only if authorized by Health Plan.

   b. We cover Services you receive in connection with a clinical trial if all of the following conditions are met:
      i. We would have covered the Services if they were not related to a clinical trial.

      ii. You are eligible to participate in the clinical trial according to the trial protocol with respect to treatment of cancer or other life-threatening condition (a condition from which the likelihood of death is probable unless the course of the condition is interrupted), as determined in one of the following ways:
         (A) A Plan Provider makes this determination.
         (B) You provide us with medical and scientific information establishing this determination.

      iii. If any Plan Providers participate in the clinical trial and will accept you as a participant in the clinical trial, you must participate in the clinical trial through a Plan Provider unless the clinical trial is outside the state where you live.

      iv. The clinical trial is a phase I, phase II, phase III, or phase IV clinical trial related to the prevention, detection, or treatment of cancer or other life-threatening condition and it meets one of the following requirements:

         (A) The study or investigation is conducted under an investigational new drug application reviewed by the U.S. Food and Drug Administration.

         (B) The study or investigation is a drug trial that is exempt from having an investigational new drug application.

         (C) The study or investigation is approved or funded by at least one of the following:
            (1) The National Institutes of Health.
            (2) The Centers for Disease Control and Prevention.
            (3) The Agency for Health Care Research and Quality.
            (4) The Centers for Medicare & Medicaid Services.
            (5) A cooperative group or center of any of the above entities or of the Department of Defense or the Department of Veterans Affairs.
            (6) A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants.
            (7) The Department of Veterans Affairs or the Department of Defense or the Department of Energy, but only if the study or investigation has been reviewed and approved though a system of peer review that the U.S. Secretary of Health and Human Services determines meets all of the following requirements:
               (a) It is comparable to the National Institutes of Health system of peer review of studies and investigations.
               (b) It assures unbiased review of the highest scientific standards by qualified people who have no interest in the outcome of the review.

   For covered Services related to a clinical trial, you will pay the applicable Copayment, Coinsurance, and/or Deductible shown in the "Schedule of Benefits (Who Pays What)" that you would pay if the Services were not related to a clinical trial. For example, see "Hospital Inpatient Care" in the "Schedule of Benefits (Who Pays What)" for the Copayment, Coinsurance, and/or Deductible that apply to hospital inpatient care.

2. Clinical Trials Exclusions
   a. The investigational Service.

   b. Services provided solely for data collection and analysis and that are not used in your direct clinical management.

H. Dialysis Care

We cover dialysis Services related to acute renal failure and end-stage renal disease if the following criteria are met:
1. You meet Utilization Management Program Criteria and medical criteria developed by the facility providing the dialysis; and
2. The facility is certified by Medicare and is a Plan Facility; and
3. A Plan Provider provides a written referral for care at the facility.

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After the referral, we cover: equipment; training; and medical supplies required for home dialysis.

I. Durable Medical Equipment (DME) and Prosthetics and Orthotics

We cover DME and prosthetics and orthotics, when prescribed by a Plan Provider during a covered stay in a Skilled Nursing Facility, but only if Skilled Nursing Facilities ordinarily furnish the DME or prosthetics and orthotics.

When prescribed by a Plan Provider and obtained from sources designated by Health Plan on either a purchase or rental basis, as determined by Health Plan, DME, prosthetics and orthotics, including replacements other than those necessitated by misuse, theft, or loss, are provided as shown in the "Schedule of Benefits (Who Pays What)" for your use during the period prescribed. Necessary fittings, repairs and adjustments, other than those necessitated by misuse, are covered. Health Plan may repair or replace a device at its option. Repair or replacement of defective equipment is covered at no additional Charge.

Health Plan uses Local Coverage Determinations (LCD) and National Coverage Determinations (NCD) (hereinafter referred to as Medicare Guidelines) for our DME, prosthetic and orthotic formulary guidelines. These are guidelines only. Health Plan reserves the right to exclude items listed in the Medicare Guidelines. Please note that this Membership Agreement may contain some, but not all, of these exclusions.

Limitations: Coverage is limited to the standard item of DME, prosthetic device, or orthotic device that adequately meets your medical needs.

1. Durable Medical Equipment (DME)
   a. Coverage
      i. DME is equipment that is appropriate for use in the home, able to withstand repeated use, Medically Necessary, not of use to a person in the absence of illness or injury, and approved for coverage under Medicare. It includes but is not limited to: infant apnea monitors; insulin pumps and insulin pump supplies; and oxygen and oxygen dispensing equipment.
      ii. Insulin pumps, insulin pump supplies, and continuous glucose monitors are provided when clinical guidelines are met and when obtained from sources designated by Health Plan.
      iii. Oxygen and oxygen dispensing equipment. Oxygen refills are covered while you are temporarily outside the Service Area. To qualify for coverage, you must have a pre-existing oxygen order and must obtain your oxygen from the vendor designated by Health Plan.
      iv. Enteral nutrition, medical foods, and related feeding equipment and supplies are provided when clinical guidelines are met and when obtained from sources designated by Health Plan.
      v. When use is no longer prescribed by a Plan Provider, DME must be returned to Health Plan or its designee. If the equipment is not returned, you must pay Health Plan or its designee the fair market price, established by Health Plan, for the equipment.

   b. Limitation: Coverage is limited to the lesser of the purchase or rental price, as determined by Health Plan.

   c. Durable Medical Equipment Exclusions
      i. Electronic monitors of bodily functions, except infant apnea monitors are covered.
      ii. Devices to perform medical testing of body fluids, excretions or substances, except nitrate urine test strips for home use for pediatric patients are covered.
      iii. Non-medical items such as sauna baths or elevators.
      iv. Exercise or hygiene equipment.
      v. Comfort, convenience, or luxury equipment or features.
      vi. Disposable supplies for home use such as: bandages; gauze; tape; antiseptics; dressings; and ace-type bandages.
      vii. Replacement of lost or stolen equipment.
      viii. Repairs, adjustments or replacements necessitated by misuse.
      ix. More than one piece of DME serving essentially the same function, except for replacements.
      x. Spare equipment or alternate use equipment.

2. Prosthetic Devices
   a. Coverage
      Prosthetic devices are those rigid or semi-rigid external devices that are required to replace all or part of a body organ or extremity. Coverage of prosthetic devices includes:
      i. Internally implanted devices for functional purposes, such as pacemakers and hip joints.
      ii. Prosthetic devices for Members who have had a mastectomy. Health Plan will designate the source from which external prostheses can be obtained. Replacement will be made when a prosthesis is no longer functional. Custom-made prostheses will be provided when necessary.
      iii. Prosthetic devices, such as obturators and speech and feeding appliances, required for the treatment of cleft lip and cleft palate are covered when prescribed by a Plan Provider and obtained from sources designated by Health Plan.
      iv. Prosthetic devices intended to replace, in whole or in part, an arm or leg when prescribed by a Plan Provider, as Medically Necessary and when obtained from sources designated by Health Plan.

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v. Additional prosthetic device or devices if the treating physician determines that the additional prosthetic device or devices are necessary to enable the covered person to engage in physical recreational activities.

b. Prosthetic Devices Exclusions
   i. Dental prostheses, except for Medically Necessary prosthodontic treatment.
   ii. Internally implanted devices, equipment and prosthetics related to treatment of sexual dysfunction.
   iii. More than one prosthetic device for the same part of the body, except for replacements.
   iv. Spare devices or alternate use devices.
   v. Replacement of lost or stolen prosthetic devices.
   vi. Repairs, adjustments or replacements necessitated by misuse.

3. Orthotic Devices
   a. Coverage
   Orthotic devices are those rigid or semi-rigid external devices that are required to support or correct a defective form or function of an inoperative or malfunctioning body part or to restrict motion in a diseased or injured part of the body.

   b. Orthotic Devices Exclusions
      i. Corrective shoes and orthotic devices for podiatric use and arch supports, except for diabetic shoes in accordance with clinical guidelines and therapeutic shoes for patients with a diagnosis of peripheral vascular disease or peripheral neuropathy.
      ii. Dental devices and appliances except that Medically Necessary treatment of cleft lip or cleft palate is covered when prescribed by a Plan Provider, unless you are covered for these Services under a dental insurance policy or contract.
      iii. Experimental and research braces.
      iv. More than one orthotic device for the same part of the body, except for covered replacements.
      v. Spare devices or alternate use devices.
      vi. Replacement of lost or stolen orthotic devices.
      vii. Repairs, adjustments or replacements necessitated by misuse.

J. Early Childhood Intervention Services

1. Coverage
Covered children, from birth up to age three (3), who have significant delays in development or have a diagnosed physical or mental condition that has a high probability of resulting in significant delays in development as defined by state law, are covered for the number of Early Intervention Services (EIS) visits as required by state law. EIS are not subject to any Copayments or Coinsurance, or to any annual Out-of-Pocket Maximum or Lifetime Maximum.

Note: You may be billed for any EIS received after the number of visits as required by state law is satisfied.

2. Limitations
The number of visits as required by state law does not apply to:
   a. Rehabilitation or therapeutic Services which are necessary as the result of an acute medical condition or post-surgical rehabilitation;
   b. Services provided to a child who is not an eligible child and whose services are not provided pursuant to an Individualized Family Service Plan (IFSP); and
   c. Assistive technology covered by the durable medical equipment benefit provisions of this Membership Agreement.

3. Early Childhood Intervention Services Exclusions
   a. Respite care;
   b. Non-emergency medical transportation;
   c. Service coordination, other than case management services; or
   d. Assistive technology, not to include durable medical equipment that is otherwise covered under this Membership Agreement.

K. Emergency Services and Urgent Care

1. Emergency Services
Emergency Services are available at all times - 24 HOURS A DAY, 7 DAYS A WEEK. If you have an Emergency Medical Condition or mental health emergency, call 911 or go to the nearest hospital emergency department or Independent Freestanding Emergency Department. You do not need prior Authorization for Emergency Services. When you have an Emergency Medical Condition, we cover Emergency Services you receive from Plan Providers and Out-of-Plan Providers anywhere in the world, as long as the Emergency Services would be covered under your plan if you had received them inside our Service Area. For information about emergency benefits away from home, please call **Member Services**.

You will pay your plan's Deductible, Copayment, and/or Coinsurance for covered Emergency Services, regardless of whether the Emergency Services are provided by a Plan Provider or an Out-of-Plan Provider. Even if you receive Emergency Services from a Plan Provider, you must still obtain prior Authorization from us before you receive Post Stabilization Care from such Plan Provider. We may direct that you receive covered Post Stabilization Care at a particular Plan Hospital or other Plan Facility (such as a Skilled Nursing Facility) so that we may better coordinate your care using Plan Providers and our electronic medical

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record system. We will pay for Post Stabilization Care only at the Plan Provider authorized by us. If you or your treating providers do not obtain prior Authorization from us for Post Stabilization Care Services that require prior Authorization, we will not pay any amount for those Services and you may be liable to pay for these Services, in addition to any amounts such as Deductibles, Copayments, or Coinsurance.

Please note that in addition to any Copayment or Coinsurance that applies under this section, you may incur additional Copayment or Coinsurance amounts for Services and procedures covered under other sections of this Membership Agreement. Coverage for Services that are not Emergency Services, Post Stabilization Care, or Urgent Care Services as described in this "Emergency Services and Urgent Care" section will be covered as described under other sections of this Membership Agreement. Please refer to the "Schedule of Benefits" for Copayment and Coinsurance information. If you are admitted to a hospital from its emergency department because your condition is not stabilized, the Copayment or Coinsurance shown under "Hospital Inpatient Care" in the "Schedule of Benefits" applies.

a. Emergency Services Provided by Out-of-Plan Providers (out-of-Plan Emergency Services)
"Out-of-Plan Emergency Services" are Emergency Services that are not provided by a Plan Provider or at a Plan Facility. There may be times when you or a family member may receive Emergency Services from Out-of-Plan Providers. The patient's medical condition may be so critical that you cannot call or come to one of our Plan Facilities or the emergency department of a Plan Hospital, or the patient may need Emergency Services while traveling outside our Service Area.

When you receive Emergency Services from Out-of-Plan Providers, Post Stabilization Care may qualify as Emergency Services pursuant to federal and state law. We will not require prior Authorization for such Post Stabilization Care at a non-Plan Hospital when you're attending Out-of-Plan Provider determines that, after you receive Emergency (screening and stabilization) Services, you are not able to travel using nonmedical transportation or nonemergency medical transportation to an available Plan Provider located within a reasonable travel distance taking into account your medical condition.

Out-of-Plan Providers may provide notice and seek your consent to provide Post Stabilization Care Services or other covered Services. Such Services will not be covered when you do not obtain prior Authorization as described herein. If you (or your authorized representative) consent to the furnishing of Services by Out-of-Plan Providers, then you will be responsible for paying for such Services in the absence of any prior Authorization. In addition, if you (or your authorized representative) consent to the provision of Services by an Out-of-Plan Provider, then we will not pay for such Services, and the amount you pay will not count toward satisfaction of the Deductible, if any, or the Out-of-Pocket Maximum(s).

Please refer to "ii. Emergency Services Limitation for Out-of-Plan Providers," below, if you are hospitalized for Emergency Services.

i. We cover out-of-Plan Emergency Services as follows:
   A. Outside our Service Area. If you are injured or become unexpectedly ill while you are outside our Service Area, we will cover out-of-Plan Emergency Services that could not reasonably be delayed until you could get to a Plan Facility or a hospital where we have contracted for Emergency Services. This applies only if a prudent layperson, having average knowledge of health services and medicine and acting reasonably, would have believed that an Emergency Medical Condition or Life or Limb Threatening Emergency existed.
   B. Inside our Service Area. If you are inside our Service Area, we will cover out-of-Plan Emergency Services only if a prudent layperson would have reasonably believed that the delay in going to a Plan Facility or a hospital where we have contracted for Emergency Services for treatment would worsen the Emergency Medical Condition.

ii. Emergency Services Limitation for Out-of-Plan Providers:
If you are admitted to an Out-of-Plan Facility or a hospital where we have contracted for Emergency Services, you or someone on your behalf must notify us within 24 hours, or as soon as reasonably possible. Please call the **Telephonic Medicine Center** at **303-743-5763**.

When you receive Emergency Services in Colorado (and federal law does not require us to consider the Post Stabilization Care as Emergency Services), we cover Post Stabilization Care only if we provide prior Authorization for the Post Stabilization Care. **Therefore, it is very important that you, your provider including your Out-of-Plan Provider, or someone else acting on your behalf, call us to notify us that you need Post Stabilization Care and to get prior Authorization from us before you receive the Post Stabilization Care.**

After we are notified, we will discuss your condition with your emergency care Out-of-Plan Provider. We will decide whether to make arrangements for necessary continued care where you are, or to transfer you to a Plan Facility we designate once you are Stabilized. If you are admitted to an Out-of-Plan Facility or a hospital where we have contracted for Emergency Services, we may transfer you to a Plan Hospital or Plan Facility. By notifying us of your hospitalization as soon as possible, you will protect yourself from potential liability for payment for Services you receive after transfer to one of our Plan Facilities would have been possible. If you choose to remain at an Out-of-Plan Facility for Post Stabilization Care, non-Emergency Services are not covered after we have made arrangements to

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transfer you to a Plan Facility for care. You will be responsible for payment for any Post Stabilization Care received at the Out-of-Plan Facility.

b. Emergency Services Exclusions and Limitations
Continuing or follow-up treatment: We cover only the Emergency Services that are required before you could have been moved to a Plan Facility we designate either inside or outside our Service Area. If you are admitted to a Plan Facility, we may transfer you to another Plan Facility. When approved by Health Plan, we will cover ambulance Services or other transportation Medically Necessary to move you to a designated Plan Facility for continuing or follow-up treatment.

The exclusions and limitations of your plan will still apply if non-covered Services are provided by an Out-of-Plan Provider or Out-of-Plan Facility.

c. Payment
Our payment is reduced by:
i. any applicable Copayment or Coinsurance for Emergency Services and advanced imaging procedures performed in the emergency department. The emergency department and advanced imaging procedures Copayments, if applicable, are waived if you are admitted directly to the hospital as an inpatient; and
ii. the Copayment or Coinsurance for ambulance Services, if any; and
iii. any other payments you would have had to make if you received the same Services from our Plan Providers; and
iv. all amounts paid or payable, or which in the absence of this Membership Agreement would be payable, for the Services in question, under any insurance policy or contract, or any other contract, or any government program except Medicaid; and
v. amounts you or your legal representative recover from motor vehicle insurance or because of third party liability.

Note: As part of an emergent care episode, Medically Necessary DME and prosthetics and orthotics following Stabilization will be covered if authorized by Health Plan.

Note: If you receive Emergency Services or Post Stabilization Care from an Out-of-Plan Provider as described in this "Emergency Services and Urgent Care" section, or emergency ambulance transportation described under the "Ambulance Services and Other Transportation" section, you may have to pay the Out-of-Plan Provider and file a claim for reimbursement unless the Out-of-Plan Provider must refrain from billing you under applicable law or agrees to bill us. Also, you may be required to pay and file a claim for any Services prescribed by an Out-of-Plan Provider as part of your Emergency Services or Post Stabilization Care even if you receive the services at a Plan Provider.

2. Urgent Care
Urgent care Services are Services that are not Emergency Services, are required to prevent serious deterioration of your health, and that are required as a result of an unforeseen illness, injury, or condition.

Urgent care that cannot wait for a scheduled visit with your PCP or specialist can be received at one of our designated urgent care Plan Facilities. In some circumstances, you may be able to receive care in your home. There may be instances when you need to receive urgent care outside our Service Area. When urgent care Services are required, we cover urgent care Services you receive from Plan Providers and Out-of-Plan Providers anywhere in the world, as long as the urgent care Services would be covered under your plan if you had received them inside our Service Area. For Copayment and Coinsurance information, see "Urgent Care" in the "Schedule of Benefits (Who Pays What)." For information regarding the designated urgent care Plan Facilities, please call **Member Services** during normal business hours. You can also go to our website, **kp.org**, for information on designated urgent care facilities.

You may call **Advice Nurses** at any time, and one of our advice nurses can speak with you. Our advice nurses are registered nurses (RNs) specially trained to help assess medical symptoms and provide advice over the phone, when medically appropriate. They can often answer questions about a minor concern or advise you about what to do next, including making an appointment for you if appropriate.

Note: The procedure for receiving reimbursement for out-of-Plan urgent care Services is described in the "Appeals and Complaints" section regarding "Post-Service Claims and Appeals."

Note: As part of an urgent care episode, Medically Necessary DME and prosthetics and orthotics following Stabilization will be covered if authorized by Health Plan.

L. Family Planning and Sterilization Services

We cover the following:
1. Family planning counseling. This includes counseling and information on birth control.
2. Tubal ligations.
3. Vasectomies.
4. Interruption of pregnancy (abortion). These Services are provided at no Charge.

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Note: Diagnostic procedures are covered, but not under this section (see "X-ray, Laboratory, and Advanced Imaging Procedures"). Contraceptive drugs and devices are not covered under this section (see "Prescription Drugs, Supplies, and Supplements").

M. Gender Affirming Health Services

We cover gender affirming health Services when Medically Necessary to treat gender dysphoria or gender identity disorder. Health Plan will not deny, exclude, or otherwise limit coverage for medically necessary services, in accordance with generally accepted professional standards of care, based upon your sexual orientation or gender identity. Prior Authorization may be required. You must meet Utilization Management Program Criteria to be eligible for coverage.

1. Coverage

   Non-surgical Services:
   a. Office visits and mental health visits.
   b. Laboratory Services and X-ray Services.
   c. Hormone therapy visits and administration.
   d. Facial and body hair removal (assigned male at birth).
   e. Outpatient prescription drugs.
   f. Inpatient and outpatient hospital care.
   g. Treatment for complications of surgery.
   h. Voice therapy lessons.
   i. Preventive Health Services.

   Surgical Services:
   a. Pre-surgical and post-surgical consultations with surgeon.
   b. Gender affirmation surgeries including:
      i. **Assigned female at birth**: hysterectomy; ovariectomy/oophorectomy; metoidioplasty; phalloplasty; vaginectomy; scrotoplasty; implantation of erectile and/or testicular prosthesis; urethral extension; simple/total mastectomy; partial mastectomy; modified radical mastectomy; radical mastectomy; subcutaneous mastectomy (for creation of male chest); breast/chest augmentation, reduction, construction; breast reduction (reduction mammoplasty); salpingectomy; vulvectomy; trachelectomy; penis/perineum reconstruction; liposuction; lipofilling; nipple reconstruction following mastectomy; urethroplasty; voice modification surgery; pectoral implants; calf implants and Medically Necessary cosmetic surgeries.
      ii. **Assigned male at birth**: penectomy; vaginoplasty (includes vaginal dilator); clitoroplasty; labiaplasty; orchiectomy; breast/chest augmentation mammoplasty, reduction, and construction;; blepharoplasty (eye and lid modification); face/forehead and/or neck tightening; facial bone remodeling for facial feminization; facial feminization surgery; genioplasty (chin width reduction); rhytidectomy (cheek, chin, and neck); cheek, chin, nose implants; lip lift/augmentation; mandibular angle augmentation/creation/reduction (jaw); orbital recontouring; rhinoplasty (nose reshaping); vulvoplasty; urethroplasty; vaginal/perineum reconstruction; liposuction; lipofilling; prostatectomy; breast/chest implants/lipofillings; voice modification surgery; thyroid cartilage reduction/reduction thyrochondroplasty; gluteal augmentation (implants/lipofilling); hair reconstruction.
   c. Inpatient and outpatient hospital care.
   d. Treatment for complications of surgery.

   You pay the applicable Copayment, Coinsurance, and/or Deductible shown in the "Schedule of Benefits (Who Pays What)." For example, see "Hospital Inpatient Care" in the "Schedule of Benefits (Who Pays What)" for the Copayment, Coinsurance, and/or Deductible that apply to hospital inpatient care.

2. Gender Affirming Health Services Exclusions
   a. Any gender affirming health Service that is not Medically Necessary.
   b. Permanent hair implantation.
   c. Any and all Services, procedures, supplies, office administered drugs, and prescription drugs received from the pharmacy related to the procurement, transfer, and/or storage (including cryopreservation) of semen, sperm eggs, reproductive materials, and/or embryos.

N. Health Education Services

We provide health education appointments to support understanding of chronic diseases such as diabetes and hypertension. We also teach self-care on topics such as stress management and nutrition.

O. Hearing Services

1. Members up to Age 18
   a. Hearing Exams and Tests

      We cover hearing exams and tests to determine the need for hearing correction.

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b. For Minor Children with a Verified Hearing Loss
Coverage shall also include:
i. Initial hearing aids and replacement hearing aids not more frequently than every five (5) years;
ii. A new hearing aid when alterations to the existing hearing aid cannot adequately meet the needs of the child; and
iii. Services and supplies including, but not limited to: the initial assessment; fitting; adjustments; and auditory training that is provided according to accepted professional standards.

2. Members Age 18 Years and Over
a. Coverage
We cover hearing exams and tests to determine the need for hearing correction.

b. Hearing Services Exclusions
i. Tests to determine an appropriate hearing aid model.
ii. Hearing aids and tests to determine their usefulness.
iii. Services relating to fitting and adjustment of hearing aids.

P. Home Health Care

1. Coverage
We cover skilled nursing care, home infusion therapy, physical therapy, occupational therapy, speech therapy, home health aide Services, and medical social Services:
a. only on an Intermittent Care basis (as described below); and
b. only within our Service Area; and
c. only to an eligible Member when ordered by a Plan Provider. Care must be provided under a home health care plan established by the Plan Provider and the approved home health services provider; and
d. only if a Plan Provider determines that it is feasible to maintain effective supervision and control of your care in your home.

Intermittent Care basis means skilled nursing, therapy, social work, and home health aide Services, that are not custodial, and require a skilled professional, and are provided less than 8 hours (combined) each day and 28 or fewer hours each week.

Note: Services that are performed in the home, but that do not meet the Home Health Care requirements above, will be covered at the applicable Copayment or Coinsurance and limits for the Service performed (i.e., urgent care, physical, occupational, and/or speech therapy). See the "Schedule of Benefits (Who Pays What)."

Note: X-ray, laboratory, and advanced imaging procedures are not covered under this section. See "X-ray, Laboratory, and Advanced Imaging Procedures."

2. Home Health Care Exclusions
a. Custodial care. Custodial care is care that helps with activities of daily living (like bathing, dressing, using the bathroom, and eating) or personal needs that could be done safely and reasonably without professional skills or training.
b. Homemaker Services.
c. Services that Health Plan determines may be appropriately provided in a Plan Facility or Skilled Nursing Facility, if we offer to provide that care in one of these facilities.

Q. Hospice Special Services and Hospice Care

1. Hospice Special Services
If you have been diagnosed with a life limiting illness with a life expectancy of 24 months or less, but are not yet ready to elect hospice care, you are eligible for Hospice Special Services. Coverage of hospice care is described below.

Hospice Special Services give you and your family time to become more familiar with hospice-type Services and to decide what is best for you. It helps you bridge the gap between your diagnosis and preparing for the end of life.

The difference between Hospice Special Services and regular Home Health Care visiting nurse visits is that: you may or may not be homebound or have skilled nursing care needs; or you may only require spiritual or emotional care. Services available through this program are provided by professionals with specific training in end-of-life issues.

2. Hospice Care
We cover hospice care for terminally ill Members inside our Service Area. If a Plan Provider diagnoses you with a terminal illness and determines that your life expectancy is six (6) months or less, you can choose hospice care instead of traditional Services otherwise provided for your illness.

If you elect to receive hospice care, you will not receive **additional** benefits for the terminal illness. However, you can continue to receive Health Plan benefits for conditions other than the terminal illness.

We cover the following Services and other benefits when: (1) prescribed by a Plan Provider and the hospice care team; and (2) received from a licensed hospice approved, in writing, by Health Plan:

a. Physician care.

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b. Nursing care.
c. Physical, occupational, speech, and respiratory therapy.
d. Medical social Services.
e. Home health aide and homemaker Services.
f. Medical supplies, drugs, biologicals, and appliances.
g. Palliative drugs in accordance with our drug formulary guidelines.
h. Short-term inpatient care, including respite care and care for pain control, acute and chronic pain management.
i. Counseling and bereavement Services.
j. Services of volunteers.

R. Mental Health Services

1. Coverage

We cover mental health Services as shown below. Mental health includes but is not limited to biologically based illnesses or disorders.

a. Outpatient Therapy
   i. We cover individual office visits and group office visits. Psychological testing as part of diagnostic evaluation is covered.
   ii. We cover partial hospitalization and intensive outpatient therapy.
   iii. We cover visits for the purpose of monitoring drug therapy.

b. Inpatient Services

We cover psychiatric hospitalization in a hospital or Residential Treatment Center designated by Health Plan. Hospital Services for psychiatric conditions include all Services of Plan Providers and mental health professionals and the following Services and supplies as prescribed by a Plan Provider while you are a registered bed patient: room and board; psychiatric nursing care; group therapy; electroconvulsive therapy; occupational therapy; drug therapy; and medical supplies.

c. Medication-Assisted Treatment (MAT)

A combination of behavioral therapies and medications approved by the FDA to treat substance use disorders (SUD). This coverage includes services provided by Opioid Treatment Programs (OTPs) for methadone administration and maintenance for the treatment of opioid use disorder (OUD).

d. Body Mass Index (BMI) or Ideal Body Weight (IBW)

The use of Body Mass Index (BMI) or Ideal Body Weight (IBW) or any other standard requiring an achieved weight will not be utilized to determine medical necessity or level of care appropriateness of the treatment of eating disorders, including but not limited to bulimia nervosa, atypical anorexia nervosa, binge-eating disorder, avoidant restrictive food intake disorder, and other specified feeding and eating disorders as defined in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders.

BMI or IBW will not be a determining factor when assessing medical necessity or level of care appropriateness for treatment of anorexia nervosa, restricting subtype, or binge-eating/purging subtype as defined in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders.

We cover mental health Services, whether they are voluntary or are court-ordered, when they are Medically Necessary and otherwise covered under the plan, and when rendered by a Plan Provider. We do not cover court-ordered treatment that exceeds the scope of coverage of this health benefit plan.

We will not deny coverage for intentionally self-inflicted injuries, including attempted suicide.

2. Mental Health Services Exclusions
   a. Evaluations for any purpose other than mental health treatment. This includes evaluations for: child custody; disability; or fitness for duty/return to work, unless Medically Necessary.
   b. Custodial Care, as defined in "Exclusions" under "Limitations/Exclusions (What is Not Covered)."

S. Out-of-Area Benefit

A limited benefit is available to Dependents, up to the age of 26, receiving care outside any Kaiser regional health plan service area.

1. Coverage

The Out-of-Area Benefit is limited to certain office visits; diagnostic X-rays; physical, occupational, and speech therapy; and prescription drug fills as covered under this Membership Agreement:

a. Office visit exam limited to:
   i. Primary care visit.
   ii. Specialty care visit.
   iii. Preventive care visit.

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iv. Gynecology care visit.
v. Hearing exam.
vi. Mental health visit.
vii. Substance use disorder visit.
viii. The administration of allergy injections.
ix. Prevention immunizations pursuant to the schedule established by the Advisory Committee on Immunization Practices (ACIP).

b. Diagnostic X-rays.

c. Physical, occupational, and speech therapy visits.

d. Prescription drug fills.

See the "Schedule of Benefits (Who Pays What)" for more details.

2. Out-of-Area Benefit Exclusions and Limitations
The Out-of-Area Benefit does not include the following Services:
a. Other Services provided during a covered office visit such as, but **not limited** to: procedures; laboratory tests; and office administered drugs and devices, except for allergy injections and prevention immunizations as listed in the "Coverage" section of this benefit.
b. Services received outside the United States.
c. Transplant Services.
d. Services covered outside the Service Area under another section of this Membership Agreement (e.g., Emergency Services and Urgent Care).
e. Allergy evaluation; routine prenatal and postpartum visits; chiropractic care; acupuncture services; applied behavior analysis (ABA); pediatric dental services; hearing tests; hearing aids; home health visits; hospice services; and travel immunizations.
f. Breast cancer screening and/or imaging.
g. Ultrasounds.
h. Advanced imaging procedures, including but not limited to: CT; PET; MRI; nuclear medicine.
i. Any and all Services not listed in the "Coverage" section of this benefit.

T. Pediatric Dental Services

We cover certain dental Services for Members through Delta Dental of Colorado. The dental coverage is part of your medical plan. It is provided only up to the end of the month the Member turns age 19. Members can receive any of the procedures listed in the "Schedule of Benefits (Who Pays What)" during the Accumulation Period.

You are responsible to pay the Deductible and any Coinsurance under this benefit. Your Accumulation Period dollar maximum benefit is unlimited. However, this benefit is subject to the frequencies and limitations shown in the "Schedule of Benefits (Who Pays What)."

This benefit is provided only if you visit a Delta Dental PPO dentist. If you receive treatment from a non-PPO dentist, you will not receive benefits and you will be responsible for all fees charged by the non-PPO dentist.

How to Find a Dentist:
There are two (2) easy ways that you can find out if your dentist is a **PPO participating dentist** with Delta Dental.

1. **Website:** You may log onto the Delta Dental web page at deltadentalco.com and use the Find a Dentist feature. This feature allows you to search by city and state or zip code and provides a listing of dentists in your area.

2. **Integrated Voice Response (IVR)**: Delta Dental's IVR allows you to call and request a listing of dentists in your area and receive it by mail or fax. Call 1-800-610-0201 and follow the prompts.

If you have questions about this dental coverage, please call Delta Dental's **Customer Relations** at 303-741-3905

or 1-800-610-0201 (toll free), Monday-Friday, 8 a.m. to 6 p.m.

U. Physical, Occupational, and Speech Therapy and Inpatient Rehabilitation Services

1. Coverage
a. Hospital Inpatient Care, Care in a Skilled Nursing Facility and Home Health Care
We cover physical, occupational, and speech therapy as part of your Hospital Inpatient Care, Skilled Nursing Facility and Home Health Care benefit. Therapies that are performed in the home, but that do not meet the Home Health Care requirements, will be covered at the applicable Copayment or Coinsurance and limits for the therapy performed (i.e., physical, occupational, and/or speech). See the "Schedule of Benefits (Who Pays What)."

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b. Outpatient Care (Rehabilitative and Habilitative)
We cover three (3) types of outpatient therapy (i.e., physical, occupational, and speech therapy) in a Plan Facility or other location approved by Health Plan, to improve or develop skills or functioning due to medical deficits, illness or injury.

c. Inpatient Rehabilitation Services
We will cover treatment while you are in a designated inpatient rehabilitation facility. See the "Schedule of Benefits (Who Pays What)."

d. Cardiac Rehabilitation
Treatment in a cardiac rehabilitation program is provided if prescribed or recommended by a Plan Provider and provided by therapists at designated facilities.

e. Pulmonary Rehabilitation
Treatment in a pulmonary rehabilitation program is provided if prescribed or recommended by a Plan Provider and provided by therapists at designated facilities.

f. Therapies for Congenital Defects and Birth Abnormalities
After the first 31 days of life, the limitations and exclusions applicable to this Membership Agreement apply, except that Medically Necessary physical, occupational, and speech therapy for the care and treatment of congenital defects and birth abnormalities for covered children from age three (3) to age six (6) shall be provided. The benefit level shall be 20 therapy visits per Accumulation Period for each physical, occupational, and speech therapy. Such visits shall be distributed as Medically Necessary throughout the Accumulation Period without regard to whether the condition is acute or chronic and without regard to whether the purpose of the therapy is to maintain or improve functional capacity.

Note 1: This benefit is also available for eligible children under the age of three (3) who are not participating in Early Intervention Services.

Note 2: The visit limit for therapy to treat congenital defects and birth abnormalities is not applicable if such therapy is Medically Necessary to treat autism spectrum disorders.

g. Therapies for the Treatment of Autism Spectrum Disorders
For the treatment of Autism Spectrum Disorders when prescribed by a Plan Provider and Medically Necessary, we cover:
i. Outpatient physical, occupational, and speech therapy in a Kaiser Permanente Medical Office Building or Plan Facility. See the "Schedule of Benefits (Who Pays What)."
ii. Applied behavior analysis, including consultations, direct care, supervision, or treatment, or any combination thereof by autism services providers.

Note: Visit limits for physical therapy, occupational therapy, and speech therapy do not apply to therapies that are Medically Necessary to treat Autism Spectrum Disorder.

2. Limitations
Occupational therapy is limited to treatment to achieve improved self-care and other customary activities of daily living.

3. Physical, Occupational, and Speech Therapy and Inpatient Rehabilitation Services Exclusions
a. Long-term rehabilitation, not including treatment for autism spectrum disorders.
b. Speech therapy that is not Medically Necessary, such as: (i) therapy for educational placement or other educational purposes; or (ii) training or therapy to improve articulation in the absence of injury, illness, or medical condition affecting articulation; or (iii) therapy for tongue thrust in the absence of swallowing problems.

V. Prescription Drugs, Supplies, and Supplements

We use a drug formulary. A drug formulary includes the list of prescription drugs (including Biologics and Biosimilars) that have been approved by our formulary committee for our Members. Our committee is comprised of physicians, pharmacists, and a nurse practitioner. This committee selects prescription drugs for our drug formulary based on several factors, including safety and effectiveness as determined from a review of medical literature and research. The committee meets regularly to consider adding and removing prescription drugs on the drug formulary. If you would like information about whether a drug is included in our drug formulary, please call **Member Services**.

The formulary may change throughout the year. If a change is made to the formulary during the current plan year, we will send notification to you 60 days prior to the effective date of the change.

"Preferred" when used in this Membership Agreement, refers to drugs that are included in the Health Plan Drug Formulary. The term "non-preferred" refers to drugs that are not included in the Health Plan Drug Formulary.

Note: As specified in § 10-16-161, C.R.S., effective for all health benefit plans issued or renewed on or after January 1,2025, all carriers shall include any amount paid by the covered person and/or by another person on behalf of the covered person for a prescription drug when calculating the covered person's overall contribution to an out-of-pocket maximum or cost-sharing requirement.

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Please refer to the "Schedule of Benefits (Who Pays What)" in this booklet for the specific Copayments, Coinsurance, Deductible and supply limits that apply to the covered prescription drugs described below. If your prescription drug has a Copayment shown in the "Schedule of Benefits (Who Pays What)" and it exceeds the Charges for your prescribed medication, then you pay Charges for the medication instead of the Copayment. The drug formulary, discussed above, also applies.

For outpatient prescription drugs and/or items that are covered under the "Prescription Drugs, Supplies, and Supplements" section and obtained at a pharmacy owned and operated by Health Plan, you may be able to use approved manufacturer coupons as payment for the Copayment, Coinsurance, and/or Deductible that you owe, as allowed under Health Plan's coupon program. You will owe any additional amount if the coupon does not cover the entire Copayment, Coinsurance, and/or Deductible for your prescription. When you use an approved coupon for payment of the Copayment, Coinsurance, and/or Deductible, the coupon amount and any additional payment that you make will accumulate to the Out-of-Pocket Maximum. Certain health plan coverages are not eligible for coupons. You can get more information about the Kaiser Permanente coupon program rules and limitations at **kp.org/rxcoupons**.

1. Coverage

   Prescribed covered drugs are provided at the applicable prescription drug Copayment or Coinsurance for each tier of drug coverage. This may include: a tier for zero cost share preventive drugs; a tier for preferred generic drugs; a tier for preferred brand-name drugs or medications not having a generic or a generic equivalent; a tier for prescribed non-preferred drugs authorized through the non-preferred drug process; and a tier for certain specialty drugs.

   Note: Some specialty drugs are available in other tiers. To learn more, please visit our website at **kp.org/formulary**.

   a. Outpatient Prescription Drugs

      The following drugs are available only when prescribed by a Plan Provider, provider to whom a Member has been referred by a Plan Provider, or dentist (when prescribed for acute conditions), and obtained at Plan Pharmacies:

      i. Drugs for which a prescription is required by law.
      ii. Insulin. You are not responsible for more than $100 per thirty-day supply of all covered prescription insulin drugs.
      iii. Off-label use of cancer drugs.
      iv. Renewal of prescription eye drops and one additional bottle of prescription eye drops in accordance with state law.
      v. A five-day supply of an FDA-approved drug for the treatment of opioid dependence without prior authorization, except that the drug supply is limited to a first request within a 12-month period.
      vi. Compounded medications. **Note:** Compounded medications must be obtained from the pharmacy that is designated by Health Plan. Refills of compounded medications cannot be ordered on **kp.org**, by mail order, or through the automated refill line. Please call **303-764-4900** (TTY **711**) and press "0" to speak to the pharmacy staff for assistance.
      vii. Oral anti-cancer medications.
      viii. Epinephrine Auto-Injectors. You are not responsible for more than $60 for all prescription two-pack epinephrine auto-injectors.

      The amount covered will be the lesser of the quantity prescribed or the day supply limit. Any amount you receive that exceeds the day supply limit will not be covered. If you receive more than the day supply limit, you will be charged as a non-Member for any prescribed amount exceeding the limit. For some drugs, you can get up to a 90-day supply when you fill your prescription at a pharmacy inside a Kaiser Permanente Medical Office Building. Your normal Copayment or Coinsurance will apply for each supply limit you receive, as shown in the "Schedule of Benefits (Who Pays What)." If your prescription drug has a Copayment, you may pay less if you get a 90-day supply from our mail-order pharmacy.

      Certain drugs have a significant potential for waste and diversion. Those drugs will be provided for up to a 30-day supply. Each prescription refill is provided on the same basis as the original prescription. Health Plan may, in its sole discretion, establish quantity limits for specific prescription drugs.

      Generic drugs that are available in the United States only from a single manufacturer and not listed as generic in the current commercially available drug database(s) to which Health Plan subscribes are provided at the brand-name Copayment or Coinsurance. The amount covered will be the lesser of the quantity prescribed or the day supply limit.

      Plan Pharmacies may substitute a generic equivalent for a brand-name drug unless prohibited by the Plan Provider. If you request a brand-name drug when a generic equivalent drug is the preferred product, you must pay the brand-name Copayment or Coinsurance, plus any difference in price between the preferred generic equivalent drug prescribed or authorized by the Plan Provider and the requested brand-name drug. If the brand-name drug is prescribed and authorized by the Plan due to Medical Necessity, you pay the applicable Copayment or Coinsurance.

   b. Contraceptive drugs and devices

      We cover:

      i. Prescription contraceptives intended to last:
         A. for a three-month period the first time the prescription contraceptive is dispensed to the covered person; and
         B. for a twelve-month period or through the end of the covered person's coverage under the policy, contract, or plan, whichever is shorter, for any subsequent dispensing of the same prescription contraceptive to the covered person,

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regardless of whether the covered person was enrolled in the policy, contract, or plan at the time the prescription contraceptive was first dispensed; or

ii. A prescribed vaginal contraceptive ring intended to last for a three-month period.

iii. We cover all FDA-approved, cleared, or granted exception, including the eighteen (18) forms of emergency and preventive contraception approved by the FDA, and included in the Health Resources and Services Administration (HRSA) Women's Preventive Services Guidelines, at no-cost to plan enrollees. These include: tubal ligation, various intrauterine devices (IUDs), implants, shots, oral contraceptives (sometimes known as "the pill"), patches, vaginal rings, diaphragms, sponges, cervical caps, female condoms, spermicide, and emergency contraceptives (sometimes known as "Plan B"). The no-cost coverage also includes contraceptive counseling, initiation of contraceptive use, and follow-up care (e.g., office visits, management, evaluation, associated laboratory testing, as well as changes to and removal or discontinuation of the contraceptive method). Over the counter and emergency contraception is also covered at no-cost, with or without a prescription.

We cover twelve (12) months of a contraceptive at one time.

While We may utilize certain medical management techniques to prioritize coverage of one medication or item in the same category, these techniques cannot create unreasonable delay and no plan enrollees will be subject to any of the following: Denials of coverage for all or a particular brand name of contraceptives, fail-first or step therapy requirements, or age limitations on coverage.

If you require a different type of contraception, We will cover, without cost to the enrollee, any necessary contraceptive service or item, and the Company will defer to your provider's determination. We have an exceptions process to request a different type of contraception that is easily accessible, transparent, sufficiently expedient, and not unduly burdensome on You or your provider. More information about the exceptions process can be found here: **kp.org/co/medicationexception**

Note: Vasectomies and tubal ligations are not covered under this section. Please refer to "Family Planning and Sterilization Services" in your "Schedule of Benefits (Who Pays What)."

For Copayment or Coinsurance information related to contraceptive drugs and certain devices, please refer to your "Schedule of Benefits (Who Pays What)."

c. Prescriptions by Mail

If requested, refills of maintenance drugs will be mailed through Kaiser Permanente's mail-order prescription service by First-Class U.S. Mail with no charge for postage and handling. We cannot mail prescription drugs to some states. Refills of maintenance drugs prescribed by Plan Providers may be obtained for up to the day supply by mail order, at the applicable Copayment or Coinsurance. Maintenance drugs are determined by Health Plan. Certain drugs and supplies may not be available through our mail-order service, for example, drugs that require special handling or refrigeration, have a significant potential for waste or diversion, or are high cost. Drugs and supplies available through our mail-order prescription service are subject to change at any time without notice. For information regarding our mail-order prescription service and specialty drugs not available by mail order, please call **Member Services**.

d. Specialty Drugs

Prescribed specialty drugs, such as self-administered injectable drugs, are provided at the applicable drug Copayment or Coinsurance up to the maximum amount per drug dispensed.

e. Food Supplements

We cover prescribed amino acid modified products used in the treatment of congenital errors of amino acid metabolism and severe protein allergic conditions, elemental enteral nutrition, and parenteral nutrition. Food products for enteral feedings are not covered.

f. Diabetic Supplies and Accessories

Diabetic supplies, when obtained at Plan Pharmacies or from sources designated by Health Plan, will be provided. Such items include, but may not be limited to:

i. home glucose monitoring supplies;
ii. disposable syringes for the administration of insulin;
iii. glucose test strips;
iv. acetone test tablets; and
v. nitrate screening test strips for pediatric patient home use.

g. Substance Use Disorder (SUD)

Prior authorization or step therapy is not required or applied to any FDA-approved prescription drug listed on our formulary for the treatment of SUD, defined as alcohol use disorder, opioid use disorder, opioid reversal agents, and nicotine dependence. At least one FDA approved medication for the treatment of each defined SUD is available on the lowest tier of the formulary.

h. Mental Health

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For the treatment of serious mental illness (SMI), when step therapy is mandated, a covered individual is required to try only one (1) alternative prescription drug before receiving coverage for the medication prescribed by their healthcare provider. SMI, as defined by the American Psychiatric Association in the latest Diagnostic and Statistical Manual of Mental Disorders, includes the following:

i. Bipolar disorders (hypomanic, manic, depressive, and mixed);
ii. Depression in childhood and adolescence;
iii. Major depressive disorders (single episode or recurrent);
iv Obsessive-compulsive disorders;
v. Paranoid and other psychotic disorders;
vi. Schizoaffective disorders (bipolar or depressive); and
vii. Schizophrenia.

2. Limitations

a. Adult and pediatric immunizations are limited to those that are not experimental, are medically indicated and are consistent with accepted medical practice. If you experience a severe adverse reaction from a covered countermeasure, please visit **hrsa.gov/cicp**.

b. Some drugs may require prior authorization. You do not need prior authorization for any FDA-approved prescription drug listed on our formulary for the treatment of substance use disorder, including alcohol use disorder, opioid use disorder, and tobacco use disorder. At least one FDA approved medication for the treatment of each DSM-5 defined SUD condition is available on the lowest-cost tier of the formulary. You do not need prior authorization for FDA-approved HIV infection prevention drugs, or for FDA-approved HIV treatment drugs. FDA approved HIV infection prevention drugs not listed on our formulary will not need prior authorization when prescired or dispensed by a pharmacist.

c. We may apply Step Therapy to certain drugs with some exceptions. The exceptions are:
   i. FDA approved drugs listed on our formulary for the treatment of substance use disorders defined as alcohol use disorder, opioid use disorder, opioid reversal agents, and nicotine dependence;
   ii. Stage four advanced metastatic cancer drugs;
   iii. FDA-approved drugs listed on our formulary for HIV infection prevention;
   iv. FDA-approved drugs listed on our formulary HIV infection treatment;
   v. FDA-approved drugs not listed on our formulary for HIV infection prevention when prescribed or dispensed by a pharmacist.

   You or your Plan Provider may request a Step Therapy exception if you previously tried a drug and your use of the drug was discontinued due to lack of efficacy or effectiveness, diminished effect, or an adverse event.

d. Coverage determinations for the off-label use of medications will be consistent with Medicare compendia, and coverage determinations for the off-label use of oncologic agents will be consistent with the Medicare Improvements for Patients and Providers Act (MIPPA) of 2008.

3. Prescription Drugs, Supplies, and Supplements Exclusions

a. Drugs for which a prescription is not required by law, except for those listed in the "Schedule of Benefits (Who Pays What)."
b. Disposable supplies for home use such as: bandages; gauze; tape; antiseptics; dressings; and ace-type bandages.
c. Drugs or injections for treatment of sexual dysfunction.
d. Any packaging except the dispensing pharmacy's standard packaging.
e. Replacement of prescription drugs for any reason. This includes spilled, lost, damaged, or stolen prescriptions.
f. Prescription drugs received from the pharmacy for infertility Services.
g. Drugs to shorten the length of the common cold.
h. Drugs to enhance athletic performance.
i. Certain drugs determined excluded by the KPCO Pharmacy and Therapeutics Committee.
j. Drugs for the treatment of weight control.
k. Drugs available over the counter and by prescription for the same strength except as required and defined under the Patient Protection and Affordable Care Act.
l. Unless approved by Health Plan, drugs not approved by the FDA.
m. Non-preferred drugs, except those prescribed and authorized through the non-preferred drug process.
n. Prescription drugs necessary for Services excluded under this Membership Agreement.
o. Drugs administered during a medical office visit. See "Office Services."
p. Medical Foods and Medical Devices. See "Durable Medical Equipment (DME) and Prosthetics and Orthotics."
q. Continuous Glucose Monitors. See "Durable Medical Equipment (DME) and Prosthetics and Orthotics."

4. Non-Formulary Drug Exception Process

You, your designee, or your Plan Provider may request access to clinically appropriate drugs not otherwise covered by Health Plan (non-formulary drugs) through a special exception process. We will make a coverage determination within 72 hours of receipt for standard requests and within 24 hours of receipt for expedited requests. As long as you are an active Member and

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the exception request is granted, Health Plan will provide coverage of the non-formulary drug for the duration of the prescription. If the exception request is denied, you, your designee, or your Plan Provider may request an external review of the decision by an independent review organization. For additional information about the prescription drug exception processes for non-formulary drugs, please contact **Member Services**.

W. Preventive Care Services

We cover certain preventive care Services that do one or more of the following:

1. Protect against disease;
2. Promote health; and/or
3. Detect disease in its earliest stages before noticeable symptoms develop.

Preventive care services, as defined under the Patient Protection and Affordable Care Act, are provided at no charge including those shown in the "Schedule of Benefits (Who Pays What)" when prescribed by a Plan Provider. Please contact **Member Services** for a complete list of covered preventive Services.

Note: Preventive Services may help you stay healthy. If you have symptoms, you may need other care, such as diagnostic or treatment Services. If you receive any other covered Services before, during, or after a preventive care visit, you may pay the applicable Deductible, Copayment, and Coinsurance for those Services. For example:

- You schedule a routine physical maintenance exam. During your preventive exam, your provider finds a problem with your health and orders non-preventive Services to diagnose your problem (such as laboratory or radiology tests). You may pay the applicable Deductible, Copayment, or Coinsurance for these additional diagnostic Services.
- You schedule a routine preventive exam. Your provider orders laboratory tests that are not preventive care Services according to the guidelines below. You may pay the applicable Deductible, Copayment, or Coinsurance for these additional non-preventive Services.
- You schedule a routine well-person exam. During your exam, you discuss new symptoms with your provider, or new health concerns are discovered. You may pay the applicable Deductible, Copayment, or Coinsurance for this visit.

Coverage includes, but is not limited to, preventive health care Services for the following in accordance with: the A or B recommendations of the U.S. Preventive Services Task Force; the Health Resources and Services Administration women's preventive services guidelines; and those preventive services mandates required by state law, for the particular preventive health care Service:

1. Office visits for preventive care Services.
2. Mental health wellness examination.
3. Alcohol misuse screening and behavioral counseling interventions for adults by your primary care provider.
4. Cervical cancer screening
5. Breast cancer screening in accordance with state law. Additional breast imaging that is performed, either for diagnostic or supplemental purposes for members with high lifetime risk or high breast density, when recommended by your provider and within appropriate use guidelines. These Services are provided at no Charge.
6. Cholesterol screening.
7. Blood pressure screening.
8. Colorectal cancer screening, including for covered persons who have a family medical history for colorectal cancer, a prior occurrence of cancer or precursor neoplastic polyps; a prior occurrence of a chronic digestive disease condition such as inflammatory bowel disease, Crohn's disease, or ulcerative colitis; or other predisposing factors as determined by the provider.
9. Immunizations pursuant to the schedule established by the ACIP.
10. Tobacco use screening, counseling, cessation attempt services, FDA-approved tobacco cessation medications, and the Colorado QuitLine.
11. Type 2 diabetes screening for adults with high blood pressure.
12. Diet counseling for adults with hyperlipidemia and at higher risk for cardiovascular and diet-related chronic disease.
13. Prostate cancer screening.
14. Cervical cancer vaccines.
15. Influenza and pneumococcal vaccinations.
16. Approved Affordable Care Act contraceptive categories.

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17. HIV pre-exposure prophylaxis (PrEP), including baseline and monitoring services consistent with USPSTF recommendations, for federal Food and Drug Administration (FDA)-approved medications without copayment, coinsurance, or other cost-sharing.

    FDA approved HIV PrEP medications listed on our formulary are not subject to step therapy or prior authorization requirements. Non-formulary FDA approved HIV PrEP medications are not subject to step-therapy or prior authorization when prescribed or dispensed by a pharmacist. Requests from a non-pharmacist for FDA-approved non-formulary HIV PrEP medications shall be processed on an urgent basis within 24 hours of receipt.

"ACIP" means the Advisory Committee on Immunization Practices to the Centers for Disease Control and Prevention in the federal Department of Health and Human Services, or any successor entity. Go to **cdc.gov/vaccines/acip/**.
For a list of preventive services that have a rating of A or B from the U.S. Preventive Services Task Force go to **uspreventiveservicestaskforce.org/uspstf/recommendation-topics/uspstf-and-b-recommendations**. For the Health Resources and Services Administration women's preventive services guidelines go to **hrsa.gov/womensguidelines/**.

X. Reconstructive Surgery

1. Coverage

   We cover reconstructive surgery when it: (a) will correct significant disfigurement resulting from an injury or Medically Necessary surgery; or (b) will correct a congenital defect, disease or anomaly to produce major improvement in physical function; or (c) will treat congenital hemangioma and port wine stains. Following Medically Necessary removal of all or part of a breast, we also cover reconstruction of the breast, surgery and reconstruction of the other breast to produce a symmetrical appearance, and treatment of physical complications, including lymphedemas. An Authorization is required for all types of reconstructive surgeries.

2. Reconstructive Surgery Exclusions

   Plastic surgery or other cosmetic Services and supplies primarily to change your appearance. This includes cosmetic surgery related to bariatric surgery.

Y. Reproductive Support Services

1. Coverage

   We cover Services for diagnosis and treatment of involuntary infertility due to a medical condition and for Members who are unable to reproduce due to factors associated with their partner or lack of a partner. The following Services are covered as shown in the "Schedule of Benefits (Who Pays What)":
   a. Office visits, X-ray and laboratory tests.
   b. Intrauterine insemination (IUI).
   c. Office administered drugs supplied and used during an office visit for IUI.

2. Limitations
   a. IUI coverage is limited to a maximum of three (3) treatment cycles during the entire period you are enrolled in this plan.
   b. Services are covered only for the person who is the Member.

3. Reproductive Support Services Exclusions

   These exclusions apply to fertile as well as infertile individuals or couples.
   a. Any and all Services to reverse voluntary, surgically induced infertility.
   b. Acupuncture for the treatment of infertility.
   c. Any and all Services related to the procurement and/or storage of donor sperm, eggs, or embryos.
   d. Any and all Services, supplies, office administered drugs, and prescription drugs received from the pharmacy related to the procurement, transfer, and/or storage of semen, sperm, eggs, reproductive materials, and/or embryos, except as listed in the "Coverage" section of this benefit.
   e. Prescription drugs received from the pharmacy for reproductive support Services.
   f. Any and all Services, supplies, office administered drugs, and prescription drugs received from the pharmacy that are related to conception by artificial means, except as listed in the "Coverage" section of this benefit.

Z. Skilled Nursing Facility Care

1. Coverage

   We cover up to 100 days per Accumulation Period of skilled inpatient Services in a licensed Skilled Nursing Facility. Prior Authorization is required for all Skilled Nursing Facility admissions. The skilled inpatient Services must be those usually provided by Skilled Nursing Facilities. A prior three-day stay in an acute care hospital is not required. We cover the following Services:
   a. Room and board.
   b. Nursing care.
   c. Medical and biological supplies.
   d. Medical social Services.
   e. Blood, blood products and their administration.

   A Skilled Nursing Facility is an institution that: provides skilled nursing or skilled rehabilitation Services, or both; provides Services on a daily basis 24 hours a day; is licensed under applicable state law; and is approved in writing by Health Plan.

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Note: The following are covered, but not under this section: drugs, see "Prescription Drugs, Supplies, and Supplements"; DME and prosthetics and orthotics, see "Durable Medical Equipment (DME) and Prosthetics and Orthotics"; X-ray, laboratory, and advanced imaging procedures, see "X-ray, Laboratory, and Advanced Imaging Procedures."

2. Skilled Nursing Facility Care Exclusion
   Custodial Care, as defined in "Exclusions" under "Limitations/Exclusions (What is Not Covered)."

AA. Substance Use Disorder Services

1. Inpatient Medical and Hospital Services
   We cover Services for the medical management of withdrawal symptoms. Detoxification is the process of removing toxic substances from the body.

2. Residential Rehabilitation
   The determination of the need for Services of a residential rehabilitation program and referral to such a facility or program is made by or under the supervision of a Plan Provider.

   We cover inpatient Services in a residential rehabilitation program authorized by Health Plan for the treatment of alcoholism, drug abuse, or drug addiction.

3. Outpatient Services
   a. We cover individual office visits and group office visits.
   b. We cover partial hospitalization and intensive outpatient therapy.
   c. We cover visits for the purpose of monitoring drug therapy.
   d. We cover substance use disorder Services intended to reduce, eliminate, or avoid the use of opioids for persons with chronic pain conditions. Coverage includes up to six visits for each of the following: Acupuncture Services, Chiropractic care, Physical therapy, and Occupational therapy.

4. Medication-Assisted Treatment (MAT)
   A combination of behavioral therapies and medications approved by the FDA to treat substance use disorders (SUD). This coverage includes services provided by Opioid Treatment Programs (OTPs) for methadone administration and maintenance for the treatment of opioid use disorder (OUD).

We cover substance use disorder Services, whether they are voluntary or are court-ordered as a result of contact with the criminal justice or legal system, when they are Medically Necessary and otherwise covered under the plan, and when rendered by a Plan Provider. We do not cover court-ordered treatment that exceeds the scope of coverage of this health benefit plan.

Mental health Services required in connection with treatment for substance use disorder are covered as provided in the "Mental Health Services" section.

5. Substance Use Disorder Services Exclusion
   Counseling for a patient who is not responsive to therapeutic management as determined by a Plan Provider.

BB. Transplant Services

1. Coverage for Members who are transplant recipients
   Transplants are covered on a limited basis as follows:
   a. Covered transplants are limited to: kidney transplants; heart transplants; heart-lung transplants; liver transplants; liver transplants for children with biliary atresia and other rare congenital abnormalities; small bowel transplants; small bowel and liver transplants; lung transplants; cornea transplants; simultaneous kidney-pancreas transplants and pancreas alone transplants in accordance with this Membership Agreement.
   b. Bone marrow transplants (autologous stem cell or allogenic stem cell) associated with high dose chemotherapy for germ cell tumors and neuroblastoma in children and bone marrow transplants for aplastic anemia, leukemia, severe combined immunodeficiency disease and Wiskott-Aldrich syndrome.
   c. If all Utilization Management Program Criteria are met, we cover stem cell rescue; and transplants of organs, tissue or bone marrow.
   d. Prescribed post-surgical immunosuppressive outpatient drugs required after a transplant.
   e. These Services must be directly related to a covered transplant for you.

2. Coverage for Members who are living organ donors
   We cover Services related to living organ donation for a Member who is a living organ donor. We will not impose any Deductibles, Copayments, Coinsurance, benefit maximums, waiting periods, or other limitations on coverage for the living organ donation.

3. Terms and Conditions
   a. Health Plan, Medical Group and Plan Providers do not undertake: to provide a donor or donor organ or bone marrow or cornea; or to assure the availability of a donor or donor organ or bone marrow or cornea; or to assure the availability or capacity of referral transplant facilities approved by Health Plan. For information specific to your situation, please call your assigned Transplant Coordinator; or the **Transplant Administrative Offices**.

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b. Plan Providers must determine that you meet Utilization Management Program Criteria before you receive Services.
c. A Plan Provider must provide a written referral for care at a transplant facility. The transplant facility must be from a list of approved facilities selected by Health Plan. The referral may be to a transplant facility outside our Service Area. Transplants are covered only at the facility Health Plan selects for the particular transplant, even if another facility within the Service Area could also perform the transplant.
d. After referral, if a Plan Provider or the medical staff of the referral facility determines you do not satisfy its respective criteria for the Service, Health Plan's obligation is only to pay for covered Services provided prior to such determination.

4. Transplant Services Exclusions and Limitations
a. Bone marrow transplants associated with high dose chemotherapy for solid tissue tumors (except bone marrow transplants covered under this Membership Agreement) are excluded.
b. Non-human and artificial organs and their implantation are excluded.
c. Pancreas alone transplants are limited to patients without renal problems who meet set criteria.
d. Travel and lodging expenses are excluded, except that in some situations, when Health Plan refers you to a provider outside our Service Area for transplant Services, as described in "Access to Other Providers" in the "How to Access Your Services and Obtain Approval of Benefits" section, we may pay certain expenses we preauthorize under our internal travel and lodging guidelines. For information specific to your situation, please call your assigned Transplant Coordinator or the **Transplant Administrative Offices**.

CC. Vision Services

1. Coverage
a. Up to the End of the Calendar Year the Member Turns Age 19
We cover routine eye exams and refraction tests to determine the need for vision correction and to provide a prescription for eyeglasses. We cover professional exams for the fitting of contact lenses when performed by a Plan Provider. We cover prescribed vision hardware (eyeglasses and lenses) once every two (2) years, or a two-year supply of contact lenses, as shown in the "Schedule of Benefits (Who Pays What)."

b. Members Age 19 Years and Over
Routine eye exams and refraction tests are not covered.

Note: For cost share amounts, please see the "Vision Services and Optical" section of the "Schedule of Benefits (Who Pays What)."

For all eligible Members, we also cover professional exams for specific medical conditions. This includes the fitting of Medically Necessary contact lenses when a Plan Provider or Plan Optometrist prescribes them for specific medical conditions.

2. Vision Services Exclusions
a. Eyeglass lenses and frames for Members age 19 years and over.
b. Cosmetic or specialty options such as: tints; trifocals; mirror coating; polarization; and progressive lenses.
c. Contact lenses for Members age 19 years and over.
d. Professional exams for fittings and dispensing of contact lenses except when Medically Necessary as described above.
e. Miscellaneous Services and supplies, such as: eyeglass holders; eyeglass cases; repair kits; contact lens cases; contact lens cleaning and wetting solution; and lens protection plans.
f. Eyewear for protection, including but not limited to: industrial eyewear; safety eyewear; athletic safety eyewear; or eyewear required as a condition of employment.
g. All Services related to eye surgery for the purpose of correcting refractive defects such as myopia, hyperopia, or astigmatism (for example, radial keratotomy, photo-refractive keratectomy, and similar procedures).
h. Orthoptic (eye training) therapy or low vision therapy.
i. Routine eye exams and refraction tests for Members age 19 and over.
j. Replacement of lost, stolen, or broken eyewear (lenses and frames).

DD. X-ray, Laboratory, and Advanced Imaging Procedures

1. Coverage
a. Outpatient
We cover the following Services:
i. Diagnostic X-ray tests, Services, and materials, including but not limited to isotopes, ultrasounds, and mammograms.

ii. Laboratory tests, Services, and materials, including but not limited to electrocardiograms.
Note: We use a laboratory formulary. A laboratory formulary is a list of laboratory tests, Services, and other materials that have been approved by Health Plan for our Members. If you would like information about whether a particular test or Service is included in our laboratory formulary, please call **Member Services**.

iii. Therapeutic X-ray Services and materials.

iv. Advanced imaging procedures including, but not limited to: MRI; CT; PET; and nuclear medicine.

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Note: For advanced imaging procedures, you will be billed for each individual procedure performed. As such, if more than one procedure is performed in a single visit, more than one Copayment will apply. A procedure is defined in accordance with the Current Procedural Terminology (CPT) medical billing codes published annually by the American Medical Association. You are responsible for any applicable Copayment or Coinsurance for advanced imaging procedures performed as part of or in conjunction with other outpatient Services including but not limited to: Emergency Services; urgent care; and outpatient surgery.

Diagnostic procedures include administered drugs. Therapeutic procedures may incur an additional charge for administered drugs.

b. Inpatient
During hospitalization, prescribed diagnostic X-ray and laboratory tests, Services, and materials including, but not limited to: diagnostic and therapeutic X-rays and isotopes; electrocardiograms; electroencephalograms; ultrasounds; MRI; CT; PET; and nuclear medicine are covered under your hospital inpatient care benefit.

2. X-ray, Laboratory, and Advanced Imaging Procedures Exclusions
   a. Testing of a Member for a non-Member's use and/or benefit.
   b. Testing of a non-Member for a Member's use and/or benefit.

IV. LIMITATIONS/EXCLUSIONS (WHAT IS NOT COVERED)

A. Exclusions

The Services listed below are not covered. These exclusions apply to all covered Services under this Membership Agreement. Additional exclusions that apply only to a particular Service are listed in the description of that Service in the "Benefits/Coverage (What is Covered)" section.

1. **Alternative Medical Services.** The following are not covered:
   a. Naturopathy Services.
   b. Massage therapy.
2. **Behavioral Problems.** Any treatment or Service for a behavioral problem not associated with a manifest mental disorder or condition.
3. **Certain Maternity Services that are not Medically Necessary.** Certain maternity Services that are not Medically Necessary, including but not limited to: home birth Services and doula Services.
4. **Cosmetic Services.** Services that are intended: primarily to change or maintain your appearance and that will not result in significant improvement in physical function. This includes cosmetic services related to bariatric surgery. Exceptions: Medically Necessary Services covered under "Reconstructive Surgery" and "Gender Affirming Health Services" in the "Benefits/Coverage (What is Covered)" section.
5. **Cosmetic Surgery Related to Bariatric Surgery.**
6. **Cryopreservation.** Any and all Services related to cryopreservation, including but not limited to the procurement and/or storage of semen, sperm, eggs, reproductive materials, and/or embryos.
7. **Custodial Care.** Assistance with activities of daily living or care that can be performed safely and effectively by people who, in order to provide the care, do not require medical licenses or certificates or the presence of a supervising licensed nurse. Activities of daily living include: walking; getting in and out of bed; bathing; dressing; feeding; toileting; and taking medicine.
8. **Dental Services.** Dental Services and dental X-rays, including dental Services following injury to teeth; dental appliances; implants; orthodontia; TMJ; and dental Services as a result of and following medical treatment such as radiation treatment. This exclusion does not apply to: (a) Services described in the "Pediatric Dental Services" section; (b) Medically Necessary Services for the treatment of cleft lip or cleft palate when prescribed by a Plan Provider, unless the Member is covered for these Services under a dental insurance policy or contract, or (c) hospitalization and general anesthesia for dental Services, prescribed or directed by a Plan Provider for Dependent children who: (i) have a physical, mental, or medically compromising condition; or (ii) have dental needs for which local anesthesia is ineffective because of acute infection, anatomic variations, or allergy; or (iii) are extremely uncooperative, unmanageable, anxious, or uncommunicative with dental needs deemed sufficiently important that dental care cannot be deferred; or (iv) have sustained extensive orofacial and dental trauma, or (d) Medically Necessary Services required for the direct treatment of a covered transplant procedure for a Member who is a transplant recipient. Unless otherwise specified herein, (b) and (c) must be received at a Plan Facility or Skilled Nursing Facility.

   The following Services for TMJ may be covered if determined Medically Necessary: diagnostic X-rays; laboratory testing; physical therapy; and surgery.
9. **Directed Blood Donations.**
10. **Disposable Supplies.** All disposable, non-prescription, or over-the-counter supplies for home use such as:

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a. Bandages.
b. Gauze.
c. Tape.
d. Antiseptics.
e. Dressings.
f. Ace-type bandages.
g. Any other supplies, dressings, appliances or devices not specifically listed as covered in the "Benefits/Coverage (What is Covered)" section.

11. **Educational Services.** Educational services are not health care services and are not covered. Examples include, but are not limited to:
    a. Items and services to increase academic knowledge or skills;
    b. Special education or care for learning deficiencies, whether or not associated with a manifest mental disorder or condition, including but not limited to attention deficit disorder, learning disabilities, and developmental delays;
    c. Teaching and support services to increase academic performance;
    d. Academic coaching or tutoring for skills such as grammar, math, and time management;
    e. Speech training that is not Medically Necessary, and not part of an approved treatment plan, and not provided by or under the direct supervision of a Plan Provider acting within the scope of their license under Colorado law that is intended to address speech impediments;
    f. Teaching you how to read, whether or not you have dyslexia;
    g. Educational testing; testing for ability, aptitude, intelligence, or interest;
    h. Teaching, or any other items or services associated with, recreational activities such as: art; dance; horse riding; music; swimming; or teaching you how to play.

12. **Employer or Government Responsibility.** Financial responsibility for Services that an employer or a government agency is required by law to provide.

13. **Excess Charges from Out-of-Plan Providers.** Charges from Out-of-Plan Providers that exceed eligible Charge(s).

14. **Experimental or Investigational Services:**
    a. A Service is experimental or investigational for a Member's condition if any of the following statements apply at the time the Service is or will be provided to the Member. The Service:
        i. has not been approved or granted by the U.S. Food and Drug Administration (FDA); or
        ii. is the subject of a current new drug or new device application on file with the FDA; or
        iii. is provided as part of a Phase I or Phase II clinical trial, as the experimental or research arm of a Phase III clinical trial or in any other manner that is intended to determine the safety, toxicity or efficacy of the Service; or
        iv. is provided pursuant to a written protocol or other document that lists an evaluation of the Service's safety, toxicity or efficacy as among its objectives; or
        v. is subject to the approval or review of an Institutional Review Board (IRB) or other body that approves or reviews research on the safety, toxicity or efficacy of Services; or
        vi. has not been recommended for coverage by the Interregional New Technologies Committee, the Medical Technology Assessment Team, or any committees reviewing new technologies within Kaiser Permanente, based on analysis of clinical studies and literature for safety and appropriateness, unless otherwise covered by Health Plan; or,
        vii. is provided pursuant to informed consent documents that describe the Service as experimental or investigational or in other terms that indicate that the Service is being looked at for its safety, toxicity or efficacy; or
        viii. is part of a prevailing opinion among experts as expressed in the published authoritative medical or scientific literature that (A) use of the Service should be substantially confined to research settings or (B) further research is needed to determine the safety, toxicity or efficacy of the Service.

    b. In determining whether a Service is experimental or investigational, the following sources of information will be solely relied upon:
        i. The Member's medical records; and
        ii. The written protocol(s) or other document(s) under which the Service has been or will be provided; and
        iii. Any consent document(s) the Member or the Member's representative has executed or will be asked to execute to receive the Service; and
        iv. The files and records of the IRB or similar body that approves or reviews research at the institution where the Service has been or will be provided, and other information concerning the authority or actions of the IRB or similar body; and
        v. The published authoritative medical or scientific literature on the Service as applied to the Member's illness or injury; and
        vi. Regulations, records, applications and other documents or actions issued by, filed with, or taken by the FDA, or other agencies within the U.S. Department of Health and Human Services, or any state agency performing similar functions.

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c. If two (2) or more Services are part of the same plan of treatment or diagnosis, all of the Services are excluded if one of the Services is experimental or investigational.

d. Health Plan consults Medical Group and then uses the criteria described above to decide if a particular Service is experimental or investigational.

Note: This exclusion does not apply to Services covered under "Clinical Trials" in the "Benefits/Coverage (What is Covered)" section.

15. **Eye Surgery Services.** All Services related to eye surgery for the purpose of correcting refractive defects such as myopia, hyperopia or astigmatism (for example, radial keratotomy, photo-refractive keratectomy and similar procedures); orthoptic (eye training therapy).

16. **Genetic Testing and Gene Therapy.** Genetic testing and gene therapy, unless you meet Utilization Management Program Criteria.

17. **Intermediate Care.** Care in an intermediate care facility.

18. **Residential Care.** Care in a facility where you stay overnight, except that this exclusion does not apply when the overnight stay is part of covered care in a hospital, a Residential Treatment Center, a Skilled Nursing Facility, or inpatient respite care covered in the "Hospice Care" section.

19. **Routine Foot Care Services.** Routine foot care Services that are not Medically Necessary.

20. **Services for Members in the Custody of Law Enforcement Officers.** Out-of-Plan Provider Services provided or arranged by criminal justice institutions for Members in the custody of law enforcement officers, unless the Services are covered as out-of-Plan Emergency Services or urgent care outside the Service Area.

21. **Services Not Available in our Service Area.** Services not generally and customarily available in our Service Area, except when it is generally accepted medical practice in our Service Area to refer patients outside our Service Area for the Service.

22. **Services Related to a Non-Covered Service.** When a Service is not covered, all Services related to the non-covered Service are excluded. This does not include Services we would otherwise cover to treat complications as a result of the non-covered Service.

23. **Services that Are the Subject of an Out-of-Plan Provider's Notice and Consent.** Amounts owed to Out-of-Plan Providers when you or your authorized representative consent to waive your right against surprise billing/balance billing (unexpected medical bills) under applicable state or federal law.

24. **Third Party Requests or Requirements.** Physical exams, tests, or other services that do not directly treat an actual illness, injury, or condition, and any related reports or paperwork in connection with third party requests or requirements, including but not limited to those for:
    a. Employment;
    b. Participation in employee programs;
    c. Insurance;
    d. Disability;
    e. Licensing;
    f. School events, sports, or camp;
    g. Governmental agencies;
    h. Court order, parole, or probation;
    i. Travel.

25. **Travel and Lodging Expenses.** Travel and lodging expenses are excluded. We may pay certain expenses we preauthorize in accordance with our internal travel and lodging guidelines in some situations, when a Plan Provider refers you to an Out-of-Plan Provider outside our Service Area as described under "Access to Other Providers" in the "How to Access Your Services and Obtain Approval of Benefits" section.

26. **Unclassified Medical Technology Devices and Services.** Medical technology devices and Services which have not been classified as durable medical equipment or laboratory by a National Coverage Determination (NCD) issued by the Centers for Medicare & Medicaid Services (CMS), unless otherwise covered by Health Plan.

27. **Weight Management Facilities.** Services received in a weight management facility.

28. **Workers' Compensation or Employer's Liability.** If you suffer from an injury or illness that is compensable under a workers' compensation or employer's liability law, we will provide Services obtained at a Kaiser facility. We will not cover any workers compensation services obtained at contracted or non-contracted providers. Any workers' compensation services provided or paid for by the health plan are subject to your obligation to reimburse us to the extent of a payment or any other benefit, including any amount received as a settlement that you receive under applicable law.

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In addition, we or our Participating Providers will be permitted to seek reimbursement for these Services directly from the responsible employer or the government agency that administers applicable law.

B. Limitations

We will use our best efforts to provide or arrange covered Services in the event of unusual circumstances that delay or render impractical the provision of Services. Examples include: major disaster; epidemic; war; riot; civil insurrection; disability of a large share of personnel at a Plan Facility; complete or partial destruction of facilities; and labor disputes not involving Health Plan, Kaiser Foundation Hospitals or Medical Group. In these circumstances, Health Plan, Kaiser Foundation Hospitals, Medical Group and Medical Group Plan Providers will not have any liability for any delay or failure in providing covered Services. In the case of a labor dispute involving Health Plan, Kaiser Foundation Hospitals or Medical Group, we may postpone care until the dispute is resolved if delaying your care is safe and will not result in harmful health consequences.

C. Reductions

1. Injuries or Illnesses Alleged to be Caused by Other Parties

   If you obtain a judgment or settlement from or on behalf of another party who allegedly caused an injury or illness for which you received covered Services, you must reimburse us to the maximum extent allowed under applicable law. The reimbursement due to us is not limited by or subject to the Plan Out-of-Pocket Maximum. Note: This "Injuries or illnesses alleged to be caused by other parties" section does not affect your obligation to pay your Cost Share for these Services.

   To the extent permitted or required by applicable law, we have the option of becoming subrogated to all claims, causes of action, and other rights you may have against another party or an insurer, government program, or other source of coverage for monetary damages, compensation, or indemnification on account of the injury or illness allegedly caused by the other party. We will be so subrogated as of the time we mail or deliver a written notice of our exercise of this option to you or your attorney.

   To secure our rights, we will have a lien and reimbursement rights to the proceeds of any judgment or settlement you or we obtain against a third party that results in any settlement proceeds or judgment, from other types of coverage that include but are not limited to: liability, uninsured motorist, underinsured motorist, personal umbrella, workers' compensation, personal injury, medical payments and all other first party types.

   Within 30 days after submitting or filing a claim or legal action against another party, you must send written notice of the claim or legal action to:

   The Phia Group, LLC.
   40 Pequot Way
   Canton, MA 02021
   Fax: 781-848-1154

   In order for us to determine the existence of any rights we may have and to satisfy those rights, you must complete and send us all consents, releases, authorizations, assignments, and other documents, including lien forms directing your attorney, the other party, and the other party's liability insurer to pay us directly. You may not agree to waive, release, reduce or, in any other manner, take action that may affect our rights under this provision without our prior, written consent.

   If your estate, parent, guardian, or conservator asserts a claim against another party based on your injury or illness, your estate, parent, guardian, or conservator and any settlement or judgment recovered by the estate, parent, guardian, or conservator shall be subject to our liens and other rights under applicable law to the same extent as if you had asserted the claim against the other party. We may assign our rights to enforce our liens and other rights.

   If you have Medicare, Medicare law may apply with respect to Services covered by Medicare.

2. Surrogacy Arrangements: Traditional or Gestational Carriers

   In situations where you receive monetary compensation to act as either a traditional or gestational surrogate, Health Plan will seek reimbursement for covered Services you receive that are associated with conception, pregnancy and/or delivery of the child, except that we will recover no more than half of the monetary compensation you receive. A surrogate arrangement is one in which a person agrees to become pregnant and to surrender the baby to another person or persons who intend to raise the child. This section applies to any person who is impregnated by artificial insemination, intrauterine insemination, in vitro fertilization or through the surgical implantation of a fertilized egg of another person and applies to both traditional surrogacy and gestational carriers.

   Note: This "Surrogacy Arrangements: Traditional or Gestational Carriers" section does not affect your obligation to pay your Copayment, Coinsurance, and/or Deductible for these Services.

   Within 30 days after entering into a Surrogacy Arrangement, you must send written notice of the arrangement, including all of the following information:

   - Names, addresses, and telephone numbers of the other parties to the arrangement
   - Names, addresses, and telephone numbers of any escrow agent or trustee

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- Names, addresses, and telephone numbers of the intended parents and any other parties who are financially responsible for Services the baby (or babies) receives, including names, addresses, and telephone numbers for any health insurance that will cover Services that the baby (or babies) receives
- A signed copy of any contracts and other documents explaining the arrangement
- Any other information we request in order to satisfy our rights

You must send this information to:

The Phia Group, LLC.
40 Pequot Way
Canton, MA 02021
Fax: 781-848-1154

You must complete and send us all consents, releases, authorizations, lien forms, and other documents that are reasonably necessary for us to determine the existence of any rights we may have under this "Surrogacy Arrangements" section and to satisfy those rights. You may not agree to waive, release, reduce, or in any other manner, take action that may affect our rights under this "Surrogacy Arrangements" section without our prior, written consent.

If your estate, parent, guardian, or conservator asserts a claim against another party based on the Surrogacy Arrangement, your estate, parent, guardian, or conservator and any settlement or judgment recovered by the estate, parent, guardian, or conservator shall be subject to our liens and other rights to the same extent under applicable law as if you had asserted the claim against the other party. We may assign our rights to enforce our liens and other rights.
If you have questions about your obligations under this provision, please call Member Services.

Note: A baby born under a Surrogacy Arrangement does not have health coverage rights under the surrogate's health coverage. The intended parents of a child born under a Surrogacy Arrangement will need to arrange for health coverage for the newborn.

V. MEMBER PAYMENT RESPONSIBILITY

Information on Member payment responsibility, including applicable Deductibles, annual Out-of-Pocket Maximum, Copayments, and Coinsurance, can be found in the "Schedule of Benefits (Who Pays What)." Payment responsibility information for Emergency Services can be found in the "Benefits/Coverage (What is Covered)" section. For additional questions, contact **Member Services**.

Our contracts with Plan Providers provide that you are not liable for any amounts we owe them for covered Services. However, you may be liable for the cost of non-covered Services or Services you obtain from Out-of-Plan Providers. If our contract with any Plan Provider terminates while you are under the care of that provider, we will retain financial responsibility for covered Services you receive from that provider, in excess of any applicable Deductibles, Copayments or Coinsurance amounts, until we make arrangements for the Services to be provided by another Plan Provider and so notify the Subscriber.

For Emergency Services (including Post Stabilization Care that federal law defines as Emergency Services) provided by an Out-of-Plan Provider, your Deductible, Copayment and/or Coinsurance, as applicable, will be the same amount or percentage, as applicable, as they would be for Emergency Services provided by a Plan Provider pursuant to applicable state law or, if state law is inapplicable, then federal law. In addition, in the event that an Out-of-Plan Provider provides Ancillary Services at a Plan Provider, then your Deductible, Copayment and/or Coinsurance shall be calculated as required by applicable state law or, if state law is inapplicable, then federal law. In addition, if you (or your authorized representative) consent to the provision of Services by an Out-of-Plan Provider, then we will not pay for such Services, and the amount you pay will not count toward satisfaction of the Deductible, if any, or the Out-of-Pocket Maximum(s).

Premiums

A. Payment of Premiums

Premiums must be paid and received in advance. You must then pay the correct amount before the beginning of a month to have coverage for that month. If you do not pay in time, we will send you a notice that you are in default. You then have a grace period in which to pay your Premiums without loss of membership. If you do not pay within the grace period, we will terminate your membership. After termination of your enrollment for nonpayment of Premiums, Health Plan may require payment of any outstanding Premiums for prior coverage if permitted by applicable law. Only Members for whom we have received the correct amount are entitled to benefits under this Membership Agreement.

B. Advance Payment of Premium Tax Credit

If we receive advance payment of the premium tax credit on your behalf, then you are responsible for paying the portion of the Premiums that equals the full Premiums minus the advance payment of the premium tax credit that we receive on your behalf for

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the months for which Premiums are payable. If we do not receive your portion of the monthly Premiums on time, we will provide a three-month grace period but only if applicable law requires a three-month grace period when:

1. We have previously received the full monthly Premiums for you (including advance payment of the premium tax credit) during the immediately preceding policy year; OR
2. We receive or will receive advance payment of the premium tax credit on your behalf for the month for which we do not receive your portion of the Premiums on time during this policy year if you were not enrolled in Health Plan during the preceding policy year.

C. Grace Periods

1. This grace period does not apply to the first month's Premiums payment. We will send written notice stating when the grace period begins. We will pay for covered Services you receive during the **first** month of the grace period. For the second and third months of the grace period, we are not required to pay for any Services unless we receive all outstanding Premiums (including your portion of any Premiums for the grace period months that are already due on the date you make your payment) by the end of the grace period. If we do not receive your portion of all outstanding Premiums (including any Premiums for the grace period months that are already due on the date you make your payment) by the end of the grace period, we will terminate your membership. Membership will end at 11:59 pm on the last day of the first month of the grace period.

   If applicable law does not require a three-month grace period, then your grace period will be as explained in paragraph "2." below. Health Plan's notice regarding your failure to pay Premiums on time will inform you about your grace period (the time frame in which you must pay your overdue Premiums to avoid termination) and whether coverage continues during this grace period. You will be responsible for paying Health Plan or Plan Providers, as applicable, for any Services received after the termination of your coverage.

2. If we are not receiving an advance payment of premium tax credit on your behalf, we will provide a 31-day grace period for payment of any Premiums other than the first month's Premiums. We will send written notice stating when the grace period begins. If we do not receive your Premiums by the end of the grace period, we will terminate your membership so that it ends at 11:59 pm on the last day of the grace period. We or providers may bill you as a non-Member for any Services you received after your last day of membership.

VI. CLAIMS PROCEDURE (HOW TO FILE A CLAIM)

Plan Providers submit claims for payment for covered Services directly to Health Plan. For general information on claims, and how to submit pre-service claims, concurrent care claims, and post-service claims, see the "Appeals and Complaints" section. For covered Services by Out-of-Plan Providers, you may need to submit a claim on your own. Contact **Member Services** for more information on how to submit such claims. Health Plan complies with the time frames for resolution and payment of filed claims as required by state law.

You may file a claim (request for payment/reimbursement):

- by signing in to **kp.org**, completing an electronic form, and uploading supporting documentation;
- by mailing a paper form that can be obtained by visiting **kp.org/formsandpubs** or calling Member Services; or
- if you are unable to access the electronic form (or obtain the paper form), by mailing the minimum amount of information we need to process your claims:
  1. Member/patient name and Medical Record Number
  2. The date you received the Services
  3. Where you received the Services
  4. Who provided the Services
  5. Why you think we should pay for the Services
  6. A copy of the bill, your medical record(s) for these Services, and your receipt if you paid for the Services.

Mailing address to submit your claim:

Kaiser Permanente
National Claims Administration - Colorado
P.O. Box 373150
Denver, CO 80237-3150

VII. GENERAL POLICY PROVISIONS

A. Access Plan

Colorado state law requires that an Access Plan be available that describes Kaiser Foundation Health Plan of Colorado's network of provider Services. To obtain a copy, please call **Member Services**.

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B. Access to Services for Foreign Language Speakers

1. **Member Services** will provide a telephone interpreter to assist Members who speak limited or no English.
2. Plan Providers have telephone access to interpreters in over 150 languages.
3. Plan Providers can also request an onsite interpreter for an appointment, procedure or Service.
4. Any interpreter assistance that we arrange or provide will be at no charge to the Member.

C. Administration of Agreement

We may adopt reasonable policies, procedures, rules and interpretations that govern this Membership Agreement.

D. Advance Directives

Federal law requires Kaiser Permanente to tell you about your right to make health care decisions.

Colorado law recognizes the right of an adult to accept or reject medical treatment, artificial nourishment and hydration, and cardiopulmonary resuscitation. Each adult has the right to establish, in advance of the need for medical treatment, any directives and instructions for the administration of medical treatment in the event the person lacks the decisional capacity to provide informed consent to or refusal of medical treatment. (Colorado Revised Statutes, Section 15-14-504)

Kaiser Permanente will not discriminate against you whether or not you have an advance directive. We will follow the requirements of Colorado law respecting advance directives. If you have an advance directive, please give a copy to the Kaiser Permanente medical records department or to your provider.

A health care provider or health care facility shall provide for the prompt transfer of the principal to another health care provider or health care facility if such health care provider or health care facility wishes not to comply with an agent's medical treatment decision on the basis of policies based on moral convictions or religious beliefs. (Colorado Revised Statutes, Section 15-14-507)

Two (2) brochures are available: *Your Right to Make Health Care Decisions* and *Making Health Care Decisions*. For copies of these brochures or for more information, please call **Member Services.**

E. Agreement Binding on Members

By electing coverage or accepting benefits under this Membership Agreement, all Members legally capable of contracting, and the legal representatives of all Members incapable of contracting, agree to all provisions of this Membership Agreement.

F. Amendment of Agreement

Your Membership Agreement with us will change periodically. If these changes affect this Membership Agreement, we will notify you at least 60 days prior to the effective date of the change. If it is necessary to make revisions to this Membership Agreement, we will issue revised materials to you.

G. Applications and Statements

You must complete any applications, forms, or statements that we request in our normal course of business or as specified in this Membership Agreement.

H. Assignment

You may assign, in writing, payments due under the policy to a licensed hospital, other licensed health care provider, an occupational therapist, or a massage therapist, for covered Services provided to you. You may not assign other rights, interests, or obligations under this Membership Agreement without our prior written consent.

I. Attorney Fees and Expenses

In any dispute between a Member and Health Plan or Plan Providers, each party will bear its own attorneys' fees and other expenses.

J. Charge for Checks With Insufficient Funds

You may be assessed a charge for any Premium payment that fails.

K. Claims Review Authority

We are responsible for determining whether you are entitled to benefits under this Membership Agreement. We have the authority to review and evaluate claims that arise under this Membership Agreement. We conduct this evaluation independently by interpreting the provisions of this Membership Agreement.

L. Contracts with Plan Providers

Plan Providers are paid in a number of ways, including salary, capitation, per diem rates, case rates, fee for service; and incentive payments. If you would like further information about the way Plan Providers are paid to provide or arrange medical and hospital care for Members, please call **Member Services.**

Our contracts with Plan Providers provide that you are not liable for any amounts we owe. However, you may be liable for the cost of non-covered Services or Services you obtain from Out-of-Plan Providers. If our contract with any Plan Provider terminates while you are under the care of that provider, we will retain financial responsibility for covered Services you receive from that provider, in excess of any applicable Copayments and/or Coinsurance amounts, until we make arrangements for the Services to be provided by another Plan Provider and so notify the Subscriber.

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We may seek payment for any claims paid to Plan Providers for Services rendered after termination of your enrollment.

M. Genetic Testing Information

In accordance with state law: (1) Information derived from genetic testing shall be confidential and privileged. Any release, for purposes other than diagnosis, treatment, or therapy, of genetic testing information that identifies the person tested with the test results released requires specific written consent by the person tested. (2) Any entity that receives information derived from genetic testing may not seek, use, or keep the information for any nontherapeutic purpose or for any underwriting purpose connected with the provision of group disability insurance or long-term care insurance coverage.

N. Governing Law

Except as preempted by federal law, this Membership Agreement will be governed in accordance with Colorado law. Any provision that is required to be in this Membership Agreement by state or federal law shall bind Members and Health Plan whether or not set forth in this Membership Agreement.

O. No Waiver

Our failure to enforce any provision of this Membership Agreement will not constitute a waiver of that or any other provision, or impair our right thereafter to require your strict performance of any provision.

P. Nondiscrimination

We do not discriminate in our employment practices or in the delivery of health care Services on the basis of age, race, color, national origin, religion, sex, sexual orientation, gender identity, or physical or mental disability.

Q. Notices

Our notices to you will be sent to the most recent address we have for the Subscriber. The Subscriber is responsible for notifying Connect for Health Colorado at **1-855-752-6749** of any change in address. Members who move should call Connect for Health Colorado as soon as possible to provide their new address.

R. Overpayment Recovery

We may recover any overpayment we make for Services from anyone who receives such an overpayment, or from any person or organization obligated to pay for the Services.

S. Privacy Practices

Kaiser Permanente will protect the privacy of your protected health information (PHI). We also require contracting providers to protect your PHI. Your PHI is individually-identifiable information (oral, written, or electronic) about your health, health care services you receive, or payment for your health care. You generally may access and receive copies of your PHI, update or amend your PHI, and ask us for an accounting of certain disclosures of your PHI. You also may request delivery of confidential communications to a location other than your usual address or by alternate means.

We may use or disclose your PHI for treatment, payment, and health care operations purposes, such as quality improvement. Sometimes, we may be required by law to disclose PHI to others, such as government agencies or pursuant to judicial actions. Kaiser Permanente will not use or disclose your PHI for any other purpose without your (or your representative's) authorization, except as described in our *Notice of Privacy Practices* (see below). Giving us authorization is at your discretion.

This is only a brief summary of some of our key privacy practices. Our *Notice of Privacy Practices* provides additional information about our privacy practices and your rights regarding your PHI and will be provided to you upon request. To request a paper copy, please call Member Services. You can also find the notice at a Kaiser Permanente Medical Office Building or on our website, kp.org.

T. Value-Added Services

In addition to the Services that we describe in this EOC, we may make available a variety of extra services. Extra services are not covered by your plan. They are intended to give you more options for a healthy lifestyle. Examples may include:

1. Certain health education classes not covered by your plan;
2. Certain health education publications; and
3. Discounts for fitness club memberships.

Some of these extra services are available to all Members. Others may be available only to Members enrolled through certain groups or plans. To take advantage of these services, you may need to:

1. Show your Health Plan ID card,
2. Pay the fee, if any, and/or
3. Participate in any required activity.

Because these services are not covered by your plan, any fees you pay will not count toward any coverage calculations, such as Deductible or Out-of-Pocket Maximum.

We do not endorse or make any representations regarding the quality or medical efficacy of any extra service, or the financial integrity of the companies offering them. We expressly disclaim any liability for the administration of any extra services provided

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by these companies. If you have a dispute regarding extra services, you must resolve it with the company providing it. Although we have no obligation to assist with this resolution, you may call **Member Services**, and a representative may try to assist in getting the issue resolved.

U. Women's Health and Cancer Rights Act

In accordance with the "Women's Health and Cancer Rights Act of 1998," as determined in consultation with the attending physician and the patient, we provide the following coverage after a mastectomy:

1. Reconstruction of the breast on which the mastectomy was performed.
2. Surgery and reconstruction of the other breast to produce a symmetrical (balanced) appearance.
3. Prostheses (artificial replacements).
4. Services for physical complications resulting from the mastectomy.

VIII. TERMINATION/NONRENEWAL/CONTINUATION

A. How We May Terminate Your Membership

If you are inpatient in a hospital or institution, your coverage will continue until the date of discharge if your Membership Agreement terminates for reasons other than: nonpayment of Premiums; fraud; or abuse. We may terminate your membership by giving you 30 days written notice including the reason for termination if you or any of your Dependents do one or more of the following:

1. Knowingly: (a) furnish incorrect or incomplete material information; or (b) fail to inform us of a material change in family status.
2. Knowingly: (a) misrepresent enrollment eligibility information or membership status; (b) present an invalid prescription; (c) misuse or permit the misuse of a Health Plan ID card; or (d) commit any other type of fraud in connection with your membership (including your enrollment application), Heath Plan, or a Plan Provider.
3. Fail to make payments in full within the applicable grace period provided in the "Premiums" section of the "Member Payment Responsibility" section. Health Plan will notify you of nonpayment of Premiums within the applicable grace period and provide 30 days' advance notice of termination.

Termination of membership for any one of these reasons applies to all Members in your Family Unit. All rights to benefits cease on the termination date. You will be billed as a non-Member for any Services received after the termination date. You have the right to appeal such a termination by calling **Member Services**; or by calling the Colorado Division of Insurance.

After termination of your enrollment for nonpayment of Premiums, Health Plan may require payment of any outstanding Premiums for prior coverage if permitted by applicable law.

Except for fraud, we will not terminate membership based upon misstatements made by you commencing two (2) years after the effective date of this Membership Agreement.

We may report any Member fraud to the authorities for prosecution and pursue appropriate civil remedies.

We may also terminate your membership if we cease offering: (a) this particular product; or (b) this entire class of **Kaiser Permanente Individuals and Families** Membership Agreements.

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B. How You May Terminate Your Membership

You may terminate membership for yourself or any Dependent by contacting Connect for Health Colorado at **1-855-752-6749**. Such termination shall be effective within fourteen (14) days or sooner if required by applicable law.

C. Notice, Refunds and Payments

You will receive 30 days' prior written notice if we terminate your membership. The notice will include: an explanation of why; and when your membership will end. If you have paid monthly Premiums beyond the termination date, you may be eligible for a refund. Any amount due to you for claims while you were a Member will be paid to you. Any amounts you owe us will be deducted from any payment we make to you. We will make any payment due to you within 30 days of your termination.

D. Right to Benefits Ends

Your right to receive benefits ends when your membership ends, except as provided by state law. All plans purchased through Connect for Health Colorado terminate at the end of each calendar year, unless renewed by the Subscriber and by Kaiser Permanente.

E. Termination Due to Loss of Eligibility

If you no longer meet the eligibility requirements in section I., we will provide 30 days' advance notice of termination that will include the reason for termination.

F. Termination of a Product or all Products

We may terminate a particular product or all products offered in the individual market as permitted or required by law. If we discontinue offering a particular product in the individual market, we will terminate just the particular product by sending you written notice at least 90 days before the product terminates. If we discontinue offering all products in the individual market, we

may terminate your Membership Agreement by sending you written notice at least 180 days before the Membership Agreement terminates.

G. Rescission of Membership

We may rescind your membership after it is effective if you or anyone on your behalf did one of the following with respect to your membership (or application) prior to your membership effective date:

1. Performed an act, practice, or omission that constitutes fraud; or
2. Misrepresented a material fact with intent, such as an omission on the application.

We will send written notice to the Subscriber in your Family at least 30 days before we rescind your membership. The rescission will cancel your membership so no coverage ever existed. You will be required to pay as a non-Member for any Services we covered. We will refund all applicable Premiums, less any amounts you owe us.

H. Moving Outside of Kaiser Foundation Health Plan of Colorado's Service Area

If you move outside of the Health Plan's Service Area, your membership will be terminated. We will provide you with thirty (30) days' notice of termination which will include the reason for termination.

I. Moving to Another Kaiser Regional Health Plan Service Area

If you move to another Kaiser regional health plan service area, you will be terminated from this plan, but you may be eligible for membership in the new service area. However, eligibility requirements, benefits, Premiums, Deductibles, Copayments, Coinsurance, and/or Out-of-Pocket Maximum limits may not be the same in the other service area.

For information about applying for enrollment in another service area, please contact **Member Services** in that service area.

J. Conditions for Renewability

We will renew or continue your coverage, at your option, unless:

1. you fail to pay the required Premiums or fail to pay Premiums timely;
2. you or your representative perform an act or practice that constitutes fraud or has made an intentional misrepresentation of a material fact under the terms of coverage;
3. in the case of a plan that is made available only through one or more bona fide associations, your membership in the association on the basis of which your coverage is provided ceases, but only if the coverage is terminated uniformly without regard to any health-status-related factor relating to any covered person;
4. we decide to discontinue offering this plan, in which case we will provide notice to you of the decision not to renew at least ninety (90) days before the nonrenewal; will offer you the option to purchase any other health benefit plan currently offered by us in this state; and provide information on the special enrollment periods;
5. we elect to discontinue offering and renewing all of our health benefits plans in this state, in which case we will provide notice to you of the decision to discontinue coverage at least one hundred eighty (180) days before the discontinuance. If such discontinuance occurs, we will continue to provide coverage through the first renewal period not to exceed twelve (12) months after the notice to you of the discontinuance.

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IX. APPEALS AND COMPLAINTS

A. Claims and Appeals

Health Plan will review claims and appeals, and we may use medical experts to help us review them. The following terms have the following meanings when used in this "Appeals and Complaints" section:

1. A **claim** is a request for us to:
   a. provide or pay for a Service that you have not received (pre-service claim),
   b. continue to provide or pay for a Service that you are currently receiving (concurrent care claim), or
   c. pay for a Service that you have already received (post-service claim).

2. An **adverse benefit determination** is our decision to do any of the following:
   a. deny your claim, in whole or in part, including (1) a denial, in whole or in part, of a pre-service claim (preauthorization for a Service), a concurrent care claim (continue to provide or pay for a Service that you are currently receiving) or a post-service claim (a request to pay for a Service) in whole or in part; (2) a denial of a request for Services on the ground that the Service is not Medically Necessary, appropriate, effective or efficient or is not provided in or at the appropriate health care setting or level of care; or, (3) a denial of a request for Services on the ground that the Service is experimental or investigational,
   b. terminate your coverage by Health Plan retroactively except as the result of non-payment of Premiums (also called rescission or cancellation retroactively),
   c. deny your (or, if applicable, your dependent's) application for individual plan coverage,
   d. uphold our previous adverse benefit determination when you appeal.

In addition, when we deny a request for medical care because it is excluded under this Membership Agreement, and you present evidence from a Colorado medical professional that there is a reasonable medical basis that the contractual exclusion does not apply to the denied medical care, then our denial shall be considered an adverse benefit determination.

3. An **appeal** is a request for us to review our initial adverse benefit determination.

If you miss a deadline for making a claim or appeal, we may decline to review it.

Except when simultaneous external review can occur, you must exhaust the internal claims and appeals procedure as described below in this "Appeals and Complaints" section unless we fail to follow the claims and appeals process described in this Section IX.

Language and Translation Assistance
You may request language assistance with your claim and/or appeal by calling **Member Services**.

SPANISH (Español): Para obtener asistencia en Español, llame al 303-338-3800.
TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 303-338-3800.
CHINESE (中文): 如果需要中文的帮助，请拨打这个号码 303-338-3800.
NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 303-338-3800.

Appointing a Representative
If you would like someone (including your provider (medical facility or health care professional)) to act on your behalf regarding your claim, you may appoint an authorized representative. You must make this appointment in writing. Please contact **Member Services** for information about how to appoint a representative. You must pay the cost of anyone you hire to represent or help you.

Help with Your Claim and/or Appeal
You may contact the Colorado Division of Insurance at:

Colorado Division of Insurance
1560 Broadway, Suite 850
Denver, Colorado 80202
(303) 894-7499

Reviewing Information Regarding Your Claim
If you want to review the information that we have collected regarding your claim, you may request, and we will provide without charge, copies of all relevant documents, records, and other information.

You also have the right to request any diagnosis and treatment codes and their meanings that are the subject of your claim. To make a request, you should contact **Member Services**.

Providing Additional Information Regarding Your Claim and/or Appeal
When you appeal, you may send us additional information including comments, documents, and additional medical records that you believe support your claim. If we asked for additional information and you did not provide it before we made our initial decision about your claim, then you may still send us the additional information so that we may include it as part of our review of your appeal, if you ask for one. Please send all additional information to the Department that issued the adverse benefit determination.

When you appeal, you may give testimony in writing or by telephone. Please send your written testimony to the **Member Relations**. To arrange to give testimony by telephone, you should contact the **Member Relations**.

We will add the information that you provide through testimony or other means to your claim file and we will review it without regard to whether this information was submitted and/or considered in our initial decision regarding your claim.

Sharing Additional Information That We Collect
If we believe that your appeal of our initial adverse benefit determination will be denied, then before we issue our next adverse benefit determination we will also share with you any new or additional reasons for that decision. We will send you a letter explaining the new or additional information and/or reasons and inform you how you can respond to the information in the letter if you choose to do so. If you do not respond before we must make our next decision, that decision will be based on the information already in your claim file.

Internal Claims and Appeals Procedures
There are several types of claims, and each has a different procedure described below for sending your claim and appeal to us as described in this "Internal Claims and Appeals Procedures" section:
1. Pre-service claims (urgent and non-urgent)
2. Concurrent care claims (urgent and non-urgent)
3. Post-service claims

In addition, there is a separate appeals procedure for adverse benefit determinations due to a retroactive termination of membership (rescission) or a denial of an application for individual plan coverage.

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When you file an appeal, we will review your claim without regard to our previous adverse benefit determination. The individual who reviews your appeal will not have participated in our original decision regarding your claim nor will the reviewer be the subordinate of someone who did participate in our original decision.

1. Pre-Service Claims and Appeals

   Pre-service claims are requests that we provide or pay for a Service that you have not yet received. Failure to receive Authorization before receiving a Service that must be authorized or pre-certified in order to be a covered Service may be the basis for our denial of your pre-service claim. If you receive any of the Services you are requesting before we make our decision, your pre-service claim or appeal will become a post-service claim or appeal with respect to those Services. If you have any general questions about pre-service claims or appeals, please call **Member Services**.

   Here are the procedures for filing a pre-service claim, a non-urgent pre-service appeal, and an urgent pre-service appeal.

   a. Pre-Service Claim

      Tell Health Plan in writing that you want us to provide or pay for a Service you have not yet received. Your request and any related documents you give us constitute your claim. You must either mail or fax your claim to **Utilization Management**.

      If you want us to consider your pre-service claim on an urgent basis, your request should tell us that. We will decide whether your claim is urgent or non-urgent unless your attending health care provider tells us your claim is urgent. If we determine that your claim is not urgent, we will treat your claim as non-urgent. Generally, a claim is urgent only if using the procedure for non-urgent claims (a) could seriously jeopardize your life, health, or ability to regain maximum function or if you have a physical or mental disability, creates an imminent and substantial limitation on your existing ability to live independently; or (b) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without the Services you are requesting. We may, but are not required to, waive the requirements related to an urgent claim and appeal, to permit you to pursue an expedited external review.

      We will review your claim and, if we have all the information we need, we will make a decision within a reasonable period of time but not later than 15 days after we receive your claim. We may extend the time for making a decision for an additional 15 days if circumstances beyond our control delay our decision, so long as we notify you prior to the expiration of the initial 15 day period and explain the circumstances for which we need the extra time and when we expect to make a decision. If we tell you we need more information, we will ask you for the information within 15 days of receiving your claim, and we will give you 45 days to send the information. We will make a decision within 15 days after we receive the first piece of information (including documents) we requested. We encourage you to send all the requested information at one time, so that we will be able to consider all of the information that you send us when we make our decision. If we do not receive any of the requested information (including documents) within 45 days after we send our request, we will make a decision based on the information we have within 15 days following the end of the 45 day period.

      We will send written notice of our decision to you and, if applicable, to your provider. Please let us know if you wish to have our decision sent to your provider.

      If your pre-service claim was considered on an urgent basis, we will notify you of our decision (whether adverse or not) orally or in writing within a timeframe appropriate to your clinical condition but not later than 72 hours after we receive your claim. Within 24 hours after we receive your claim, we may ask you for more information. We will notify you of our decision within 48 hours of receiving the first piece of requested information. If we do not receive any of the requested information, then we will notify you of our decision within 48 hours after making our request. If we notify you of our decision orally, we will send you written confirmation within three (3) days after that.

      If we deny your claim (if we do not agree to provide or pay for all the Services you requested), our adverse benefit determination notice will tell you why we denied your claim and how you can appeal.

   b. Non-Urgent Pre-Service Appeal

      Within 180 days after you receive our adverse benefit determination notice, you must tell us in writing that you want to appeal our denial of your pre-service claim. Please include the following: (1) your name and Medical Record Number, (2) your medical condition or relevant symptoms, (3) the specific Service that you are requesting, (4) all of the reasons why you disagree with our adverse benefit denial, and (5) all supporting documents. Your request and the supporting documents constitute your appeal. You must either mail or fax your appeal to the **Member Relations**.

      You have the right to request to appear at a review meeting. If you do not specify in your appeal that you would like to exercise your right to appear at a review meeting, we will perform a file review unless otherwise notified.

      If you would like to appear in-person or via telephone conference at the review meeting, please include this in your appeal request, or contact Member Services by calling 1-800-632-9700(TTY).

      If you opt for a file review, we will review your appeal and send you a written decision within a reasonable period of time that is appropriate given your medical condition but not more than 30 calendar days after we receive your appeal.

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If you opt to have your appeal reviewed at review meeting, within 60 day calendar days following receipt of your request, we will hold a review meeting. Your review meeting will be before a review panel of health care professionals who have the appropriate expertise, who were not previously involved in the appeal, who do not have a direct financial interest in the outcome of the review and are not a subordinate of any person previously involved in the appeal.

We will notify you in writing at least 20 calendar days in advance of the review meeting date, and we will notify you about the date and time of this review meeting. If you feel you need more time to gather evidence to present to the review panel, we cannot unreasonably deny your request for postponement of the review meeting even if the postponement causes the review meeting to occur beyond the 60-caledar day requirement.

Regardless of whether you choose a file review or a review meeting, the members of the appeals committee who review your appeal will consider any additional material provided by you. Upon request, we will provide copies of all information that we intend to present at the appeal meeting at least 5-calendar days prior to the meeting, unless any new material is developed after that 5-calendar day deadline. You will have the option to elect to have a recording made of the appeal meeting, if applicable, and if you elect to have the meeting recorded, we will make a copy available to you.

If we deny your appeal, our adverse benefit determination notice will tell you why we denied your appeal and will include information regarding any further process, including external review that may be available to you.

c. Urgent Pre-Service Appeal

Tell us that you want to urgently appeal our adverse benefit determination regarding your pre-service claim. Please include the following: (1) your name and Medical Record Number, (2) your medical condition or symptoms, (3) the specific Service that you are requesting, (4) all of the reasons why you disagree with our adverse benefit determination, and (5) all supporting documents. Your request and the supporting documents constitute your appeal. You may submit your appeal orally to **Member Services**, by mail or by fax to **Member Relations**.

When you send your appeal, you may also request simultaneous external review of our initial adverse benefit determination. If you want simultaneous external review, your appeal must tell us this. You will be eligible for the simultaneous external review only if your pre-service appeal qualifies as urgent. If you do not request simultaneous external review in your appeal, then you may be able to request external review after we make our decision regarding your appeal (see "External Review" below in this "Appeals and Complaints" section), if our internal appeal decision is not in your favor.

We will decide whether your appeal is urgent or non-urgent unless your attending health care provider tells us your appeal is urgent. If we determine that your appeal is not urgent, we will treat your appeal as non-urgent. Generally, an appeal is urgent only if using the procedure for non-urgent appeals (a) could seriously jeopardize your life, health, or ability to regain maximum function or if you have a physical or mental disability, creates an imminent and substantial limitation on your existing ability to live independently; or (b) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without the Services you are requesting. We may, but are not required to, waive the requirements related to an urgent appeal to permit you to pursue an expedited external review.

You do not have the right to attend or have counsel, advocates and health care professionals in attendance at the expedited review. You are, however, entitled to submit written comments, documents, records and other materials for the reviewer or reviewers to consider; and receive, upon request and free of charge, copies of all documents, records and other information regarding your request for benefits.

We will review your appeal and give you oral or written notice of our decision as soon as your clinical condition requires, but not later than 72 hours after we received your appeal. If we notify you of our decision orally, we will send you a written confirmation within three (3) days after that.

If we deny your appeal, our adverse benefit determination notice will tell you why we denied your appeal and will include information regarding any further process, including external review that may be available to you.

2. Concurrent Care Claims and Appeals.

Concurrent care claims are requests that Health Plan continue to provide, or pay for, an ongoing course of covered treatment or Services for a period of time or number of treatments, when the course of treatment or Services already being received will end. If you have any general questions about concurrent care claims or appeals, please call **Member Services**.

Unless you are appealing an urgent care concurrent claim, if we either (a) deny your request to extend your current authorized ongoing care (your concurrent care claim) or (b) inform you that authorized care that you are currently receiving is going to end early and you then appeal our decision (an adverse benefit determination), then during the time that we are considering your appeal, you may continue to receive the authorized Services. If you continue to receive these Services while we consider your appeal and your appeal does not result in our approval of your concurrent care claim, then we will only pay for the continuation of Services until we notify you of our appeal decision.

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Here are the procedures for filing a concurrent care claim, a non-urgent concurrent care appeal, and an urgent concurrent care appeal:

a. Concurrent Care Claim

Tell us in writing that you want to make a concurrent care claim for an ongoing course of covered treatment. Inform us in detail of the reasons that your authorized ongoing care should be continued or extended. Your request and any related documents you give us constitute your claim. You must either mail or fax your claim to **Utilization Management**.

If you want us to consider your claim on an urgent basis and you contact us at least 24 hours before your care ends, you may request that we review your concurrent claim on an urgent basis. We will decide whether your claim is urgent or non-urgent unless your attending health care provider tells us your claim is urgent. If we determine that your claim is not urgent, we will treat your claim as non-urgent. Generally, a claim is urgent only if using the procedure for non-urgent claims (a) could seriously jeopardize your life, health or ability to regain maximum function or if you have a physical or mental disability, create an imminent and substantial limitation on your existing ability to live independently; or (b) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without extending your course of covered treatment. We may, but are not required to, waive the requirements related to an urgent claim and appeal thereof, to permit you to pursue an expedited external review.

We will review your claim, and if we have all the information we need we will make a decision within a reasonable period of time. If you submitted your claim 24 hours or more before your care is ending, we will make our decision before your authorized care actually ends (that is, within 24 hours of receipt of your claim). If your authorized care ended before you submitted your claim, we will make our decision within a reasonable period of time but no later than 15 days after we receive your claim. We may extend the time for making a decision for an additional 15 days if circumstances beyond our control delay our decision, if we send you notice before the initial 15 days end and explain why we need the extra time and when we expect to make a decision. If we tell you we need more information, we will ask you for the information before the initial decision period ends, and we will give you until your care is ending or, if your care has ended, 45 days to send us the information. We will make our decision as soon as possible, if your care has not ended, or within 15 days after we first receive any information (including documents) we requested. We encourage you to send all the requested information at one time, so that we will be able to consider it all when we make our decision. If we do not receive any of the requested information (including documents) within the stated timeframe after we send our request, we will make a decision based on the information we have within the appropriate timeframe, not to exceed 15 days following the end of the 45 days that we gave you for sending the additional information.

We will send written notice of our decision to you and, if applicable to your provider, upon request. Please let us know if you wish to have our decision sent to your provider.

If we consider your concurrent claim on an urgent basis, we will notify you of our decision orally or in writing as soon as your clinical condition requires, but not later than 24 hours after we received your appeal. If we notify you of our decision orally, we will send you written confirmation within three (3) days after receiving your claim.

If we deny your claim (if we do not agree to provide or pay for extending the ongoing course of treatment or Services), our adverse benefit determination notice will tell you why we denied your claim and how you can appeal.

b. Non-Urgent Concurrent Care Appeal

Within 180 days after you receive our adverse benefit determination notice, you must tell us in writing that you want to appeal our adverse benefit determination. Please include the following: (1) your name and Medical Record Number, (2) your medical condition or symptoms, (3) the ongoing course of covered treatment that you want to continue or extend, (4) all of the reasons why you disagree with our adverse benefit determination, and (5) all supporting documents. Your request and all supporting documents constitute your appeal. You must either mail or fax your appeal to **Member Relations**.

You have the right to request to appear at a review meeting. If you do not specify in your appeal that you would like to exercise your right to appear at a review meeting, we will perform a file review unless otherwise notified.

If you would like to appear in-person or via telephone conference at the review meeting, please include this in your appeal request, or contact Member Services by calling 1-800-632-9700(TTY).

If you opt for a file review, we will review your appeal and send you a written decision within a reasonable period of time that is appropriate given your medical condition but not more than 30 calendar days after we receive your appeal.

If you opt to have your appeal reviewed at review meeting, within 60 day calendar days following receipt of your request, we will hold a review meeting. Your review meeting will be before a review panel of health care professionals who have the appropriate expertise, who were not previously involved in the appeal, who do not have a direct financial interest in the outcome of the review and are not a subordinate of any person previously involved in the appeal.

We will notify you in writing at least 20 calendar days in advance of the review meeting date, and we will notify you about the date and time of this review meeting. If you feel you need more time to gather evidence to present to the review panel, we cannot unreasonably deny your request for postponement of the review meeting even if the postponement causes the review meeting to occur beyond the 60-caledar day requirement.

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Regardless of whether you choose a file review or a review meeting, the members of the appeals committee who review your appeal will consider any additional material provided by you. Upon request, we will provide copies of all information that we intend to present at the appeal meeting at least 5-calendar days prior to the meeting, unless any new material is developed after that 5-calendar day deadline. You will have the option to elect to have a recording made of the appeal meeting, if applicable, and if you elect to have the meeting recorded, we will make a copy available to you.

If we deny your appeal, our adverse benefit determination decision will tell you why we denied your appeal and will include information about any further process, including external review that may be available to you.

c. Urgent Concurrent Care Appeal

Tell us that you want to urgently appeal our adverse benefit determination regarding your urgent concurrent claim. Please include the following: (1) your name and Medical Record Number, (2) your medical condition or symptoms, (3) the ongoing course of covered treatment that you want to continue or extend, (4) all of the reasons why you disagree with our adverse benefit determination, and (5) all supporting documents. Your request and the supporting documents constitute your appeal. You may submit your appeal orally to **Member Services**, by mail or by fax to **Member Relations**.

When you send your appeal, you may also request simultaneous external review of our adverse benefit determination. If you want simultaneous external review, your appeal must tell us this. You will be eligible for the simultaneous external review only if your concurrent care claim qualifies as urgent. If you do not request simultaneous external review in your appeal, then you may be able to request external review after we make our decision regarding your appeal (see "External Review" below in this "Appeals and Complaints" section).

We will decide whether your appeal is urgent or non-urgent unless your attending health care provider tells us your appeal is urgent. If we determine that your appeal is not urgent, we will treat your appeal as non-urgent. Generally, an appeal is urgent only if using the procedure for non-urgent appeals (a) could seriously jeopardize your life, health, or ability to regain maximum function or if you have a physical or mental disability, create an imminent and substantial limitation on your existing ability to live independently; or (b) would, in the opinion of a physician with knowledge of your medical condition, subject you to severe pain that cannot be adequately managed without continuing your course of covered treatment. We may, but are not required to, waive the requirements related to an urgent appeal to permit you to pursue an expedited external review.

You do not have the right to attend or have counsel, advocates and health care professionals in attendance at the expedited review. You are, however, entitled to submit written comments, documents, records and other materials for the reviewer or reviewers to consider; and receive, upon request and free of charge, copies of all documents, records and other information regarding your request for benefits.

We will review your appeal and notify you of our decision orally or in writing as soon as your clinical condition requires, but no later than 72 hours after we receive your appeal. If we notify you of our decision orally, we will send you a written confirmation within three (3) days after that.

If we deny your appeal, our adverse benefit determination notice will tell you why we denied your appeal and will include information about any further process, including external review that may be available to you.

3. Post-Service Claims and Appeals

Post-service claims are requests that we for pay for Services you already received, including claims for out-of-Plan Emergency Services or urgent care Services. If you have any general questions about post-service claims or appeals, please call **Member Services**.

Here are the procedures for filing a post-service claim and a post-service appeal:

a. Post-Service Claim

Within twelve (12) months from the date you received the Services, mail us a letter explaining the Services for which you are requesting payment. Provide us with the following: (1) the date you received the Services, (2) where you received them, (3) who provided them, and (4) why you think we should pay for the Services. You must include a copy of the bill, your medical record(s) and any supporting documents. Your letter and the related documents constitute your claim. Or, you may contact **Member Services** to obtain a claims form. You must either mail or fax your claim to the **Claims Department**.

We will not accept or pay for claims received from you after twelve (12) months from the date of Services.

We will review your claim, and if we have all the information we need we will send you a written decision within 30 days after we receive your claim. We may extend the time for making a decision for an additional 15 days if circumstances beyond our control delay our decision, if we notify you within 15 days after we receive your claim and explain the circumstances for which we need the extra time and when we expect to make a decision. If we tell you we need more information, we will ask you for the information, and we will give you 45 days to send us the information. We will make a decision within 15 days after we receive the first piece of information (including documents) we requested. We encourage you to send all the requested information at one time, so that we will be able to consider it all when we make our decision. If we do not receive any of the requested information (including documents) within 45 days after we send our request, we will make a decision based on the information we have within 15 days following the end of the 45 day period.

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If we deny your claim (if we do not pay for all the Services you requested), our adverse benefit determination notice will tell you why we denied your claim and how you can appeal.

b. Post-Service Appeal

Within 180 days after you receive our adverse benefit determination, tell us in writing that you want to appeal our denial of your post-service claim. Please include the following: (1) your name and Medical Record Number, (2) your medical condition or symptoms, (3) the specific Services that you want us to pay for, (4) all of the reasons why you disagree with our adverse benefit determination, and (5) include all supporting documents such as medical records. Your request and the supporting documents constitute your appeal. You must either mail or fax your appeal to **Member Relations**.

You have the right to request to appear at a review meeting. If you do not specify in your appeal that you would like to exercise your right to appear at a review meeting, we will perform a file review unless otherwise notified.

If you would like to appear in-person or via telephone conference at the review meeting, please include this in your appeal request, or contact Member Services by calling 1-800-632-9700(TTY).

If you opt for a file review, we will review your appeal and send you a written decision within a reasonable period of time that is appropriate given your medical condition but not more than 30 calendar days after we receive your appeal.

If you opt to have your appeal reviewed at review meeting, within 60 day calendar days following receipt of your request, we will hold a review meeting. Your review meeting will be before a review panel of health care professionals who have the appropriate expertise, who were not previously involved in the appeal, who do not have a direct financial interest in the outcome of the review and are not a subordinate of any person previously involved in the appeal.

We will notify you in writing at least 20 calendar days in advance of the review meeting date, and we will notify you about the date and time of this review meeting. If you feel you need more time to gather evidence to present to the review panel, we cannot unreasonably deny your request for postponement of the review meeting even if the postponement causes the review meeting to occur beyond the 60-caledar day requirement.

Regardless of whether you choose a file review or a review meeting, the members of the appeals committee who review your appeal will consider any additional material provided by you. Upon request, we will provide copies of all information that we intend to present at the appeal meeting at least 5-calendar days prior to the meeting, unless any new material is developed after that 5-calendar day deadline. You will have the option to elect to have a recording made of the appeal meeting, if applicable, and if you elect to have the meeting recorded, we will make a copy available to you.

If we deny your appeal, our adverse benefit determination will tell you why we denied your appeal and will include information regarding any further process, including external review that may be available to you.

Appeals of Retroactive Membership Termination (Rescission or cancellation retroactively)

We may terminate your membership retroactively (see section VIII. "Rescission of Membership"). We will send you written notice at least 30 days prior to the termination. If you have general questions about retroactive membership terminations or appeals, please call **Member Services.**

Here is the procedure for filing an appeal of a retroactive membership termination:

Within 180 days after you receive our adverse benefit determination that your membership will be terminated retroactively, you must tell us in writing that you want to appeal our termination of your membership retroactively. Please include the following: (1) your name and Medical Record Number, (2) all of the reasons why you disagree with our retroactive membership termination, and (3) all supporting documents. Your request and the supporting documents constitute your appeal. You must mail or fax your appeal to **Membership Administration**.

We will review your appeal and send you a written decision within 30 days after we receive your appeal.

If we deny your appeal, our adverse benefit determination notice will tell you why we denied your appeal and will include information regarding any further process, including external review, that may be available to you.

Appeals of Denial of Individual Plan Application

Here is the procedure for filing an appeal of our denial of an individual plan application:

Within 180 days after you receive our adverse benefit determination regarding your individual plan application, you must tell us in writing that you want to appeal our denial of an individual plan application. Please include the following: (1) your name and application reference number, (2) all of the reasons why you disagree with our adverse benefit determination, and (3) all supporting documents. Your request and the supporting documents constitute your appeal. You must mail your appeal to:

Membership Administration
Kaiser Permanente
P.O. Box 23127
San Diego, CA 92193

We will review your appeal and send you a written decision within 30 days after we receive your appeal.

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If we deny your appeal, our adverse benefit determination notice will tell you why we denied your appeal and will include information regarding any further process, including external review that may be available to you.

External Review

Following receipt of an adverse benefit determination letter, you may have a right to request an external review.

You have the right to request an independent external review of our decision if our decision involves an adverse benefit determination regarding a denial of a claim, in whole or in part, that (1) is a denial of a preauthorization for a Service; (2) is a denial of a request for Services on the ground that the Service is not Medically Necessary, appropriate, effective or efficient or is not provided in or at the appropriate health care setting or level of care; (3) is a denial of a request for Services on the ground that the Service is experimental or investigational; (4) concludes that parity exists in the non-quantitative treatment limitations applied to behavioral health care (mental health and/or substance abuse) benefits; or, (5) involves consideration of whether we are complying with federal law requirements regarding balance (surprise) billing and/or cost sharing protections pursuant to the No Surprises Act (Public Health Service Act sections 2799A-1 and 2799A-2 and 45 C.F.R. §§149.110 --149.130). If our final adverse decision does not involve adverse benefit determination as described in the preceding sentence, then your claim is **not** eligible for external review provided, however, independent external review is available when we deny your appeal because you request medical care that is excluded under your Kaiser Permanente plan and you present evidence from a licensed Colorado professional that there is a reasonable medical basis that the exclusion does not apply.

You will not be responsible for the cost of the external review. There is no minimum dollar amount for a claim to be eligible for an external review.

To request external review, you must:

1. Submit a completed Independent External Review of Carrier's Final Adverse Determination form which will be included with the mandatory internal appeal decision letter and explanation of your appeal rights (you may call **Member Services** to request a copy of this form) to **Member Relations** within four (4) months of the date of receipt of the mandatory internal appeal decision. We shall consider the date of receipt for our notice to be three (3) days after the date on which our notice was drafted, unless you can prove that you received our notice after the three (3) day period ends.
2. Include in your written request a statement authorizing us to release your claim file with your health information including your medical records; or, you may submit a completed Authorization for Release of Appeal Information form which is included with the mandatory internal appeal decision letter and explanation of your appeal rights (you may call **Member Services** to request a copy of this form).

If we do not receive your external review request form and/or authorization form to release your health information, then we will not be able to act on your request. We must receive all of this information prior to the end of the applicable timeframe (4 months) for your request of external review.

Expedited External Review

You may request an expedited review if (1) you have a medical condition for which the timeframe for completion of a standard review would seriously jeopardize your life, health, or ability to regain maximum function, or, if you have a physical or mental disability, would create an imminent and substantial limitation to your existing ability to live independently, or (2) in the opinion of a physician with knowledge of your medical condition, the timeframe for completion of a standard review would subject you to severe pain that cannot be adequately managed without the medical services that you are seeking. You may request expedited external review simultaneously with your expedited internal appeal as permitted under this Membership Agreement. A request for an expedited external review must be accompanied by a written statement from your physician that your condition meets the expedited criteria. You must include the physician's certification that you meet expedited external review criteria when you submit your request for external review along with the other required information (described above).

Additional Requirements for External Review regarding Experimental or Investigational Services

You may request external review or expedited external review involving an adverse benefit determination based upon the Service being experimental or investigational. Your request for external review or expedited external review must include a written statement from your physician that either (a) standard health care services or treatments have not been effective in improving your condition or are not medically appropriate for you, or (b) there is no available standard health care service or treatment covered under this Membership Agreement that is more beneficial than the recommended or requested health care service (the physician must certify that scientifically valid studies using accepted protocols demonstrate that the requested health care service or treatment is more likely to be more beneficial to you than an available standard health care services or treatments), and the physician is a licensed, board-certified, or board-eligible physician to practice in the area of medicine to treat your condition. If you are requesting expedited external review, then your physician must also certify that the requested health care service or treatment would be less effective if not promptly initiated. These certifications must be submitted with your request for external review.

No expedited external review is available when you have already received the medical care that is the subject of your request for external review. If you do not qualify for expedited external review, we will treat your request as a request for standard external review.

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After we receive your request for external review, we shall notify you of the information regarding the independent external review entity that the Division of Insurance has selected to conduct the external review.

If we deny your request for standard or expedited external review, including any assertion that we have not complied with the applicable requirements related to our internal claims and appeals procedure, then we may notify you in writing and include the specific reasons for the denial. Our notice will include information about your right to appeal the denial to the Division of Insurance. At the same time that we send this denial notice to you, we will send a copy of it to the Division of Insurance.

You will not be able to present your appeal in person to the independent external review organization. You may, however, send any additional information that is significantly different from information provided or considered during the internal claims and appeal procedure. If you send new information, we may consider it and reverse our decision regarding your appeal.

You may submit your additional information to the independent external review organization for consideration during its review within five (5) working days of your receipt of our notice describing the independent review organization that has been selected to conduct the external review of your claim. Although it is not required to do so, the independent review organization may accept and consider additional information submitted after this five (5) working day period ends.

The independent external review entity shall review information regarding your benefit claim and shall base its determination on an objective review of relevant medical and scientific evidence. Within 45 days of the independent external review entity's receipt of your request for standard external review, it shall provide written notice of its decision to you. If the independent external review entity is deciding your expedited external review request, then the independent external review entity shall make its decision as expeditiously as possible and no more than 72 hours after its receipt of your request for external review and within 48 hours of notifying you orally of its decision provide written confirmation of its decision. This notice shall explain the external review entity's decision and that the external review decision is the final appeal available under state insurance law. An external review decision is binding on Health Plan and you except to the extent Health Plan and you have other remedies available under federal or state law. You or your designated representative may not file a subsequent request for external review involving the same Health Plan adverse determination for which you have already received an external review decision.

If the independent external review organization overturns our denial of payment for care you have already received, we will issue payment within five (5) working days. If the independent review organization overturns our decision not to authorize pre-service or concurrent care claims, Kaiser Permanente will authorize care within one (1) working day. Such covered services shall be provided subject to the terms and conditions applicable to benefits under your plan.

Except when external review is permitted to occur simultaneously with your urgent pre-service appeal or urgent concurrent care appeal, you must exhaust our internal claims and appeals procedure for your claim before you may request external review unless we have failed to substantially comply with federal and/or state law requirements regarding our claims and appeals procedures.

Additional Review

You may have certain additional rights if you remain dissatisfied after you have exhausted our internal claims and appeals procedures, and if applicable, external review. If you are enrolled through a plan that is subject to the Employee Retirement Income Security Act (ERISA), you may file a civil action under section 502(a) of the federal ERISA statute. To understand these rights, you should check with your benefits office or contact the Employee Benefits Security Administration (part of the U.S. Department of Labor) at 1-866-444-EBSA (3272). Alternatively, if your plan is not subject to ERISA (for example, most state or local government plans and church plans or all individual plans), you may have a right to request review in state court.

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B. Complaints

1. If you are not satisfied with the Services received at a particular Plan Facility, or if you have a concern about the personnel or some other matter relating to Services and wish to file a complaint, you may do so by following the procedures listed below.
   a. Sending your written complaint to **Member Relations**; or
   b. Telephoning **Member Services**.

2. After you notify us of a complaint, this is what happens:
   a. A Member Relations Liaison reviews the complaint and conducts an investigation, verifying all the relevant facts.
   b. The Member Relations Liaison or a Plan Provider evaluates the facts and makes a recommendation for corrective action, if any.
   c. When you file a written complaint, we usually respond in writing within 30 calendar days, unless additional information is required.
   d. When you make a verbal complaint, a verbal response is usually made within 30 calendar days.

3. If you are dissatisfied with the resolution, you have the right to request a second review. Please put your request in writing to **Member Relations**.

   Member Services will respond to you in writing within 30 calendar days of receipt of your request.

We want you to be satisfied with our Plan Facilities, Services, and Plan Providers. Using this Member satisfaction procedure gives us the opportunity to correct any problems that keep us from meeting your expectations and your health care needs. If you are dissatisfied for any reason, please let us know. Please call **Member Services**.

X. INFORMATION ON POLICY AND RATE CHANGES

Your Membership Agreement with us will change periodically. If these changes affect this Membership Agreement or your Premiums, we will notify you at least 60 days prior to the effective date of the change. If it is necessary to make revisions to this Membership Agreement, we will issue revised materials to you.

XI. DEFINITIONS

The following are terms used in this booklet and other materials connected with your coverage. When a defined term is used, it will have the meaning set forth in this section and it will be capitalized in the text. Any capitalized words not defined in this section that have precise meanings will be defined where they are used in the text.

Accumulation Period: As stated in the "Schedule of Benefits (Who Pays What)," the period of time during which benefits are paid and are counted towards the maximum allowed for the specific benefit.

Affiliated Provider: A licensed medical provider, other than a Medical Group or Health Plan provider, who is contracted to provide covered Services to Members under this Membership Agreement. Affiliated Providers may change during the year.

Ancillary Services: Services that are:

- Items and services related to emergency medicine, anesthesiology, pathology, radiology and neonatology, whether provided by a physician or non-physician practitioner
- Items and services provided by assistant surgeons, hospitalists, and intensivists
- Diagnostic services, including radiology and laboratory services
- Items and services provided by a nonparticipating provider if there is no participating provider who can furnish such item or service at such facility
- Items or services furnished as a result of unforeseen, urgent medical needs that arise at the time an item or service is furnished, regardless of whether the Out-of-Plan Provider satisfies the notice and consent requirements under federal law.

Authorization: A referral request that has received approval from Health Plan.

Biologic: A drug produced from a living organism and used to treat or prevent disease.

Biosimilar: A drug highly similar to an already approved biological drug.

Charge(s):

1. For Services provided by Plan Providers or Medical Group, the Charges in Health Plan's schedule of Medical Group and Health Plan Charges for Services provided to Members; or
2. For Services for which a provider (other than Medical Group or Health Plan) is compensated on a capitation basis, the Charges in the schedule of Charges that Kaiser Permanente negotiates with the capitated provider; or
3. For items obtained at a Plan Pharmacy, the amount the Plan Pharmacy would charge a Member for the item if a Member's benefit plan did not cover the item (this amount is an estimate of: the cost of acquiring, storing, and dispensing drugs, the direct and indirect costs of providing Kaiser Permanente pharmacy Services to Members, and the Plan Pharmacy program's contribution to the net revenue requirements of Health Plan); or
4. For Emergency Services received from Out-of-Plan Providers (including Post Stabilization Care that constitutes Emergency Services under federal law), the amount required to be paid by Health Plan pursuant to state law, when it is applicable, or federal law, including any amount determined through negotiation or an independent dispute resolution (IDR) process; or
5. For all other Services received from Out-of-Plan Providers (including Post Stabilization Services that are not Emergency Services under federal law and Ancillary Services), the amount (1) required to be paid pursuant to state law, when it is applicable, or federal law, including any amount determined through negotiation or an independent dispute resolution (IDR) process, or (2) in the event that neither state or federal law prohibiting balance billing apply, then the amount agreed to by the Out-of-Plan Provider and us, or absent such an agreement, the usual, customary and reasonable rate for those services as determined by us based on objective criteria.
6. For all other Services, the payments that Health Plan makes for the Services (or, if Health Plan subtracts a Copayment, Coinsurance or Deductible from its payment, the amount Health Plan would have paid if it did not subtract the Copayment, Coinsurance or Deductible).

CMS: The Centers for Medicare & Medicaid Services, the federal agency responsible for administering Medicare.

Coinsurance: A percentage of Charges that you must pay when you receive a covered Service as listed in the "Schedule of Benefits (Who Pays What)."

Copayment (Copay): The specific dollar amount you must pay for a covered Service as listed in the "Schedule of Benefits (Who Pays What)."

Deductible: The amount you must pay in an Accumulation Period for certain Services before we will cover those Services in that Accumulation Period. The "Schedule of Benefits (Who Pays What)" explains the amount of the Deductible and which Services are subject to the Deductible.

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Dependent: A Member whose relationship to a Subscriber is the basis for membership eligibility and who meets the eligibility requirements as a Dependent. For Dependent eligibility requirements, see "Who Is Eligible" in the "Eligibility" section.

Emergency Medical Condition: A medical condition, including a mental health condition or substance use disorder, that manifests itself by acute symptoms of sufficient severity, including severe pain, that a prudent layperson with an average knowledge of health and medicine could reasonably expect, in the absence of immediate medical attention, to result in:
1. Serious jeopardy to the health of a person or, with respect to a pregnant person, the health of the person or their unborn child;
2. Serious impairment to bodily functions; or
3. Serious dysfunction of any bodily organ or part.

Emergency Services: All of the following with respect to an Emergency Medical Condition:
- An appropriate medical screening examination (as required under the federal Emergency Medical Treatment and Active Labor Act (section 1867 of the Social Security Act) ("EMTALA")) that is within the capability of the emergency department of a hospital or of an Independent Freestanding Emergency Department, including ancillary services routinely available to the emergency department to evaluate the Emergency Medical Condition.
- Within the capabilities of the staff and facilities available at the hospital, or Independent Freestanding Emergency Department, as applicable, such further medical examination and treatment required under EMTALA (or would be required under EMTALA if EMTALA applied to an Independent Freestanding Emergency Department) to stabilize the patient (regardless of the department of the hospital in which such further examination or treatment is furnished).
- Post Stabilization Care furnished by an Out-of-Plan Provider (including a nonparticipating emergency facility) is covered as Emergency Services when federal law applies AND
    - Your attending Out-of-Plan Provider determines that you are not able to travel using nonmedical transportation or nonemergency medical transportation to an available Plan Provider within a reasonable travel distance, taking into account your medical condition; or,
    - You (or your authorized representative) are not in a condition to receive, and/or to provide consent to, the Out-of-Plan Provider's notice and consent form, in accordance with applicable state law pertaining to informed consent as determined by your attending Out-of-Plan Provider using appropriate medical judgment.

Note: Once your condition is stabilized, covered Services that you receive are Post Stabilization Care and not Emergency Services EXCEPT when you receive Emergency Services from Out-of-Plan Providers AND federal law requires coverage of your Post Stabilization Care as Emergency Services. Post Stabilization Care is subject to all of the terms and conditions of this Membership Agreement including but not limited to prior Authorization requirements unless federal law applies and defines such Post Stabilization Care as Emergency Services.

Family Unit: A Subscriber and all of their Dependents.

Habilitative Services: Health care Services and devices that help a person keep, learn, or improve skills and functioning for daily living. Examples include therapy for a child who is not walking or talking at the expected age. These Services may include physical and occupational therapy, speech-language pathology, and other Services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Plan: Kaiser Foundation Health Plan of Colorado, a Colorado nonprofit corporation.

Independent Freestanding Emergency Department: A health care facility that is geographically separate and distinct and licensed separately from a hospital under applicable State law and that provides Emergency Services.

Kaiser Permanente: The direct service medical care program conducted by Health Plan, Kaiser Foundation Hospitals, and Medical Group, together.

Kaiser Permanente Medical Office Building: An outpatient treatment facility operated and staffed by Health Plan and Medical Group. Please refer to your Provider Directory for additional information about each Medical Office Building.

Life or Limb Threatening Emergency: Any event that a prudent layperson would believe threatens his or her life or limb in such a manner that a need for immediate medical care is created to prevent death or serious impairment of health.

Medical Group: The Colorado Permanente Medical Group, P.C., a for-profit medical corporation.

Medically Necessary services or supplies are those that are determined by Health Plan to be all of the following:
- Required to prevent, diagnose, or treat your condition or clinical symptoms; and
- In accordance with generally accepted standards of medical practice; and
- Not solely for the convenience of you, your family, and/or your provider; and
- The most appropriate level of care that can safely be provided to you.

The fact that a Plan Provider or Out-of-Plan Provider prescribes, recommends, or refers you to a Service does not make that Service Medically Necessary or covered under this Membership Agreement.

Medicare: A federal health insurance program for people 65 and over, certain disabled people, and those with end-stage renal disease (ESRD).

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Member: A person who is eligible and enrolled under this Membership Agreement, and for whom we have received applicable Premiums. This Membership Agreement sometimes refers to Member as "you" or "your."

Observation Services: Outpatient hospital Services given to help the doctor decide if you need to be admitted as an inpatient or can be discharged. Observation Services may be given in the emergency department or another area of the hospital.

Out-of-Plan Facility: Those facilities that are not contracted with, or owned by, Kaiser Permanente.

Out-of-Plan Provider: Those providers who are not contracted with, or employed by, Kaiser Permanente.

Out-of-Pocket Maximum: The annual limit to the total amount of Deductible (if any), certain Copayments, and certain Coinsurance you must pay in an Accumulation Period for covered Services, as described in the "Schedule of Benefits (Who Pays What)."

Plan Facility: A medical office, ambulatory surgery center, urgent care center, Plan Hospital, or other facility that is owned by, or contracted with, Kaiser Permanente. This does not include facilities that contract only for referral Services. Plan Facilities may change during the year.

Plan Hospital: A hospital that has contracted to provide Services under this Membership Agreement. Services available at Plan Hospitals may vary. Plan Hospitals may change during the year.

Plan Optometrist: A licensed optometrist who is an employee of Health Plan or any licensed optometrist who contracts to provide Services to Members.

Plan Pharmacy: A pharmacy owned and operated by Kaiser Permanente or another pharmacy that we designate. Plan Pharmacies may change during the year.

Plan Provider: A licensed medical provider who is an employee of Medical Group or Health Plan, or an Affiliated Provider (but not including providers who contract only to provide referral Services). Plan Providers may change during the year.

Post Stabilization Care: Means Medically Necessary Services related to your Emergency Medical Condition that you receive after your treating physician determines that your Emergency Medical Condition is Stabilized. We cover Post Stabilization Care only when (1) it is considered to be Emergency Services under federal law (without prior Authorization) or, (2) we determine that such Services are Medically Necessary pursuant to a request for prior Authorization for the Service.

Premiums: Periodic membership charges paid by or on behalf of each Member. Premiums are in addition to any Copayment, Coinsurance, or Deductible, if applicable.

Residential Treatment Center: A facility or distinct part of a facility for psychiatric care which provides a total 24-hour therapeutically planned and professionally staffed group living and learning environment. The term Residential Treatment Center does not include a provider, or that part of a provider, used mainly for:

1. Nursing care.
2. Rest care.
3. Convalescent care.
4. Care of the aged.
5. Custodial Care.
6. Educational care.

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Service Area: Our Service Area consists of certain geographic areas in Colorado which are designated by county. Our Service Area may change. Contact Member Services for a complete listing of our Service Area counties.

Services: Health care services or items.

Skilled Nursing Facility: A facility that is licensed as such by the state of Colorado, certified by Medicare and approved by Health Plan. The facility's primary business must be the provision of 24-hour-a-day licensed skilled nursing care for patients who need skilled nursing or skilled rehabilitation care, or both, on a daily basis, as part of an ongoing medical treatment plan.

Spouse: Your partner in marriage or a civil union as determined by state law.

Stabilize: To provide the medical treatment of the Emergency Medical Condition that is necessary to assure, within reasonable medical probability, that no material deterioration of the condition is likely to result from or occur during the transfer of the person from the facility. With respect to a pregnant person who is having contractions, when there is inadequate time to safely transfer them to another hospital before delivery (or the transfer may pose a threat to the health or safety of the person or unborn child), "Stabilize" means to deliver (including the placenta).

Step Therapy: A protocol that requires a covered person to use a prescription drug or sequence of prescription drugs, other than the drug that the covered person's health care provider recommends for the covered person's treatment, before the carrier provides coverage for the recommended prescription drug.

Subscriber: A Member who is eligible for membership on their own behalf and not by virtue of Dependent status and who meets the eligibility requirements as a Subscriber. For Subscriber eligibility requirements, see "Who Is Eligible" in the "Eligibility" section.

Utilization Management Program Criteria: Evidence-based guidelines, sources, and criteria used by Health Plan to make Medical Necessity determinations.

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