

# OUR CARE OUR CHOICE ACT - FREQUENTLY ASKED QUESTIONS

You have been given this document because you have asked about receiving a medicine to end your life. The questions and answers are an introduction to the information. It also explains the process needed to proceed.

## What is the Our Care Our Choice Act?

It is a Hawaii state law. It gives eligible adults an option to ask for prescription medicine that would allow them to end their lives.

## What is the Medical Aid in Dying Program (MAID)?

MAID is Kaiser Permanente's program for patients who are interested in the process made possible by the Our Care Our Choice Act.

## How do I know if I am eligible?

You must meet **all** the following criteria:

- Be 18 years old or older
- Be a Hawaii state resident
- Be able to understand the choice to take the medicine
  - This includes the risks and benefits
- Be able to voluntarily express the wish to take the medicine
- Be able to take the medicine yourself
- Have two medical providers agree that you meet criteria
- Have an additional mental health provider confirm:
  - your ability to understand and make medical decisions for yourself
  - that you are not suffering from a mental health condition that could impact your ability to make decisions

## What is an aid in dying medicine?

A medicine that a provider prescribes specifically to a patient to bring about death.

## Is taking the medicine considered suicide?

- The proper use of this medicine under the law does not constitute suicide in the eyes of the law.
- Life insurance companies cannot deny coverage based on use of this medicine.

## What if I change my mind and decide not to take an aid in dying medicine?

- You can always choose not to take the medicine, even if you have it in your possession.
- You can cancel your request at any time.

## What if I feel pressured to consider, or I'm not sure about this option?

Please talk to your provider about your concerns.

## What are my options if the provider(s) says I am not eligible?

You can talk to your provider about other options.

## Is this program a covered benefit?

- Every patient's medical benefits and coverage are different.
- If you are eligible, we will connect you with a financial counselor. S/he can best answer all your questions.

## How do I move forward to request an aid in dying medicine for myself?

The provider treating your illness can help you start the process. Please call the Kaiser Permanente Specialty Call Center at **1-808-432-8000** to schedule a call.

MEDICAL AID IN  
DYING PROGRAM