Advantage Plus
Get comprehensive dental, extra hearing, and extra vision benefits

Enroll now for 2023

Learn more at kp.org/advantageplus
Be healthy. Be vibrant.

Now you have the option to add comprehensive dental, extra hearing, and extra vision benefits to your Kaiser Permanente Senior Advantage plan. And even better, it’s affordable.

Want more info? To learn more or to enroll online, visit us at kp.org/advantageplus. Or call us toll-free at 1-877-451-3816 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.
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Advantage Plus

A benefits package for a healthier, more vibrant you

As a Kaiser Permanente Senior Advantage member, you enjoy the ease of combining your Medicare coverage with Kaiser Permanente coverage in a single plan. Now, with Advantage Plus, you can get valuable comprehensive dental, extra hearing, and extra vision benefits added to your plan. So you get the health care coverage you need. And all of your health benefits are in one convenient package.

Get more health coverage. More value.

• More benefits
  Only $15 a month adds Advantage Plus coverage to your Senior Advantage plan. You’ll get comprehensive dental, extra hearing, and extra vision benefits.

• The convenience of one simple bill
  You’ll get one bill that includes both your Senior Advantage and Advantage Plus coverage – so taking care of your health is easier than ever. If you like, you can pay your bill through monthly credit card or electronic bank payments

  Advantage Plus gives you the choice to add more benefits to your Senior Advantage plan. The Advantage Plus package is optional, so if you want to add these benefits, be sure to fill out the Advantage Plus Enrollment Form in this kit.

Kaiser Permanente is an HMO plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. You must reside in the Kaiser Permanente health plan area in which you enroll.
Benefits at a glance

This chart shows the key **comprehensive dental, extra hearing, and extra vision benefits** you’ll get when you add Advantage Plus to your Senior Advantage plan. For all 3 benefits, you pay a **$15 monthly premium**, which is added to your monthly Senior Advantage premium.

To learn more about how to enroll, please see “How to Enroll in Advantage Plus” on page 14.

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<td>• All other plans: $100</td>
<td>• All other plans: $380 total</td>
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Enjoy the power of a healthy smile

Your dental health is key to your overall health. Healthy teeth and gums allow you to eat better and feel better.

Preventing and treating dental problems are important at any stage of life. You may feel more tooth sensitivity or have dental problems as a result of certain medications or health conditions. Regular oral exams not only keep your mouth healthy — they can also help spot medical problems.

Advantage Plus makes it easy to smile, because you know you’re getting the dental care you need.

Health tip:

Reduce your risk of infection
Brushing and flossing are important for healthy teeth. They also help reduce the risk of infection. Bacteria can travel from the mouth to other parts of the body, causing infection. This is a major cause of joint replacements failing. With proper oral health, including brushing, flossing, and regular checkups and cleanings, you can help keep your whole body healthy.
Frequently asked questions

Advantage Plus dental benefits are provided through the DeltaCare® USA program offered by Delta Dental of California.

**Q: What is the DeltaCare USA program?**
**A:** The DeltaCare USA program, offered by Delta Dental, provides a broad range of dental care through a convenient network of dentists. These contract dentists are screened to make sure that they maintain Delta Dental’s standards of quality, access, and safety. All of the dentists in our network have established dental practices. There are no deductibles, no lifetime maximums, and virtually no claim forms under this dental program. See Chapter 4 in your Senior Advantage Evidence of Coverage for more information.

**Q: When can I begin to use my Advantage Plus dental benefits?**
**A:** Once your enrollment in Advantage Plus is confirmed, you can begin using your dental benefits on your effective date. You’ll also receive a Welcome Letter with a new ID card from Delta Dental.

**Q: How do I choose my dentist?**
**A:** Delta Dental will assign you to a contract dentist based on your home ZIP code. If you would like to change your assigned dentist, you can do so at any time. Call Delta Dental’s Customer Service Department toll-free at 1-877-644-1774 (TTY 711), Monday through Friday, 8 a.m. to 8 p.m. Eastern time; 7 days a week, October 1 to February 15, 8 a.m. to 8 p.m. ET. Before you can change your contract dentist, you must also complete any treatment in progress, such as (a) partial or full dentures for which final impressions have been taken, (b) completion of root canals, or (c) delivery of crowns when teeth have been prepared.

**Note:** It can take a few weeks for the dentist you selected to be activated in Delta Dental’s system. If you would like to see your dentist within the first few weeks of your enrollment in Advantage Plus, you should call Delta Dental to confirm that the dentist you chose is in their system and accepting patients. For questions about your dentist, or if you would like to change your dentist, call Delta Dental’s Customer Service Department toll-free at 1-877-644-1774 (TTY 711), Monday through Friday, 8 a.m. to 8 p.m. Eastern time; 7 days a week, October 1 to February 15, 8 a.m. to 8 p.m. ET.

**Q: What if I need to change my Delta dentist?**
**A:** You may change your dentist at any time by calling Delta Dental’s Customer Service Department toll-free at 1-877-644-1774 (TTY 711), Monday through Friday, 8 a.m. to 8 p.m. Eastern time; 7 days a week, October 1 to February 15, 8 a.m. to 8 p.m. ET, or visiting deltadentalins.com, entering your location, and selecting the DeltaCare USA Medicare network. You must make your request for a contract dentist change before the 21st of the month for the change to be effective the first day of the next month.

Before you can change your contract dentist, you must also complete any treatment in progress, such as (a) partial or full dentures for which final impressions have been taken, (b) completion of root canals, or (c) delivery of crowns when teeth have been prepared.
Q: How do I make an appointment?
A: To make an appointment, simply call your contract dentist’s office and let them know you’re a DeltaCare USA enrollee. If you have questions about available appointments or being able to get to a dentist, call Delta Dental’s Customer Service Department toll-free at 1-877-644-1774 (TTY 711), Monday through Friday, 8 a.m. to 8 p.m. Eastern time; 7 days a week, October 1 to February 15, 8 a.m. to 8 p.m. ET.

To get covered services, you must go to your assigned Delta dentist. Services provided by a specialist preapproved by Delta Dental or emergency services are exceptions. Any other treatment is not covered under this dental program.

Q: What happens if I have an emergency?
A: If you need emergency services, you should get in touch with your contract dentist whenever possible. If you don’t have an assigned contract dentist yet and you need emergency services, you should contact Delta Dental’s Customer Service Department toll-free at 1-877-644-1774 (TTY 711), Monday through Friday, 8 a.m. to 8 p.m. Eastern time; 7 days a week, October 1 to February 15, 8 a.m. to 8 p.m. ET, and they will help you find a dentist. For more information about emergency benefits, see your Senior Advantage Evidence of Coverage.

Q: Can I get a second opinion?
A: You may ask for a second opinion if you disagree with or question your contract dentist’s diagnosis or treatment plan. Delta Dental may also ask you to get a second opinion to confirm that your contract dentist’s treatment or your use of benefits is necessary and appropriate. For more information, see your Senior Advantage Evidence of Coverage.
Hear well. Live well.

Good hearing can help you enjoy life to the fullest – making you more confident, secure, and connected to your world.

Millions of Americans have some degree of hearing loss. Among people over 50, it’s the third most common health issue, behind heart disease and arthritis. But now more than ever, hearing loss doesn’t mean that your quality of life has to change. Today’s hearing products are smaller, more effective, and more comfortable than they were in the past.

Hearing benefits from Advantage Plus can help make sure you’re not missing the sounds and conversations that make life more fulfilling.

Health tip:

Quick hearing self-check
If you think you have a hearing problem, get your hearing checked by Kaiser Permanente or our hearing aid partners at a HearUSA center near you. Use these questions for a simple self-check of your hearing health:

- Do you often ask people to speak up or repeat themselves?
- Do you have trouble following conversations in a noisy room or understanding speech on the phone?
- Do you have trouble hearing the sound of your telephone, alarm clock, or doorbell?
- Do others complain that your TV or stereo is too loud?
Frequently asked questions

Hearing services for Kaiser Permanente members are provided by the following:

• Kaiser Permanente Audiology Department

• HEARx West, doing business as HearUSA, is a limited liability company owned by The Permanente Federation LLC, Kaiser Foundation Health Plan, Inc., and HearUSA (a wholly owned subsidiary of WS Audiology). The Southern California Permanente Medical Group has a membership interest in the Permanente Federation. HearUSA works with your health plan to provide a broad range of affordable hearing care products and services

Q: Which hearing tests are covered?
A: Your current Kaiser Permanente Senior Advantage plan covers diagnostic hearing tests to check if you need hearing correction or to make a diagnosis when you think you’re having a hearing problem. You can get a diagnostic audiology test at the copay that’s described in your Senior Advantage Evidence of Coverage. If you think you’re losing your hearing, call the Kaiser Permanente Audiology Department.

Hearing aid evaluations to help your hearing care professional recommend the correct hearing aid for you and confirm that the aid matches your prescription are covered at no extra charge. HearUSA will also test your hearing aids at no extra charge to make sure they’re working properly.

Q: If I have hearing loss, what is my coverage for hearing aids?
A: If you’re a Kaiser Permanente member with the Advantage Plus package, you’ll receive an additional $500 allowance toward the purchase of a hearing aid in each ear in addition to the standard allowance available to Senior Advantage members (see your Senior Advantage Evidence of Coverage). This allowance is available once every 3 years. If the hearing aid you purchase costs more than the entire allowance amount, you’ll need to pay the difference.

Q: Where can I get my hearing aids?
A: To use your hearing aid benefit, you must purchase the aid at any of the HearUSA locations in Southern California. To find a location near you, see page 10 or call HearUSA toll-free at 1-855-885-6512, Monday through Friday, 5 a.m. to 5 p.m. (Note: Kaiser Permanente audiology departments do not service or carry hearing aids. Hearing aid benefits cannot be applied outside of HearUSA.)
Q: Do I need a referral or special claim form to use my hearing aid benefit?
A: No. You don’t need referrals or claim forms for hearing aids.

Q: Are there any limits to the type or style of hearing aid I can get?
A: To use your hearing aid benefit, you may purchase your hearing aids at any HearUSA center. Your HearUSA hearing care professional will help you choose hearing aids that best meet your needs. A complete range of technologies and styles is available, and your test results and recommended treatment options will be explained to you.

Q: What if I have a medical problem with my hearing?
A: If the Kaiser Permanente or HearUSA hearing care provider finds a medical problem during your exam, they’ll update your primary care doctor and help you get the correct medical follow-up.

Q: What if I need service or repairs on my hearing aids?
A: If you bought your hearing aids at HearUSA, you have a limited warranty for a 3-year period. Batteries, repairs, and accessories are not covered under this benefit. Hearing aids and related services purchased at HearUSA may be covered by additional warranty by HearUSA – you should contact your HearUSA location for more details and options available to Kaiser Permanente members.
HearUSA Centers

For more information, call HearUSA toll-free at 1-855-885-6512 (TTY 711), Monday through Friday, 5 a.m. to 5 p.m., or visit HearUSA.com.

KERN COUNTY

Bakersfield
2530 F St., #100
Bakersfield, CA 93301

LOS ANGELES COUNTY

Claremont
554 E. Baseline Rd.
Claremont, CA 91711

Downey
8995 Apollo Way
Downey, CA 90242

Glendora
425-A W. Foothill Blvd.
Glendora, CA 91741

Granada Hills
16914 San Fernando Mission Blvd.
Granada Hills, CA 91344

Lakewood
4206 Woodruff Ave.
Lakewood, CA 90713

Lancaster
2054 W. Avenue K
Lancaster, CA 93535

Los Feliz
2654 Griffith Park Blvd.
Los Angeles, CA 90039

Marina Del Rey
4345 Glencoe Ave.
#C-12A4
Marina Del Rey, CA 90292

Monterey Park
2076 S. Atlantic Blvd.
Monterey Park, CA 91754

North Hollywood
5160 Vineland Ave.
Ste. 101C
North Hollywood, CA 91601

Pasadena
3655 E. Foothill Blvd.
Pasadena, CA 91107

Reseda
19367 Victory Blvd., #14
Reseda, CA 91335

San Pedro
936 N. Western Ave., #270
San Pedro, CA 90732

Santa Clarita
26504 Bouquet Canyon Rd.
Santa Clarita, CA 91350

Santa Monica
625 Montana Ave., Ste. B
Santa Monica, CA 90403

South Bay
3525 Pacific Coast Hwy.
Ste. N
Torrance, CA 90505

Sun Valley
8341 Laurel Canyon Blvd.
Sun Valley, CA 91352

Torrance
20020 Hawthorne Blvd.
Torrance, CA 90503

West Covina
2360 S. Azusa Ave.
Ste. A-3
West Covina, CA 91792

West Los Angeles
1268 S. La Cienega Blvd.
Los Angeles, CA 90035

Whittier
13512 Whittier Blvd.
Ste. G-3
Whittier, CA 90605

ORANGE COUNTY

Anaheim
1801 W. Romneya Dr., #605
Anaheim, CA 92801

Costa Mesa
1835 Newport Blvd.
Ste. A111
Costa Mesa, CA 92627

Cypress
10121 Valley View St.
Cypress, CA 90630

Dana Point
24981 Dana Point Harbor Dr.
Ste. E13
Dana Point, CA 92629

Irvine/Tustin
15100 Kensington Park Dr.
Ste. L-510
Tustin, CA 92780

La Habra
1721 W. Imperial Hwy.
Ste. F
La Habra, CA 90631

Laguna Hills
23521 Paseo De Valencia
Laguna Hills, CA 92653

Laguna Niguel
30271 Golden Lantern
Ste. B
Laguna Niguel, CA 92677
Lake Forest
24352 Rockfield Blvd.
Lake Forest, CA 92630

Orange
7602 E. Chapman Ave.
Orange, CA 92868

Santa Ana
1601 W. 17th St., Ste. E2
Santa Ana, CA 92706

Seal Beach
2908 Westminster Ave.
Seal Beach, CA 90740

Tustin
12791 Newport Ave.
Tustin, CA 92780

Westminster
16490 Beach Blvd.
Westminster, CA 92683

Yorba Linda
18220 Yorba Linda Blvd.
#312
Yorba Linda, CA 92886

RIVERSIDE COUNTY

Corona
1185 Magnolia Ave.
Ste. C-D
Corona, CA 92879

Hemet
4672 W. Florida Ave.
Ste. 101
Hemet, CA 92545

Moreno Valley
27120 Eucalyptus Ave.
Ste. #F
Moreno Valley, CA 92555

Murrieta
41034 California Oaks Rd.
Ste. A
Murrieta, CA 92562

Palm Desert
72655 Highway 111
Ste. B-3
Palm Desert, CA 92260

Riverside
3832 La Sierra Ave.
Riverside, CA 92505

Riverside (Mission Grove)
301 E. Alessandro Blvd.
Ste. 3-C
Riverside, CA 92508

Temecula
27520 Ynez Rd., Ste. D5
Temecula, CA 92591

SAN BERNARDINO COUNTY

Chino
3920 Grand Ave., Ste. E
Chino, CA 91710

Fontana
16940 Slover Ave., #A
Fontana, CA 92337

Rancho Cucamonga
6745 Carnelian St.
Rancho Cucamonga, CA 91701

Redlands
454 Orange St., #4H
Redlands, CA 92374

Victorville
12209 Hesperia Rd.
Ste. D
Victorville, CA 92395

SAN DIEGO COUNTY

Carlsbad
7040 Avenida Encinas
Ste. 103
Carlsbad, CA 92011

Chula Vista
2220 Otay Lakes Rd., #503
Chula Vista, CA 91915

Escondido
994 W. El Norte Pkwy.
Escondido, CA 92026

Hillcrest
1244 University Ave.
San Diego, CA 92103

La Jolla
7730-AA Herschel Ave.
Crosby Center, Ste. A1
La Jolla, CA 92037

La Mesa
8066-68 La Mesa Blvd.
La Mesa, CA 91941

Oceanside
3772 Mission Ave., #117
Oceanside, CA 92058

Poway
14845 Pomerado Rd.
Poway, CA 92064

San Diego
7910 Frost St., #420
San Diego, CA 92123

San Marcos
1132 San Marino Dr.
Ste. 206
San Marcos, CA 92078

Vista
1611 F S. Melrose Dr.
Vista, CA 9208

VENTURA COUNTY

Camarillo
5800 Santa Rosa Rd., #123
Camarillo, CA 93012

Simi Valley
2941 Cochran St., Ste. 2A-3
Simi Valley, CA 93065

Thousand Oaks
3825 E. Thousand Oaks Blvd., #O
Thousand Oaks, CA 91362

Ventura
3003 Loma Vista Rd., #C
Ventura, CA 93003
Focus on a healthier you

The gift of sight can enhance your quality of life. But as you age, your eyes and vision naturally change — so it’s important to have an eye exam every 1 to 2 years.

At Vision Essentials by Kaiser Permanente, our ophthalmologists and optometrists are here to help. With specialists in vitreo retina, medical retina, corneal disease, glaucoma, oculoplastic, and low vision, you can get care that’s focused on your needs.

And if your doctor prescribes eyeglasses or contact lenses, you don’t have to go far. At our Vision Essentials Optical Centers, you can have an eye exam and shop over 1,000 styles in the same visit. Use your Advantage Plus benefits to buy the size, color, and fit that works for you.

Health tip:

Better night vision

If your night vision isn’t what it used to be, keep these helpful nighttime driving guidelines in mind:

- Drive more slowly so that you have more time to react.
- Keep your windshield and all the lights on your car clean.
- Ask your eye care professional about getting anti-reflective coating on your eyeglass lenses to cut down on glare.
- Check with your doctor to find out if any medications you’re taking can affect your night vision.
Frequently asked questions

Advantage Plus vision benefits are provided through Vision Essentials by Kaiser Permanente, conveniently located at most Kaiser Permanente medical offices. That means you can have an eye exam and purchase eyeglasses or contact lenses with your new prescription in the same visit. For information about vision services (including limitations and exclusions) covered by Senior Advantage and Advantage Plus, see Chapter 4 in your Senior Advantage Evidence of Coverage.

Q: What is my coverage for eyeglasses and contact lenses?
A: Kaiser Permanente members enrolled in Advantage Plus will receive a $280 allowance, plus the standard allowance included in the Senior Advantage plan, to apply toward the purchase of prescription eyeglasses or contact lenses. The allowance renews every 2 years from the last purchase date and is only redeemable at our Vision Essentials by Kaiser Permanente Optical Centers. Your balance doesn’t carry over, so we recommend using your entire allowance in one transaction to get the most out of your vision benefit. Your purchase can include multiple pairs of eyeglasses, contact lenses, or both.

Q: After I first use my vision benefit, how soon can I use it again?
A: You can use your vision benefit again 2 years after the date you first use it.

Q: What does Vision Essentials by Kaiser Permanente offer?
A: Make an appointment with our experienced ophthalmologists, optometrists, and specialists to check your vision and help manage your eye health. If you’re prescribed eyeglasses or contact lenses during your visit, you can browse and try on any of our 1,000+ frames on display at the optical center. Our opticians are available to help with frame styling and lens decisions.

Starting later in 2023, you can also visit kp2020.org anytime to browse and purchase eyewear with your vision benefit. You’ll get free shipping and 30-day returns. Plus, if your prescription changes more than 0.50 diopters within 90 days of your order, you can get replacement lenses at no extra cost.
How to enroll in Advantage Plus

Applying for Advantage Plus is easy

- **Online:** Visit [kp.org/advantageplus](http://kp.org/advantageplus) for fast and easy enrollment.
- **By mail:** Complete the enrollment form in this kit, one for each person enrolling. Fill in every item, and sign and date the form. Return your enrollment form in the postage-paid envelope.

Other important information about applying for Advantage Plus

- You must be a Kaiser Permanente Senior Advantage individual plan member to enroll in the Advantage Plus package.
- Advantage Plus is not available under the Senior Advantage Medicare Medi-Cal (HMO D-SNP) plans.
- The premium for your Advantage Plus comprehensive dental, extra hearing, and extra vision benefits is $15 per month. The $15 monthly premium is in addition to your monthly Senior Advantage premium, and you must also continue to pay your Medicare Part B premium.

Thank you for taking this step toward better dental, hearing, and vision health. We’ll let you know when your enrollment form has been approved and give you more details about your coverage and start date. For more information, visit us online at [kp.org/advantageplus](http://kp.org/advantageplus). Or call us at **1-877-451-3816 (TTY 711)**, 7 days a week, 8 a.m. to 8 p.m. We’ll be happy to help.
Important information

The Advantage Plus benefit package includes comprehensive dental, extra hearing, and extra vision coverage for an additional monthly premium of $15. This is in addition to any premiums required for Senior Advantage described in your Senior Advantage Evidence of Coverage, and you must also continue to pay your monthly Medicare premiums.

For more information about comprehensive dental, extra hearing, and extra vision coverage through Advantage Plus, see your Senior Advantage Evidence of Coverage.

Enrollment and disenrollment

Enrollment
To enroll in Advantage Plus, you must complete the Advantage Plus enrollment form.

If you're already a Senior Advantage member, you may add Advantage Plus benefits to your Senior Advantage individual plan coverage by enrolling online or sending us the enrollment form from October 15, 2022, through December 31, 2022, for an effective date of January 1, 2023. Members may also add Advantage Plus benefits from January 1, 2023, through March 31, 2023. Coverage is typically effective the first of the month following the date we receive your completed enrollment form.

If you're enrolling in Senior Advantage either as a new member or because you have moved and you must complete a new Senior Advantage enrollment form, you can add Advantage Plus within 30 days of enrolling in Senior Advantage. Coverage is typically effective the first of the month following the date we receive your completed enrollment form.

Disenrollment
You can stop your Advantage Plus coverage anytime. Your disenrollment will be effective the first of the month following the date we receive your completed disenrollment form. To request a disenrollment form, please call us toll-free at 1-877-451-3816 (TTY 711), 7 days a week, 8 a.m. to 8 p.m. You will not be eligible to re-enroll until the next Advantage Plus annual election period, for coverage effective January 1, 2024. Please keep in mind that you're eligible for one hearing aid allowance every 3 years and one eyewear allowance every 2 years, so those benefits may not immediately be available when you re-enroll.

For additional information about the Senior Advantage individual plan, see your Senior Advantage Evidence of Coverage.

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1. You must be a Kaiser Permanente Senior Advantage individual plan member to apply. Advantage Plus is not available under the Senior Advantage Medicare Medi-Cal (HMO D-SNP) plans.
2. See your Evidence of Coverage for information about dental, hearing, and vision services provided under the Senior Advantage individual plan.
3. You can only use your hearing aid benefit at a Southern California HearUSA hearing center.
4. You can only use your optical benefit at a Kaiser Permanente Optical Center. Starting later in 2023, you can also use your optical benefit at kp2020.org.
5. Kaiser Permanente has an agreement with Delta Dental of California to provide you comprehensive dental care through a network of dentists that contract with Delta Dental's DeltaCare USA Dental HMO program. For information about dental coverage, please refer to your Senior Advantage Evidence of Coverage.

Delta Dental of California administers the DeltaCare USA program.
For a healthier, more vibrant you. Enroll in Advantage Plus today.

Get more value from your Kaiser Permanente Medicare health plan by adding Advantage Plus. You can get extra benefits such as dental, vision, and hearing coverage for an affordable monthly premium. More health benefits, great care. Now that’s a healthy addition to your coverage.

Want more info? To learn more or to enroll online, visit us at kp.org/advantageplus. Or call us toll-free at 1-877-451-3816 (TTY 711), 7 days a week, 8 a.m. to 8 p.m.