

## Review Criteria

### Georgia Region

DEPARTMENT <b>Quality Resource Management</b>	CRITERIA NUMBER	03-14
SECTION <b>UTILIZATION MANAGEMENT</b>	EFFECTIVE DATE	1/1/2019
TITLE <b>Supervised Exercise Therapy (SET) for Intermittent Claudication due to PAD</b>	REVIEW DATES	1/2/2020 1/21/2021 1/10/2022 2/24/2023
	REVISION DATE	
POLICY TYPE <b>New                      Reviewed X                      Revised</b>	PAGE NUMBER	Page 1 of 2

**Purpose:**

**DIAGNOSIS/CONDITION:**

CPT-4/ HCPCS CODE AND DESCRIPTION: INDICATORS: 93668

1.1.1 CPT codes covered if selection criteria are met:

93668                      Peripheral arterial disease (PAD) rehabilitation, per session

This is a type of outpatient rehab therapy for patients with intermittent claudication due to peripheral artery disease

LCD L37774R003- Medicare criteria

**1.0 INDICATIONS-**

- Patients with symptomatic intermittent claudication due to peripheral artery disease or
- Post-surgical patients' s/p peripheral artery surgery, bypass, stents
- The above patients may benefit from this supervised rehab therapy (SET) and will be approved if services provided at contracted facilities and meets CMS requirements below:
  
- Up to 36 sessions over a 12-week period are considered medically necessary if all of the following components of a supervised exercise therapy (SET) program are met:
  - consist of sessions lasting 30-60 minutes comprising a therapeutic exercise-training program for PAD in members with claudication; *and*
  - be conducted in a hospital outpatient setting, or a physician's office; *and*
  - be delivered by qualified auxiliary personnel to ensure benefits exceed harms, and who are trained in exercise therapy for PAD; *and*

DEPARTMENT <b>QUALITY RESOURCE MANAGEMENT</b>	CRITERIA NUMBER	03-12
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- be under the direct supervision of a physician, physician assistant, or nurse practitioner/clinical nurse specialist trained in both basic and advanced life support techniques; *and*
- Member must have a face-to-face visit with the physician responsible for PAD treatment to obtain the referral for SET program. At this visit, the member must receive information regarding cardiovascular disease and PAD risk factor reduction, which could include education, counseling, behavioral interventions, and outcome assessments.

**2.0 CONTRAINDICATIONS-** Patient unable to exercise or participate in therapy.

**3.0 VIEWS OF THE SOUTHEAST PERMANENTE MEDICAL GROUP- Supervised** Exercise Therapy is as a treatment option for patients with symptomatic peripheral artery disease and is covered by CMS.

The PADnet System and testing program is considered experimental and investigational for evaluation of peripheral artery disease and other indications because of insufficient evidence of its effectiveness.

**4.0 VERSIONS:**

- The following are previous review/revision of this review criteria: 1/1/2019
- The following is most recent review/revision: 1/2/2020, 1/21/2021, 1/10/2022

**5.0 REFERENCES:**

CMS NCD MLN Revised 5/11/2018 SET for Symptomatic Peripheral Artery Disease  
Aetna CPB- Peripheral Vascular Rehab Program- 8/2018, 7/2020

**Approval**

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**Luke J Beno, MD**  
Physician Director, QRM

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**Date**

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**Christopher Jones, MD**  
AMD, Outside Medical

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**Date**

