

# KAISER PERMANENTE CARE PATHWAY CENTER

Mapunapuna Medical Office 2828 Pa`a St. Honolulu, HI 96819

808-432-5886

## HORMONE THERAPY

- Introduction to feminizing hormone therapy:  
[bit.ly/FHTherapyIntro](https://bit.ly/FHTherapyIntro)
- Risks and side effects of feminizing hormone therapy:  
[bit.ly/FHTSideEffects](https://bit.ly/FHTSideEffects)
- Introduction to masculinizing hormone therapy:  
[bit.ly/MHTherapyIntro](https://bit.ly/MHTherapyIntro)
- Risks and side effects of masculinizing hormone therapy:  
[bit.ly/MHTSideEffects](https://bit.ly/MHTSideEffects)

## GENDER MARKERS

### Birth Certificate Gender Marker Change

Complete and return these forms with a copy of your Hawaii birth certificate, to the Kaiser Permanente Care Pathway Center.

- Application for Amendment to Birth Record:  
[bit.ly/AmendBR](https://bit.ly/AmendBR)
- Physician Affidavit for Sex Designation Change:  
[bit.ly/SDCAffidavit](https://bit.ly/SDCAffidavit)

### State of Hawaii ID Gender Marker Change

Complete this form and return to the Kaiser Permanente Care Pathway Center.

- Transgender Designation Form:  
[bit.ly/TransgenderDF](https://bit.ly/TransgenderDF)

## HIV PrEP

Pre-exposure prophylaxis (PrEP) is an HIV prevention strategy where HIV-negative individuals take a once daily pill to reduce their risk of contracting HIV. The medication works by preventing HIV from establishing infection inside the body.

PrEP has been shown to reduce the risk of HIV infection for men who have sex with men, men and women with multiple sexual partners, and injection drug users who share needles. Kaiser Permanente offers PrEP for HIV prevention to its members through the Care Pathway Center.

## HIV CARE

Care Pathway Center also provides individualized treatment plans for our members who are living with HIV. Using the most innovative HIV treatment regimens, our goal is to ensure that our members who are living with HIV achieve complete viral control and live healthy lives. We also provide HIV counseling services and confidential screening for HIV and other sexually transmitted infections (STIs).

## PEER SUPPORT

### Hawaii Health & Harm Reduction Center (HHRC) Kua'ana Project

The HHRC Kua'ana Project is a social service program providing peer support for the transgender communities in Hawaii.

808-521-2437  
[HHRC.org](https://HHRC.org)

## ADDITIONAL INFORMATION

If you haven't already registered, visit [kp.org/register](https://kp.org/register) to sign up today.

Enter any of the web addresses listed below in your browser window to directly access these [kp.org](https://kp.org) tools and information.

- Transgender resources – go to [kp.org](https://kp.org) and type "transgender health" into the search bar
- Tools to help you stop smoking tobacco at [kp.org/quitsmoking](https://kp.org/quitsmoking)
- Techniques for mind and body health at [kp.org/mindbody](https://kp.org/mindbody)
- Tools on fighting depression at [kp.org/depression](https://kp.org/depression)

Healthy lifestyles at [kp.org/healthylifestyles](https://kp.org/healthylifestyles).

Personalized online programs can provide you with resources and action plans to help you reach your health goals.

- **Total Health Assessment** Helps examine the many factors currently affecting your health
- **Relax** Helps you examine your personal sources of stress and develop a customized stress management plan

SCAN ME



[carepathway.kpinhawaii.org](https://carepathway.kpinhawaii.org)

# Gender Affirming Care and Coverage

Compassionate, high-quality care for transgender and gender diverse members

## PERSONAL SUPPORT THROUGHOUT THE CARE JOURNEY

Here's a look at the benefits and services that are covered for our gender-diverse and transgender members and an overview of how our gender care team supports you through your care journey.

## THE PATHWAY STARTS WITH YOU

If you are considering hormone therapy or gender affirming surgery, speak with your primary care provider who will refer you to our Care Pathway Center. You may also call our center directly to schedule a consultation appointment with our gender care team. Our contact number is **808-432-5886** (all islands). Our center is located at the Kaiser Permanente Mapunapuna Medical Office on Oahu.

## WHAT'S COVERED<sup>1,2</sup>

Coverage for fully insured plan members includes behavioral health assessments and counseling, hormone therapy, and certain gender affirming surgeries. You can find a detailed list of covered services below.



To learn more about transgender benefits, call **Member Services**

**1-800-966-5955 (TTY 711)**,

Monday through Friday (except holidays), 8 a.m. to 5 p.m. Saturday, 8 a.m. to noon.



### General Care and Services

- Office visits
- Pharmacy services
- Inpatient hospital care
- Mental health visits
- Outpatient care
- Lab and imaging services
- Treatment for medical complications
- Hormone therapy visits and administration
- Electrolysis or laser hair removal
- Gender affirming vocal care
- Pre- and post-operative exams
- Thyroid cartilage reduction
- Masculinizing chest surgery
- Feminizing chest surgery
- Gender affirming facial and genital surgeries



Kaiser Permanente is committed to caring for our gender-diverse and transgender members and their families with respect and dignity.

Kaiser Permanente aims to provide fair, equal, compassionate health care in a welcoming environment.

We follow the World Professional Association for Transgender Health (WPATH) Standards of Care.



<sup>1</sup>Coverage may vary depending upon plan type. Covered services are based on medical necessity and may be subject to change. Applicable copay/coinsurance and/or deductible apply.

<sup>2</sup>Your appeal rights: If we deny your request for coverage as a result of our Utilization Management review or payment of a benefit claim, you have the right to file an appeal to ask that we reconsider our decision. Generally, we'll issue a written notice that tells you the specific reasons why we denied coverage or payment for the item or service. The notice will describe your appeal rights and how to file an appeal. You can also find additional information about the appeal process in your Evidence of Coverage.