

Turning 14 Years Old?

Hawaii Health Care Laws Regarding Teen Privacy



Kaiser Permanente values open communication between teens and parents/guardians.

In Hawaii, teens 14 years and older have the right to keep some health matters private. If you have questions about this, your doctor can provide information and guidance.

For Teens

When you turn 14, Hawaii law gives you more privacy around health care topics such as mental health and substance use (confidential at your request), and sexual health (automatically confidential). Discussions between you and your health care team may be kept confidential.*



If we learn that you or someone you know is in danger of hurting themselves or others, we must share this information with other adults who can help.



Your yearly health checkup helps keep you feeling your best. It may include a urine test to check for infections and, if needed, a blood test for conditions that can affect your health.



You can manage your appointments, message your doctor, and check your health records using **kp.org** or the Kaiser Permanente app. To follow Hawaii's minor consent law, some of your health information will be kept private from your parent(s) or guardian(s).

For Parents & Guardians

At age 14, Hawaii law grants your teen confidentiality rights regarding certain health matters, including mental health* and substance use (confidential at the teen's request), and sexual health (automatically confidential). By ensuring privacy in accordance with Hawaii law, Kaiser Permanente strives to help teens feel comfortable accessing health care.*



If we learn that your teen or someone they know is in danger of hurting themselves or others, we must share this information with you, a government agency, and/or law enforcement, as appropriate.



Annual checkups are important for your teen's overall health and well-being. These visits typically include routine screenings, such as a urine test for sexually transmitted infections and, if necessary, blood tests for conditions such as anemia, high cholesterol, and diabetes. Test results may not be available to you due to privacy requirements.



Through **kp.org** or the Kaiser Permanente app, you'll retain access to some of your teen's health information – such as allergies, immunizations, and general health reminders, though specific details about sensitive topics will remain private.

**Parental consent is required before discussing or prescribing psychotropic medications for teens. Therapy may proceed without parental consent, if the clinician determines it's medically appropriate.*