

KAISER PERMANENTE CARE PATHWAY CENTER

 Moanalua Medical Center, 3288 Moanalua Road, Honolulu, HI 96819  808-432-7263

HORMONE THERAPY

- Introduction to feminizing hormone therapy:
bit.ly/FHTherapyIntro
- Risks and side effects of feminizing hormone therapy:
bit.ly/FHTSideEffects
- Introduction to masculinizing hormone therapy:
bit.ly/MHTherapyIntro
- Risks and side effects of masculinizing hormone therapy:
bit.ly/MHTSideEffects

GENDER MARKERS

Birth Certificate Gender Marker Change

Complete and return these forms with a copy of your Hawaii birth certificate, to the Kaiser Permanente Care Pathway Center.

- Application for Amendment to Birth Record:
bit.ly/AmendBR
- Physician Affidavit for Sex Designation Change:
bit.ly/SDCAffidavit

State of Hawaii ID Gender Marker Change

Complete this form and return to the Kaiser Permanente Care Pathway Center.

- Transgender Designation Form:
bit.ly/TransgenderDF

PrEP

Pre-exposure prophylaxis (PrEP) is an HIV prevention strategy where HIV-negative individuals take a once daily pill to reduce their risk of contracting HIV. The medication works by preventing HIV from establishing infection inside the body.

PrEP has been shown to reduce the risk of HIV infection for men who have sex with men, men and women with multiple sexual partners, and injection drug users who share needles. Kaiser Permanente offers PrEP for HIV prevention to its members through the Care Pathway Center.

HIV CARE

Care Pathway Center also provides individualized treatment plans for our members who are living with HIV. Using the most innovative HIV treatment regimens, our goal is to ensure that our members who are living with HIV achieve complete viral control and live healthy lives. We also provide HIV counseling services and confidential screening for HIV and other sexually transmitted infections (STIs).

PEER SUPPORT

Hawaii Health & Harm Reduction Center (HHRC) Kua'ana Project

The HHRC Kua'ana Project is a social service program providing peer support for the transgender communities in Hawaii.

808-521-2437
HHRC.org

ADDITIONAL INFORMATION

If you haven't already registered, visit kp.org/register to sign up today.

Enter any of the web addresses listed below in your browser window to directly access these kp.org tools and information.

- Transgender resources – go to kp.org and type “transgender health” into the search bar
- Tools to help you stop smoking tobacco at kp.org/quitsmoking
- Techniques for mind and body health at kp.org/mindbody
- Tools on fighting depression at kp.org/depression

Healthy lifestyles at kp.org/healthylifestyles.

Personalized online programs can provide you with resources and action plans to help you reach your health goals.

- **Total Health Assessment**
Helps examine the many factors currently affecting your health
- **Relax** Helps you examine your personal sources of stress and develop a customized stress management plan

Gender Affirming Care and Coverage

Compassionate, high-quality care for transgender and gender diverse members

PERSONAL SUPPORT THROUGHOUT THE CARE JOURNEY

Here's a look at the benefits and services that are covered for transgender members and an overview of how our gender care team supports you through your care journey.

THE JOURNEY STARTS WITH YOU

If you are considering hormone therapy or gender affirming surgery, speak with your primary care provider who will refer you to our Care Pathway Center. You may also call our center directly to schedule a consultation appointment with our gender care team. Our contact number is **808-432-7263** (all islands). Our center is located at the Kaiser Permanente Moanalua Medical Center on Oahu.

WHAT'S COVERED¹

Coverage for fully insured plan members includes behavioral health assessments and counseling, hormone therapy, and gender affirming surgeries. You can find a detailed list of covered services below.



To learn more about transgender benefits, call
Member Services

1-800-966-5955 (TTY 711),
Monday through Friday (except holidays), 8 a.m. to 5 p.m.
Saturday, 8 a.m. to noon.



General Care and Services

- Office visits
- Pharmacy services
- Inpatient hospital care
- Mental health visits
- Outpatient care
- Lab and imaging services
- Treatment for medical complications
- Hormone therapy visits and administration
- Pre- and post-operative exams
- Masculinizing chest surgery
- Gender affirming lower body surgeries



Kaiser Permanente is committed to caring for our transgender members and their families with respect and dignity.

Kaiser Permanente aims to provide fair, equal, compassionate health care in a welcoming environment.

We follow the World Professional Association for Transgender Health (WPATH) standards of care



¹Coverage may vary depending upon plan type. Covered services are based on medical necessity and may be subject to change. Applicable copay/coinsurance and/or deductible apply.