



Cancer Chemotherapy/ Immunotherapy Side Effects E-visit

If you're a patient on a chemotherapy or immunotherapy treatment plan, a new E-visit is available to you. This E-visit was developed for you by Kaiser Permanente oncology clinical experts and patient partners to help you manage treatment side effects at home.

Get guidance to help you:

- Manage side effects related to your cancer treatment at home
- Know when to seek care

Your responses are included in your medical record. E-visits are available 24/7.



Use this E-visit as soon as you notice symptoms.

Scan the QR code or visit kp.org/evisits and select Cancer Chemotherapy/Immunotherapy Side Effects to get started.



Treatment-related side effects covered in this e-visit:

- Anxiety/Depression
- Constipation
- Decreased appetite or weight loss
- Diarrhea
- Fatigue (constant tiredness)
- Insomnia (difficulty falling or staying asleep or getting good quality sleep)
- Hair loss
- Mouth sores
- Nausea or vomiting
- Pain
- Peripheral neuropathy (numbness, tingling, pain in hands or feet)

Contact your care team

Use the e-visit for convenient guidance as soon as you notice symptoms. For additional medical support, contact your care team during business hours:

- Oahu, Maui, and Hilo patients: 808-432-6555
- Kona patients: 808-334-4460

After hours, please call 808-432-8000.

Contact technical support: 1-800-556-7677

HEALTH EDUCATION

Some photos may include models and not actual patients.
© 2025. Adapted with permission from copyrighted material of The Permanente Medical Group, Inc., Northern California. All rights reserved. Health Engagement Consulting Services.
September 2025 | 1095 1988