

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Sodium oxybate (Xyrem)

Notes:

- Quantity limits: Yes
- * Intolerance excludes adverse drug reactions that are expected, mild in nature, resolve with continued treatment, and do not require medication discontinuation

Initiation (new start) criteria: Non-formulary **sodium oxybate (Xyrem)** will be covered on the prescription drug benefit for 12 months when the following criteria are met:

1. Prescribed for the treatment of excessive daytime sleepiness in narcolepsy OR hypersomnia (idiopathic)

- Prescribed by a Sleep Specialist
- Patient has failed a trial of, or patient has an allergy or intolerance* to:
 - Modafinil or armodafinil **AND**
 - A stimulant medication (ie methylphenidate, dextroamphetamine, amphetamine salt combination, etc.) **AND**
 - Solriamfetol (Sunosi), unless reason for contraindication is provided **AND**
 - Pitolisant (Wakix), unless reason for contraindication is provided

-OR-

2. Prescribed for the treatment of cataplexy in narcolepsy

- Prescribed by a Sleep Specialist
- Patient has failed a trial of, or patient has an allergy or intolerance* to:
 - A tricyclic antidepressant **OR**
 - A selective serotonin reuptake inhibitor (SSRI) **OR**
 - A serotonin-norepinephrine reuptake inhibitor (SNRI)

Criteria for current Kaiser Permanente members already taking the medication who have not been reviewed previously: Non-formulary **sodium oxybate (Xyrem)** will be covered on the prescription drug benefit for 24 months when the following criteria are met:

- Prescribed by a Sleep Specialist

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Sodium oxybate (Xyrem)

Criteria for new members entering Kaiser Permanente already taking the medication who have not been reviewed previously: Non-formulary **sodium oxybate (Xyrem)** will be covered on the prescription drug benefit for 24 months when the following criteria are met:

- Patient is currently stable on the medication

Continued use criteria for patients stable on the medication: Non-formulary **sodium oxybate (Xyrem)** will continue to be covered on the prescription drug benefit for 24 months when the following criteria are met:

- Continues to be prescribed by a Sleep Specialist