



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

RELUGOLIX-ESTRADIOL-NORETHINDRONE

Generic	Brand	HICL	GCN	Medi-Span	Exception/Other
RELUGOLIX/ ESTRADIOL/ NORETHINDRONE ACETATE	MYFEMBREE	47392		GPI-10 (2499350380)	

GUIDELINES FOR USE

INITIAL CRITERIA (NOTE: FOR RENEWAL CRITERIA SEE BELOW)

1. Has the patient received a total of 24 months cumulative treatment with Myfembree?

If yes, do not approve.

DENIAL TEXT: See the initial denial text at the end of the guideline.

If no, continue to #2.

2. Is the request for the management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids) and the patient meets **ALL** the following criteria?

- The patient is 18 years of age or older
- The patient is a premenopausal woman
- Therapy is prescribed by or in consultation with an obstetrician or gynecologist (OB/GYN)

If yes, **approve for 6 months by HICL or GPI-10 with a quantity limit of #1 per day.**

If no, continue to #3.

3. Is the request for the management of moderate to severe pain associated with endometriosis and the patient meets **ALL** of the following criteria?

- The patient is 18 years of age or older
- The patient is a premenopausal woman
- Therapy is prescribed by or in consultation with an obstetrician or gynecologist (OB/GYN)
- The patient's diagnosis is confirmed via surgical or direct visualization (e.g., pelvic ultrasound) or histopathological confirmation (e.g., laparoscopy or laparotomy) in the last 10 years
- Myfembree will NOT be used concurrently with another GnRH-modulating agent (e.g., Orilissa, Lupron Depot, Synarel)

If yes, **approve for 6 months by HICL or GPI-10 with a quantity limit of #1 per day.**

If no, do not approve.

DENIAL TEXT: See the initial denial text at the end of the guideline.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

RELUGOLIX-ESTRADIOL-NORETHINDRONE

INITIAL CRITERIA (CONTINUED)

INITIAL DENIAL TEXT: *Some terms are already pre-defined in parenthesis. Please use these definitions if the particular text you need to use does not already have definition(s) in it.

Our guideline named **RELUGOLIX-ESTRADIOL-NORETHINDRONE (Myfembree)** requires the following rule(s) be met for approval:

- A. The request is for ONE of the following:
 - 1. Management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids: non-cancerous growths in the uterus)
 - 2. Management of moderate to severe pain associated with endometriosis (condition affecting the uterus)
- B. **If the request is for management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids), approval also requires:**
 - 1. You are 18 years of age or older
 - 2. You are a premenopausal (before menopause) woman
 - 3. Therapy is prescribed by or in consultation with an obstetrician or gynecologist (OB/GYN: a type of women's health doctor)
 - 4. You have not received a total of 24 months cumulative (total) treatment with Myfembree
- C. **If the request is for management of moderate to severe pain associated with endometriosis, approval also requires:**
 - 1. You are 18 years of age or older
 - 2. You are a premenopausal (before menopause) woman
 - 3. Therapy is prescribed by or in consultation with an obstetrician or gynecologist (OB/GYN: a type of women's health doctor)
 - 4. Your diagnosis of endometriosis is confirmed via surgical or direct visualization (such as pelvic ultrasound [type of imaging]) or histopathological (tissue) confirmation (such as laparoscopy [type of surgery] or laparotomy [type of surgery]) in the last 10 years
 - 5. Myfembree will NOT be used concurrently (at the same time) with another GnRH-modulating agent (such as Orilissa, Lupron Depot, Synarel)
 - 6. You have not received a total of 24 months cumulative (total) treatment with Myfembree

Your doctor told us **[INSERT PT SPECIFIC INFO PROVIDED]**. We do not have information showing you **[INSERT UNMET CRITERIA]**. This is why your request is denied. Please work with your doctor to use a different medication or get us more information if it will allow us to approve this request.

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

RELUGOLIX-ESTRADIOL-NORETHINDRONE

GUIDELINES FOR USE (CONTINUED)

RENEWAL CRITERIA

1. Has the patient received a total of 24 months cumulative treatment with Myfembree?

If yes, do not approve.

DENIAL TEXT: See the renewal denial text at the end of the guideline.

If no, continue to #2.

2. Is the request for the management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids) **AND** the patient meets the following criterion?
 - The patient has had improvement of heavy menstrual bleeding

If yes, **approve for 18 months (or up to 24 months cumulative lifetime treatment duration) by HICL or GPI-10 with a quantity limit of #1 per day.**

If no, continue to #3.

3. Is the request for the management of moderate to severe pain associated with endometriosis and the patient meets **ALL** of the following criteria?
 - The patient has had improvement in pain related to endometriosis
 - Myfembree will NOT be used concurrently with another GnRH-modulating agent (e.g., Orilissa, Lupron Depot, Synarel)

If yes, **approve for 18 months (or up to 24 months cumulative lifetime treatment duration) by HICL or GPI-10 with a quantity limit of #1 per day.**

If no, do not approve.

RENEWAL DENIAL TEXT: *Some terms are already pre-defined in parenthesis. Please use these definitions if the particular text you need to use does not already have definition(s) in it.

Our guideline named **RELUGOLIX-ESTRADIOL-NORETHINDRONE (Myfembree)** requires the following rule(s) be met for renewal:

A. The request is for ONE of the following:

1. Management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids: non-cancerous growths in the uterus)
2. Management of moderate to severe pain associated with endometriosis (condition affecting the uterus)

(Renewal denial text continued on next page)

CONTINUED ON NEXT PAGE



STANDARD COMMERCIAL DRUG FORMULARY
PRIOR AUTHORIZATION GUIDELINES

RELUGOLIX-ESTRADIOL-NORETHINDRONE

RENEWAL CRITERIA (CONTINUED)

- B. If the request is for management of heavy menstrual bleeding associated with uterine leiomyomas (fibroids), renewal also requires:**
1. You had improvement of heavy menstrual bleeding on therapy
 2. You have not received a total of 24 months cumulative (total) treatment with Myfembree
- C. If the request is for management of moderate to severe pain associated with endometriosis, renewal also requires:**
1. You have had improvement in pain related to endometriosis while on therapy
 2. Myfembree will NOT be used concurrently (at the same time) with another GnRH-modulating agent (such as Orilissa, Lupron Depot, Synarel)
 3. You have not received a total of 24 months cumulative (total) treatment with Myfembree

Your doctor told us [INSERT PT SPECIFIC INFO PROVIDED]. We do not have information showing you [INSERT UNMET CRITERIA]. This is why your request is denied. Please work with your doctor to use a different medication or get us more information if it will allow us to approve this request.

RATIONALE

For further information, please refer to the Prescribing Information and/or Drug Monograph for Myfembree.

REFERENCES

- Myfembree [Prescribing Information]. Brisbane, CA: Myovant Sciences, Inc., August 2022.

Library	Commercial	NSA
Yes	Yes	No

Part D Effective: N/A

Commercial Effective: 09/12/22

Created: 06/21

Client Approval: 08/22

P&T Approval: 04/22