

## SILDENAFIL SUSPENSION

Generic	Brand	HICL	GCN	Medi-Span	Exception/Other
SILDENAFIL	REVATIO,		33186	GPI-14	
CITRATE	LIQREV,		54078	(40143060102020,	
	SILDENAFIL			40143060101825)	
	CITRATE			·	

#### **GUIDELINES FOR USE**

### **INITIAL CRITERIA (NOTE: FOR RENEWAL CRITERIA SEE BELOW)**

- 1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I) and meet **ALL** of the following criteria?
  - The patient is 1 to 17 years of age
  - The request is for Revatio (sildenafil) suspension
  - Therapy is prescribed by or in consultation with a cardiologist or pulmonologist
  - The patient is NOT concurrently or intermittently taking oral erectile dysfunction agents (e.g., Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (e.g., nitroglycerin, isosorbide mononitrate)
  - The patient is NOT concurrently taking guanylate cyclase stimulators (e.g., Adempas [riociguat])
  - The patient is unable to swallow pills and has tried crushed sildenafil tablets

If yes, continue to #2. If no, continue to #3.

- 2. Does the patient have documentation (e.g., chart note, lab result, diagnostic test result, etc.) confirming PAH diagnosis based on right heart catheterization with **ALL** of the following parameters?
  - Mean pulmonary artery pressure (PAP) greater than 20 mmHg
  - Pulmonary capillary wedge pressure (PCWP) less than or equal to 15 mmHg
  - Pulmonary vascular resistance (PVR) greater than or equal to 3 Wood units

If yes, approve for 12 months by GPID or GPI-14 with a quantity limit of #14.93mL per day. If no, do not approve.

**DENIAL TEXT:** See the initial denial text at the end of the guideline.

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### SILDENAFIL SUSPENSION

## **INITIAL CRITERIA (CONTINUED)**

- 3. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group 1) and meet **ALL** of the following criteria?
  - The patient is 18 years of age or older
  - Therapy is prescribed by or in consultation with a cardiologist or pulmonologist
  - The patient is NOT concurrently or intermittently taking oral erectile dysfunction agents (e.g., Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (e.g., nitroglycerin, isosorbide mononitrate)
  - The patient is NOT concurrently taking guanylate cyclase stimulators (e.g., Adempas [riociguat])

If yes, continue to #4.

If no, do not approve.

**DENIAL TEXT:** See the initial denial text at the end of the guideline.

- 4. Does the patient have documentation (e.g., chart note, lab result, diagnostic test result, etc.) confirming PAH diagnosis based on right heart catheterization with **ALL** of the following parameters?
  - Mean pulmonary artery pressure (PAP) greater than 20 mmHg
  - Pulmonary capillary wedge pressure (PCWP) less than or equal to 15 mmHg
  - Pulmonary vascular resistance (PVR) greater than 2 Wood units

If yes, continue to #5.

If no, do not approve.

**DENIAL TEXT:** See the initial denial text at the end of the guideline.

- 5. Is the request for **Revatio** (sildenafil) suspension **AND** the patient meets the following criterion?
  - The patient is unable to swallow pills and has tried crushed sildenafil tablets

If yes, approve for 12 months by GPID or GPI-14 with a quantity limit of #26.13mL per day. If no, continue to #6.

- 6. Is the request for **Ligrev** suspension and the patient meets **ALL** of the following criteria?
  - The patient is unable to swallow Revatio (sildenafil) tablet
  - The patient had a trial of generic sildenafil powder for suspension

If yes, approve for 12 months by GPID or GPI-14 with a quantity limit of #8.13 mL per day. If no, do not approve.

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### SILDENAFIL SUSPENSION

#### **INITIAL CRITERIA (CONTINUED)**

INITIAL DENIAL TEXT: \*Some terms are already pre-defined in parenthesis. Please use these definitions if the particular text you need to use does not already have definition(s) in it.

Our guideline named **SILDENAFIL SUSPENSION** (**Revatio**, **Liqrev**) requires the following rule(s) be met for approval:

- A. You have pulmonary arterial hypertension (PAH: type of high blood pressure that affects arteries in the lungs and in the heart) World Health Organization (WHO Group 1: a way to classify the severity of disease)
- B. If you are 1 to 17 years of age, approval also requires:
  - 1. You are requesting Revatio (sildenafil) suspension
  - 2. Therapy is prescribed by or in consultation with a cardiologist (a type of heart doctor) or pulmonologist (lung/breathing doctor)
  - 3. There is documentation (such as chart note, lab result, diagnostic test result) showing you have pulmonary arterial hypertension based on all of the following lab values by putting a catheter (narrow flexible tube) into the right side of your heart:
    - a. Mean pulmonary artery pressure (PAP) greater than 20 mmHg
    - b. Pulmonary capillary wedge pressure (PCWP) less than or equal to 15 mmHg
    - c. Pulmonary vascular resistance (PVR) greater than or equal to 3 Wood units
  - 4. You are NOT concurrently (at the same time) or intermittently (off and on) taking oral erectile dysfunction agents (such as Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (such as nitroglycerin, isosorbide mononitrate)
  - 5. You are NOT concurrently (at the same time) taking guanylate cyclase stimulators (drugs that also treat pulmonary hypertension such as Adempas [riociguat])
  - 6. You are unable to swallow pills AND you have tried crushed sildenafil tablets

### C. If you are 18 years of age or older, approval also requires:

- 1. Therapy is prescribed by or in consultation with a cardiologist (a type of heart doctor) or pulmonologist (lung/breathing doctor)
- 2. There is documentation (such as chart note, lab result, diagnostic test result) showing you have pulmonary arterial hypertension based on all of the following lab values by putting a catheter (narrow flexible tube) into the right side of your heart:
  - a. Mean pulmonary artery pressure (PAP) greater than 20 mmHg
  - b. Pulmonary capillary wedge pressure (PCWP) less than or equal to 15 mmHg
  - c. Pulmonary vascular resistance (PVR) greater than 2 Wood units
- 3. You are NOT concurrently (at the same time) or intermittently (off and on) taking oral erectile dysfunction agents (such as Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (such as nitroglycerin, isosorbide mononitrate)
- 4. You are NOT concurrently (at the same time) taking guanylate cyclase stimulators (drugs that also treat pulmonary hypertension such as Adempas [riociguat])

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### SILDENAFIL SUSPENSION

## **INITIAL CRITERIA (CONTINUED)**

- 5. If you are requesting Revatio (sildenafil) suspension, you are unable to swallow pills AND you have tried crushed sildenafil tablets
- 6. If you are requesting Liqrev suspension, you are unable to swallow Revatio (sildenafil) tablet AND you have tried generic sildenafil powder for suspension

Your doctor told us [INSERT PT SPECIFIC INFO PROVIDED]. We do not have information showing you [INSERT UNMET CRITERIA]. This is why your request is denied. Please work with your doctor to use a different medication or get us more information if it will allow us to approve this request.

### **RENEWAL CRITERIA**

- 1. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group I) and meet **ALL** of the following criteria?
  - The patient is 1 to 17 years old
  - The request is for Revatio (sildenafil) suspension
  - The patient is NOT concurrently or intermittently taking oral erectile dysfunction agents (e.g., Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (e.g., nitroglycerin, isosorbide mononitrate)
  - The patient is NOT concurrently taking quanylate cyclase stimulators (e.g., Adempas [riociquat])

If yes, continue to #2. If no. continue to #3.

- 2. Does the patient meet **ONE** of the following criteria?
  - The patient has shown improvement from baseline in 6-minute walk distance test
  - The patient remains stable from baseline in the 6-minute walk distance test with a stable or improved WHO functional class (WHO-FC)
  - The patient cannot perform exercise testing and is stable or improving on treatment

If yes, approve for 12 months by GPID or GPI-14 with a quantity limit of #14.93mL per day. If no, do not approve.

**DENIAL TEXT:** See the renewal denial text at the end of the guideline.

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### SILDENAFIL SUSPENSION

## **RENEWAL CRITERIA (CONTINUED)**

- 3. Does the patient have a diagnosis of pulmonary arterial hypertension (PAH) (WHO Group 1) and meet **ALL** of the following criteria?
  - The patient is 18 years of age or older
  - The patient is NOT concurrently or intermittently taking oral erectile dysfunction agents (e.g., Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (e.g., nitroglycerin, isosorbide mononitrate)
  - The patient is NOT concurrently taking guanylate cyclase stimulators (e.g., Adempas [riociguat])
  - The patient has shown improvement from baseline in the 6-minute walk distance test OR remains stable from baseline in the 6-minute walk distance test with a stable or improved WHO functional class

If yes, approve for 12 months by GPID or GPI-14 for the requested agent with the following quantity limits:

- Revatio (sildenafil): #26.13mL per day.
- Ligrev (sildenafil): #8.13mL per day.

If no, do not approve.

RENEWAL DENIAL TEXT: \*Some terms are already pre-defined in parenthesis. Please use these definitions if the particular text you need to use does not already have definition(s) in it.

Our guideline named **SILDENAFIL SUSPENSION** (**Revatio**, **Liqrev**) requires the following rule(s) be met for renewal:

- A. You have pulmonary arterial hypertension (PAH: type of high blood pressure that affects arteries in the lungs and in the heart) World Health Organization (WHO) Group 1 (a way to classify the severity of disease)
- B. If you are 1 to 17 years of age, approval also requires:
  - 1. You are requesting Revatio (sildenafil) suspension
  - 2. You are NOT concurrently (at the same time) or intermittently (off and on) taking oral erectile dysfunction agents (such as Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (such as nitroglycerin, isosorbide mononitrate)
  - 3. You are NOT concurrently (at the same time) taking guanylate cyclase stimulators (drugs that also treat pulmonary hypertension such as Adempas [riociguat])
  - 4. You meet ONE of the following criteria:
    - a. You have shown improvement from baseline in the 6-minute walk distance test
    - b. You remain stable from baseline in the 6-minute walk distance test with a stable or improved World Health Organization functional class (WHO-FC: a way to classify how limited you are during physical activity)
    - c. You cannot perform exercise testing and are stable or improving on treatment

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### SILDENAFIL SUSPENSION

## RENEWAL CRITERIA (CONTINUED)

### C. If you are 18 years of age or older, approval also requires:

- 1. You are NOT concurrently (at the same time) or intermittently (off and on) taking oral erectile dysfunction agents (such as Cialis [tadalafil], Viagra [sildenafil]) or any organic nitrates in any form (such as nitroglycerin, isosorbide mononitrate)
- 2. You are NOT concurrently (at the same time) taking guanylate cyclase stimulators (drugs that also treat pulmonary hypertension such as Adempas [riociguat])
- You have shown improvement from baseline in the 6-minute walk distance test OR
  remain stable from baseline in the 6-minute walk distance test with a stable or improved
  World Health Organization functional class (WHO-FC: a way to classify how limited you
  are during physical activity)

Your doctor told us [INSERT PT SPECIFIC INFO PROVIDED]. We do not have information showing you [INSERT UNMET CRITERIA]. This is why your request is denied. Please work with your doctor to use a different medication or get us more information if it will allow us to approve this request.

### **RATIONALE**

For further information, please refer to the Prescribing Information and/or Drug Monograph for Revatio and Liqrev.

#### **REFERENCES**

- Revatio [Prescribing Information]. New York, NY: Pfizer Inc.; January 2023.
- Ligrev [Prescribing Information]. Farmville, NC: CMP Pharma Inc.; April 2023.

Library	Commercial	NSA
Yes	Yes	No

Part D Effective: N/A Created: 01/08

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