All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest

Notes:
- Zepbound is covered under the prescription drug benefit for weight loss ONLY for Kaiser Northwest members with coverage for medications used to treat weight loss. Others pay member cash price.
- Contact Pharmacy Services in your home region to confirm your benefits for weight loss medications.
- Quantity Limits: Yes
- ^ Adequate trial is defined as a 3-month treatment duration
- * Intolerance excludes adverse drug reactions that are expected, mild in nature, resolve with continued treatment, and do not require medication discontinuation

Initiation (new start) criteria: Non-formulary tirzepatide (Zepbound) will be covered on the prescription drug benefit for 4 months when the following criteria are met:

- Patient has a prescription drug insurance benefit that covers medications used to lose weight
- Diagnosis for chronic weight management
- Patient is 18 years of age or older
- Patient’s current weight and BMI are documented in the encounter in which tirzepatide (Zepbound) is ordered
- Patient is currently following a diet and exercise program
- BMI > 30 kg/m² or BMI > 27 kg/m² AND has at least one of the following comorbid conditions documented:
  - Hypertension
  - Diabetes
  - Hyperlipidemia
-AND-
- Patient has failed an adequate trial^ to at least two of the following medications or medication combination therapies, or patient has an allergy, intolerance, or contraindication to all the following therapies:
  - phentermine
  - diethylpropion
  - phentermine + topiramate or phentermine/topiramate (Qsymia)
  - naltrexone + bupropion or naltrexone/bupropion (Contrave)
  - Plenity
-AND-
Criteria for Drug Coverage

tirzepatide (Zepbound)

- Patient has then failed an adequate trial or has an allergy, intolerance, or contraindication to semaglutide (Ozempic/Wegovy)

**Continued use criteria (4 months after initiation and then every 12 months):** Non-formulary tirzepatide (Zepbound) will continue to be covered on the prescription drug benefit for 12 months when the following criteria are met:

- Patient’s updated weight and BMI are recently documented; **AND**
- Patient has achieved > 5% weight loss with the past 16 weeks from initiation (reviewed once); **OR**
- Maintains >5% weight loss thereafter (reviewed every 12 months)

**Criteria for new members entering Kaiser Permanente already taking the medication who have not been reviewed previously:** Non-formulary tirzepatide (Zepbound) will be covered on the prescription drug benefit for 12 months when the following criteria are met:

- Patient has a prescription drug insurance benefit that covers medications used to lose weight; **AND**
- Patient is using for chronic weight management