

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

Notes:

- Quantity Limits: Yes
- ^Adequate trial is defined as the following:
 - Phototherapy – 8 weeks
 - Systemic non-biologics for psoriasis – 6 weeks
 - Topical/oral antibiotics – 8 weeks
- * Intolerance excludes adverse drug reactions that are expected, mild in nature, resolve with continued treatment, and do not require medication discontinuation
- **Methotrexate not required if patient has dactylitis (inflammation of finger or toe) and/or enthesitis (inflammation of the entheses)
- Gastroenterology High Risk Classification:
 - Crohn's disease: at least one of the following - extensive anatomical involvement, perianal and/or severe rectal disease, deep ulcers, prior surgical resection, stricture and/or penetrating behavior
 - Ulcerative colitis: at least one of the following - extensive colitis, deep ulcers, age < 40 years, high CRP and ESR, history of hospitalization, *C. difficile* infection, CMV infection

Initiation (new start) criteria: Formulary **adalimumab (Humira)** will be covered on the prescription drug benefit when the following criteria are met:

1. Prescriber is a dermatologist, and patient has a diagnosis of psoriasis
 - Patient has failed an adequate trial^ of phototherapy (unless documented by prescriber phototherapy not appropriate)
 - Patient has failed an adequate trial^, or patient has an allergy or intolerance* to at least 1 of the following:
 - Methotrexate
 - Cyclosporine
 - Acitretin
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
2. Prescriber is a dermatologist, and patient has a diagnosis of hidradenitis suppurativa
 - Patient has failed an adequate trial^, or patient has an allergy or intolerance* to the following (or contraindication to all):
 - Topical clindamycin 1%
 - Oral antibiotic
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

3. Prescriber is a rheumatologist, and patient has a diagnosis of rheumatoid arthritis/inflammatory arthritis
 - Patient has tried and failed/intolerant to as least 1 of the following:
 - Methotrexate
 - Hydroxychloroquine
 - Sulfasalazine
 - Leflunomide
 - Patient has tried and failed/intolerant to infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
4. Prescriber is a dermatologist or rheumatologist, and patient has a diagnosis of psoriatic arthritis
 - Patient has tried and failed/intolerant to or has contraindication to methotrexate**
 - Patient has tried and failed/intolerant to infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
5. Prescriber is a rheumatologist, and patient has a diagnosis of ankylosing spondylitis/spondyloarthritis
 - Patient has tried and failed/intolerant to infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
6. Prescriber is a rheumatologist, and patient has a diagnosis of juvenile idiopathic arthritis
 - Patient has tried and failed/intolerant to or has contraindication to methotrexate
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
7. Prescriber is a gastroenterologist, and patient is 17 years of age or younger with a diagnosis of Crohn's disease or ulcerative colitis (if patient is 18 and older, see #8 or #9)
 - Patient has tried and failed/intolerant to infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met

kp.org

Revised: 02/08/24
Effective: 04/04/24

All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

8. Prescriber is a gastroenterologist, and patient is 18 years of age or older with a diagnosis of Crohn's disease
 - If patient is LOW risk:
 - Patient has tried and failed/intolerant to the following:
 - Prednisone or budesonide
 - At least 1 of the following: azathioprine, mercaptopurine, methotrexate
 - Infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
 - If patient is HIGH risk:
 - Patient has tried and failed/intolerant to the following:
 - Infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
9. Prescriber is a gastroenterologist, and patient is 18 years of age or older with a diagnosis of ulcerative colitis
 - If patient is LOW risk:
 - Patient has tried and failed/intolerant to the following:
 - Prednisone
 - At least 1 of the following: mesalamine product (oral or rectal), sulfasalazine
 - At least 1 of the following: azathioprine, mercaptopurine, methotrexate
 - Infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)
 - [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
 - If patient is HIGH risk:
 - Patient has tried and failed/intolerant to the following:
 - Infliximab product (unless documented by prescriber that patient is unable to attend infusion appointments)

kp.org

Revised: 02/08/24
Effective: 04/04/24

All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest

Criteria-Based Consultation Prescribing Program CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

- [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met
10. Prescriber is a uveitis specialist, and patient has a diagnosis of iridocyclitis/uveitis
- [Brand Biologic with Biosimilar or Unbranded Biologic Available](#) criteria are met

kp.org

Revised: 02/08/24
Effective: 04/04/24

All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

Criteria for current Kaiser Permanente members who were previously approved for adalimumab (Humira): Formulary (Humira) will be covered on the prescription drug benefit when the following criteria are met:

1. Prescriber is a dermatologist, and patient has a diagnosis of psoriasis or hidradenitis suppurativa
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
2. Prescriber is a rheumatologist, and patient has a diagnosis of rheumatoid arthritis/inflammatory arthritis, psoriatic arthritis, ankylosing spondylitis/spondyloarthritis, or juvenile idiopathic arthritis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
3. Prescriber is a gastroenterologist, and patient has a diagnosis of Crohn's disease or ulcerative colitis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
4. Prescriber is a uveitis specialist, and patient has a diagnosis of iridocyclitis/uveitis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber

kp.org

Revised: 02/08/24
Effective: 04/04/24

All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest

Criteria-Based Consultation Prescribing Program

CRITERIA FOR DRUG COVERAGE

Adalimumab (Humira)

Criteria for new members entering Kaiser Permanente already taking the medication who have not been reviewed previously: Formulary **adalimumab (Humira)** will be covered on the prescription drug benefit when the following criteria are met:

1. Prescriber is a dermatologist, and patient has a diagnosis of psoriasis or hidradenitis suppurativa
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
2. Prescriber is a rheumatologist, and patient has a diagnosis of rheumatoid arthritis/inflammatory arthritis, psoriatic arthritis, ankylosing spondylitis, or juvenile idiopathic arthritis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
3. Prescriber is a gastroenterologist, and patient has a diagnosis of Crohn's disease or ulcerative colitis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber
4. Prescriber is a uveitis specialist, and patient has a diagnosis of iridocyclitis/uveitis
 - Patient has a documented allergic reaction to adalimumab-atto (does not include injection site reaction) **OR**
 - Patient has tried at least 3 months of adalimumab-atto and experienced persistent new or worsening symptoms of disease as documented with objective findings by the prescriber

kp.org

Revised: 02/08/24
Effective: 04/04/24

All plans offered and underwritten by
Kaiser Foundation Health Plan of the Northwest