

Health care that just works



kp.org/medicare

Get care and coverage designed to help make your life easier

With a Kaiser Permanente Medicare health plan, you get quality care and coverage together. Your doctors and care team coordinate seamlessly to help keep you healthy. Innovative tools connect you to care whenever you need it. And your personalized treatment plan reflects your unique needs.

Let us help you understand your options

Whether you’re enrolling in Medicare for the first time or shopping for a new plan to better meet your needs, we can help you make a confident, informed decision.

This guide provides an overview of Medicare and information about a Kaiser Permanente Medicare health plan, including benefits, convenient care options, healthy extras, and more.

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Medicare overview

Medicare is a federal health insurance program that provides health care coverage to millions of Americans. It’s part of Social Security and designed to protect the health and well-being of those who use it. There are 4 parts to Medicare: A, B, C, and D. Each part covers specific services, from medical care to prescription drugs.

Helpful resources

Every year in late September, Medicare-eligible households receive the *Medicare & You* handbook by mail. This official handbook has important information about Medicare benefits, costs, rights and protections, health and drug plans, and answers to common questions. Here are some additional resources:

Medicare

Call **1-800-633-4227**,
24 hours a day, 7 days a week.
TTY users, call **1-877-486-2048**.
Visit **Medicare.gov**.*

Social Security

Call **1-800-772-1213**,
8 a.m. to 7 p.m.,
Monday through Friday.
TTY users, call **1-800-325-0778**.
Visit **SocialSecurity.gov**.*

*Kaiser Permanente is not responsible for the content or policies of external sites.

The 4 parts of Medicare

PART A: Hospital insurance	PART B: Medical insurance
• Inpatient care • Skilled nursing facility care • Home health care You pay no premium if you or your spouse paid Medicare taxes for at least 10 years while working.	• Services from doctors and other health care providers • Outpatient care • Durable medical equipment You pay a monthly premium.
PART C: Medicare Advantage	PART D: Prescription drug coverage
A Medicare-approved plan from a private company that offers an alternative to Original Medicare for your health and drug coverage. Bundles Part A, Part B, and usually Part D.	Helps cover the cost of prescription drugs, including many recommended shots or vaccines.

Additional notes

- Original Medicare includes Medicare Part A (hospital insurance) and Medicare Part B (medical insurance) and is provided by the U.S. government as a federal health insurance program.
- With Original Medicare alone, you will pay deductibles and coinsurance for most services.
- Medicare Advantage plans (Part C) offer all the benefits of Original Medicare but usually have lower and more predictable out-of-pocket costs, and may offer extra benefits not covered by Original Medicare like vision, hearing, dental, and fitness.

A different kind of care

When all your needs are handled under one plan, you get:

- A seamless in-person and virtual care experience
- Support for your mental health and wellness
- 24/7 access to care wherever you are
- High-quality preventive, primary, and specialty care

Combined care and coverage

Your doctors, hospitals, and health plan benefits should work together to give you exceptional care, when and where you need it.

From preventive, primary, and virtual care to pharmacy, labs, and mental health support – we put it all together to make your health care work for you.

Kaiser Permanente makes choosing a Medicare health plan easy

Many of our plans include prescription drug coverage, so you can enjoy the convenience of all-in-one coverage in a single plan.¹



“ This was my first appointment with Dr. Rieple at Kaiser Permanente, and I could not be more impressed. She made me feel like I was the most important person on her schedule. ”

– Michele, Kaiser Permanente member

Timely, convenient in-person and virtual care

Get the care you need, when you need it. The Kaiser Permanente app helps make it easier to manage your care online or connect with your care team on demand. And with our national network of locations, specialists, and services, you can get timely lab results and primary care appointments close to home.



24/7 virtual care

Visit kp.org or use our app to talk to a clinician 24/7 by phone or video.² You can also email your care team, view most lab results, and more.



Mail-order pharmacy

Refill prescriptions online, in person, or over the phone – with same-day pickup and same-day or next-day home delivery for most prescriptions.³



Care while traveling

If you're planning to travel, we can help with vaccinations, prescriptions, and more. You also have access to urgent and emergency care worldwide – not just at Kaiser Permanente facilities.

Healthy lifestyle tools that make a difference

Members can take advantage of our healthy lifestyles programs to start living healthier. Improving diet, getting more exercise, and quitting smoking can dramatically reduce the risk of certain conditions.

Focused on prevention and chronic care management

When our members are at risk of or diagnosed with a chronic condition, they're automatically enrolled in a chronic disease management program – at no additional cost!

Resources for your everyday wellness

Take advantage of classes, services, and programs to help you achieve your health goals.⁴

- Wellness coaching
- Fitness programs*
- Gym memberships

Named best health plan in America by Insure.com for 5 years straight

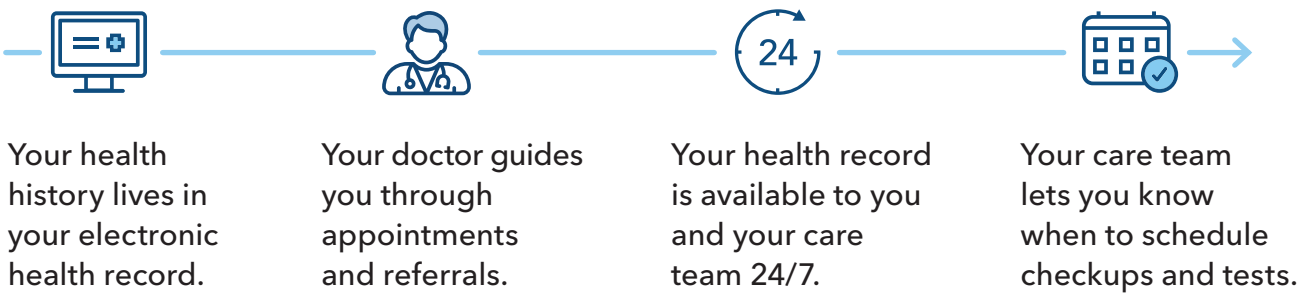
Kaiser Permanente ranked number one overall on **Insure.com**'s list of best health plans of 2025, tied with one other health plan.**

*Available on select plans.
**"Best Health Insurance Companies of 2025," Insure. com, February 18, 2025. Insure.com plan ratings 2021-2025.

Care centered around you

With most plans, you get a wide range of preventive care at no extra cost. If you need specialty care – for cancer, heart health, or anything else – you have access to cutting-edge technology and the latest evidence-based care. You can also change to an available Kaiser Permanente doctor at any time, so you always have a health partner you know and trust.

We guide you every step of the way



“ You have enough stressors in your life. So at Kaiser Permanente we make sure health care isn’t one of them. ”

– Dr. Khushboo Mehta
Family Medicine
Kaiser Permanente Washington





Featured benefits

A Kaiser Permanente Medicare health plan offers high-quality care, convenience, and value. Our members enjoy:



A \$0 monthly premium,* a \$0 annual medical deductible, and \$0 copays for primary care doctor office visits*



Comprehensive health care with hospital care, medical services, and prescription drug coverage, all in one plan



\$0 copays for preventive dental services through Delta Dental of Washington



\$0 copays for labs, X-rays,* and generic drugs**



In-network cost-shares in Pima and Maricopa counties with the Arizona Travel benefit.



Find the right plan for you

Scan the QR code or go to kp.org/medichart to explore all plan benefits.

*Available on select plans. See plan details for more information at kp.org/wa/medicare.
**Excludes Basic Plan. See plan details for more information at kp.org/wa/medicare. Limitations apply.

Advantage Plus

With Advantage Plus, you can add optional benefits for an additional monthly premium to your Medicare Advantage (HMO) plan for only **\$22-\$75 a month** – all invoiced on one simple bill.



How to enroll

To learn more and enroll online, **scan the QR code** or visit **kp.org/advantageplus**. If you're ready to enroll or have questions, call us at **1-888-901-4600 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week.

When to enroll

Not currently enrolled in Kaiser Permanente Medicare Advantage?

- Fill out the Medicare Advantage enrollment form at **kp.org/medicare** and choose the Advantage Plus option.
- Or sign up for Medicare Advantage with Advantage Plus over the phone with one of our Kaiser Permanente Medicare specialists.

New Medicare Advantage member or moved to a different Kaiser Permanente service area?

- Add Advantage Plus within 30 days of your Medicare Advantage effective date.

Existing Medicare Advantage member?

- Add Advantage Plus from October 15, 2025, through March 31, 2026. (Enrollment form must be received in our office by March 31, 2026.)

Advantage Plus Option 1	
Cost Shares	Plan #01000
Monthly premium*	\$67 in addition to Medicare health plan monthly premium
Annual deductible	\$100 per person
Annual benefit maximum	\$1,500 per member
Benefits	
Basic dental expenses • Fillings/posterior composite • Stainless steel crowns • Oral surgery • Endodontics (for example, root canal treatment) • Periodontics	Covered at 50% You pay 50%
Major expenses • Crowns, implants, and onlays • Dentures, bridges, and partials • Denture adjustments and relines	Covered at 50% You pay 50%

Notes: *For Key King, Key Pierce, Key Snohomish & Key Thurston plans the premium will be \$75 and in addition to the listed coverage will include preventive dental.

**If you use a dentist who is not a Delta Dental participating dentist, your treatment will not be covered.

Advantage Plus Option 2	
Cost Shares	
Monthly premium	\$22 in addition to Medicare health plan monthly premium
Benefits	
Hearing aids*	A \$4,000 allowance every 24 months
Routine acupuncture and chiropractic	15 combined visits a year with a \$15 copay
Routine transportation • Non-emergent transportation to medical and dental appointments and pharmacy visits	Up to 20 round trips per calendar year

*Obtained through a Kaiser Permanente Hearing Center or contracted provider.

The Delta Dental PPO Plus Premier™ plan \$100 deductible and \$1,500 annual benefit maximum do not apply to the preventive dental services included with your Medicare Advantage plan.



One Pass fitness program

One Pass® can help you find a fitness routine that’s right for you, whether you work out at home or at the gym.

 At the gym

Choose from a large nationwide network of gyms and fitness locations.

 At home

Enjoy live, digital fitness classes or on-demand workouts and create routines tailored to you.

 Brain training

Get an initial cognitive test and an ongoing brain training program with games and activities.

 With new friends

Connect with others in a group class or find local clubs and social events that match your interests.



Questions?

Call us at **1-866-680-1523 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week, or visit **www.youronepass.com**.

One Pass® is a registered trademark of One Pass Solutions, Inc. in the U.S. and other jurisdictions and is a voluntary program. The One Pass program and amenities vary by plan, area, and location. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. One Pass is not responsible for the services or information provided by third parties. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them.

3 steps to learn more and enroll

- 1

Attend a FREE* live seminar, live webinar, or on-demand webinar presented by Kaiser Permanente Medicare specialists. Learn about exclusive Medicare health plan benefits, next steps, and enrollment resources, and ask questions that are important to you.
- 

Scan the QR code or visit **mykpagent.org** to RSVP.
- 2

Determine when you can enroll (details on the following page).
- 3

Go to **kp.org/medicare** and enroll online or call us at **1-866-680-1523 (TTY 711)**, 8 a.m. to 8 p.m., 7 days a week, to speak with a Kaiser Permanente Medicare specialist.

*Free with no obligation to enroll.



When to enroll

Initial Enrollment Period



You can first sign up for Part A and/or Part B during the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

General Enrollment Period



If you do not sign up for Part A and Part B when you're first eligible, you can sign up between January 1 and March 31. When you sign up during this period, your coverage starts the first day of the month after you sign up.

Special Enrollment Period (SEP)



If you continue to work past age 65 and have delayed your enrollment in Medicare Parts A and B, you have up to 8 months from the date you retired to enroll in Medicare Parts A and B to avoid a late enrollment penalty.

Get ready for enrollment with a personalized action plan

Go to **kp.org/takeaction** and answer a few simple questions to get next steps and timelines tailored to your needs.



Complete care to help you live a healthier life



Ready for health care that works for you?
Visit kp.org/medicare to get started.

Call **1-866-680-1523** (TTY **711**), 8 a.m. to 8 p.m., 7 days a week, to talk to a Kaiser Permanente Medicare specialists.

Current members with questions can call Member Services 24 hours a day, 7 days a week (closed holidays).

- **1-800-464-4000** (English and more than 150 languages using interpreter services)
- **1-800-788-0616** (Spanish)
- **1-800-757-7585** (Chinese dialects)
- **711** (TTY)

1. All-in-one coverage includes Medicare Parts A, B, and D in a single plan. **2.** When appropriate and available. **3.** Same-day and next-day prescription delivery services may be available for an additional fee. These services are not covered under your health plan benefits and may be limited to specific prescription drugs, pharmacies, and areas. Order cutoff times and delivery days may vary by pharmacy location. Kaiser Permanente is not responsible for delivery delays by mail carriers. Kaiser Permanente may discontinue same-day and next-day prescription delivery services at any time without notice and other restrictions may apply. Medicaid beneficiaries should ask their pharmacy for more information about prescription delivery. **4.** Some classes may require a fee.

Kaiser Permanente is an HMO and HMO-POS plan with Medicare contracts. Enrollment in Kaiser Permanente depends on contract renewal.



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Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Rd. NE, Atlanta, GA 30305 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 4000 Garden City Dr., Hyattsville, MD 20785 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 2715 Naches Ave. SW, Renton, WA 98057