



Median Appointment Wait Times for the State of Maryland – April 2026

Kaiser Permanente monitors its network to ensure adequate access to appointments for covered services. In accordance with COMAR 31.10.44.06, on a semiannual basis, Kaiser Permanente publishes the median appointment wait times for Maryland commercial members. Please see the chart below for the results of our April 2026 network survey:

| Appointment Type | Median Appointment Waiting Time |
|--|---------------------------------|
| Urgent care for medical services | 24 hours |
| Inpatient urgent care for mental health services | 24 hours |
| Inpatient urgent care for substance use disorder services | 24 hours |
| Outpatient urgent care for mental health services | 24 hours |
| Outpatient urgent care for substance use disorder services | 24 hours |
| Routine primary care | 1 calendar day |
| Preventive care/Well visit | 1 calendar day |
| Non-urgent specialty care | 1 calendar day |
| Non-urgent mental health | 1.5 calendar days |
| Non-urgent substance use disorder care | 1 calendar day |