This notice describes how Kaiser Permanente’s Behavioral Health Department shares information about the mental health care you receive with other health care providers treating you and your right to opt out. Effective August 1, 2016, we will use and disclose certain behavioral health information to your other health care providers as detailed in this Behavioral Health Coordinated Care Privacy Notice. Information shared may include messages and/or communications between you and your behavioral health provider(s) and/or behavioral health clinical staff. Behavioral health information collected before August 1, 2016 will not be shared outside of the behavioral health department. Please refer to Kaiser Permanente’s Notice of Privacy Practices for additional information regarding how we use and disclose health information.

Kaiser Permanente commits to protect your privacy and provide safe, effective coordination of care. Our goal is to treat you as a whole person, which includes both physical and behavioral health conditions. In addition to your behavioral health providers, your health care team includes your primary care doctor, specialists, clinicians, and other professional staff. As a result, it is important to share needed behavioral health information with your health care team members to ensure your care is managed.

How we will protect your information:

1. Your behavioral health provider’s detailed notes from your office visit(s) will not be shared with other health care providers outside of Kaiser Permanente’s Behavioral Health Department without your approval, except in the case of an emergency.

2. We will only share the information that is needed to coordinate your care.

3. A provider may write a behavioral health care coordination note in your electronic medical record that can be seen by others who are approved to access your record.

4. A provider may share your diagnosis, treatment plan, visit dates, medicines, labs, or other key information in this care coordination note.

5. Kaiser Permanente physicians and employees are required to maintain the confidentiality of health information of our members and patients consistent with Kaiser Permanente’s Notice of Privacy Practices.

6. Kaiser Permanente has policies, procedures, and other safeguards to help protect your health information from improper access, use, and disclosure.

We do not recommend opting out since doing so can limit the ability of your health care team to manage your care in a timely and safe way. However, if you DO NOT want your behavioral health information to be shared with your health care team, please complete the Behavioral Health Coordinated Care Opt Out Form. You can get a copy of this form from your behavioral health provider. Please note that if you choose to opt out, some of your behavioral health information may still be shared as permitted by law (for example: to provide care to you in a medical emergency).