Enhanced Care Management, Community Supports, and Community Health Worker Referral Form

Kaiser Permanente (KP) accepts referrals for **Medi-Cal members** with their coverage assigned to KP that are presumed to be eligible for a Community Supports service or Enhanced Care Management. If a member is eligible, KP will issue an authorization to a supplier in our network of contracted vendors to provide the service.

Enhanced Care Management (ECM) is available in all KP's service areas. The benefit is limited to specific Populations of Focus defined by the Department of Health Care Services and provides intensive care management to members with complex health and/or social needs.

Note: Members may not be enrolled in ECM and any of the following programs at the same time.

- Hospice
- Program for All-Inclusive Care for the Elderly (PACE)
- Complex Care Management (CCM)
- California Community Transitions (CCT)

*Please see the DHCS website for more

information on these waivers.

1915 (c) Home and Community-Based Services Waiver (HCBS) Waivers include:

- Medi-Cal Waiver Program (HIV/Aids)
- Home and Community-Based Alternatives (HCBA)
- Assisted Living Waiver (ALW)
- Home and Community-Based Services Waiver for the Developmentally Disabled (HCBS-DD)
- Multipurpose Senior Services Program (MSSP)
- Self-Determination Program (ICF/DD)

Community Supports (CS) are non-medical services (e.g., housing navigation, asthma remediation) provided as costeffective alternatives to traditional medical services and settings. Community Supports availability varies by county.

Community Health Workers (CHW) are non-licensed frontline workers based in the community. They are advocates who provide face-to-face services and directly engage with members to help them reach a health-related goal, aiming to improve the member's medical, behavioral, or social health outcomes by increasing health knowledge and self-sufficiency.

• Note: Members are not eligible to receive CHW services if they are enrolled in Enhanced Care Management.

For Southern California referrals, submit the completed form to <u>RegCareCoordCaseMgmt@KP.org</u> via secure email. For Northern California referrals, submit the completed form to <u>REGMCDURNs-KPNC@KP.org</u> via secure email.

Fields marked with an asterisk (*) are mandatory.

Referral Source Information

Referrer Name*	Referrer Organization*
Referrer Email Address*	Referrer Phone Number*
Referrer Relationship to Member*	<u> </u>
 External referral by (select one) * Network lead entity (NLE) ECM/CS Vendor Managed Care Plan (MCP) External Provider - Other health care provider External Provider - Mental health provider External Provider - Hospital or ER care team Other: 	 County or other government organization Schools/LEAs Other community-based provider Legal aid organizations Justice involved organizations Homeless services provider
Has the member consented to participating in the pr	ogram/programs they are being referred to?
Is the person being referred a Medi-Cal Managed Car	re member with Kaiser Permanente? *

If the member **IS NOT** a Medi-Cal Managed Care member, they are ineligible for these services at Kaiser Permanente.

🗌 Yes 🛛 No

If no, the member does not qualify. Other resources may be available to the member through Kaiser Permanente's <u>Community Support Hub</u>, which is available to all Kaiser Permanente members.

Member Information Continued

Date of Referral*	Members Manag	ed Care Plan*	
Name*	Phone Number*		Date of Birth*
Kaiser MRN (if known)		Medi-Cal CIN # (if known)	
Mailing Address:			

Current Service Usage

Is the member currently receiving any of the following services:

🛛 CHW

Enhanced Care Management

Community Supports

Streamlined Authorization - *Only to be used by Network Lead Entities*

Is this a Streamlined Authorization request?

Yes

Service Start Date

🛛 No

Services Requested in this Referral

Please check all applicable Enhanced Care Management, Community Support, and Community Health Worker fields for		
each referral requested on behalf of the KP Medi-Cal member. After the referral is submitted, the member must be		
screened for eligibility by a member of KP's authorization team before the referral can be approved. These services are		
available in all counties unless otherwise noted. Please see the DHCS website for county coverage.		
Enhanced Care Management		
Provides intensive care management services to members with complex health and/or social needs.		
The benefit is limited to specific Populations of Focus defined by the Department of Health Care Services.		
Type of referral:		
Routine Expedited		
Calact ALL qualifying quidalines		
Select ALL qualifying guidelines:		
 Transitioning from ECM with another CA Medi-Cal health plan Individual or family experiencing homelessness 		
Individual of raminy experiencing nonnecessness Individual at risk for avoidable hospital and/or ER admissions		
Individual with serious mental illness (SMI) and/or substance use disorder (SUD) needs		
Individual transitioning from incarceration or who have transitioned within the last 12 months		
Adults living in the community and at risk for long-term care institutionalization		
Adult nursing facility resident transitioning to the community		
Child or youth enrolled in California Children's Services (CCS) or CCS Whole Child Madel (M(CM) with additional poods beyond the CCS Condition		
 Child Model (WCM) with additional needs beyond the CCS Condition Child or youth involved in Child Welfare 		
 Birth Equity (Individual who is pregnant or 12 or less months postpartum) 		
Housing Transition/ Navigation		
Housing Transition/Navigation assists a member in finding services for their housing needs. This could include		
finding housing if you're homeless or at risk of homelessness.		
Select ONE that applies:		
Individual meets the <u>HUD definition of homelessness</u>		
OR		

□ Individual meets the HUD definition of at risk of homelessness

	Housing Deposits
	Housing Deposits assist a member with one-time expenses that are not room and board. One-time expenses
	include but are not limited to application fees, security deposits, first month utilities, set-up fees and deposits
	for utilities, pet deposit, first month's coverage of renters insurance, first and last month's rent, and home
	goods necessary to establish a basic household. KP will determine what qualifies as necessary. Total request
	not to exceed \$5000. Members will be required to submit a housing deposit checklist that includes proof of
	income, lease, and housing plan and progress.
Select	ONE that applies:
	Individual meets the <u>HUD definition of homelessness</u>
	AND
	Receiving Housing Transition/Navigation Services Community Support
	OR Prioritized for a permanent supportive housing unit or rental subsidy resource through the local homeless
	Coordinated Entry System
Select	: ALL items that apply:
List th	e estimated cost next to the one-time expense e.g., Application fee \$50, Security deposit \$1800
One-t	ime expenses include:
	Application fee
	Security deposit
	 First and last month's rent Pet deposit
	 First month's coverage of renters insurance
	 Other:
	t ALL items that apply:
	ne item and the estimated cost e.g., Bedding \$100, twin mattress \$200
Home	e goods necessary to establish a basic household include:
	Kitchen: bowls, cutlery, dish towels, pots and pans, sponges, dishwasher, cups/glasses, cutting boards,
	kitchen utensils, refrigerator, soap, oven, can opener, dining table/chairs, microwave, stove, placemats,
	cleaning supplies, dish drying rack, plates, place setting, salt/pepper shakers
	Item/Estimated cost:
	Dedreams hadding hadframe elether hangars infant furniture mattrace nightstand hungallargania
	Bedroom: bedding, bedframe, clothes hangers, infant furniture, mattress, nightstand, hypoallergenic mattress cover pillow covers
	mattress cover, pillow covers Item/Estimated cost:
	item/estimated cost.
	Bathroom: bathmat, soap dish, shower/bath curtains, toiletries, towels, trash can, toothbrush holder,
	cleaning supplies
	Item/Estimated cost:
	item/estimated cost.
	Living Room: couch, lamps/lighting, coffee/end tables
	Item/Estimated cost:
	Other: Air conditioners, air filters, heater, cleaning supplies, medically necessary adaptive aids, night lights,
	vacuum cleaner, smoke detectors, carbon monoxide detectors
	Item/Estimated cost:
	Housing Tenancy and Sustaining
	Housing Tenancy & Sustaining assists a member in keeping safe and stable housing once a member has a place
	to live. Services may include training, education, and coaching. Members may also get support with their
	duties, rights, and benefits as a tenant. Housing Tenancy does not include rental assistance.

Select ONE that applies:
Individual was recently housed
OR
Individual meets the <u>HUD definition of homelessness</u>
OR Individual meets the HUD definition of at risk of homelessness
Individual meets the <u>HUD definition of at risk of homelessness</u>
Recuperative Care (Medical Respite)
A safe place for a member to recover for a short time after being in the hospital. Members can get medical or
behavioral health treatment while in a home-like setting. Service duration not to exceed 90 days. Service
exceeds no more than 90 days in the continuous duration. No authorization required prior to placement.
Type of referral:
Routine Expedited
Select ALL qualifying guidelines:
Individual is homeless OR at risk of homelessness
OR
Individual is at risk of hospitalization
OR
Individual is living at home with no formal support
AND Individual has an ongoing medical need that will be aided by recuperative care.
Individual has a medical need that will be aided by recuperative care.
Individual is scheduled to exit hospitalization
Short-Term Post-Hospitalization Housing
Where a member can continue to get better after being in the hospital. Also applies after being in other care
settings. May include medical, psychiatric, or substance use treatment facilities. Members may receive this
service once in a lifetime after recuperative care is exhausted.
Type of referral:
Routine Expedited
Select ONE that applies:
Individual meets the <u>HUD definition of homelessness</u>
OR
Individual is at risk of homelessness
Individual is exiting a facility, such as an inpatient hospital, residential substance use disorder treatment facility,
residential mental health treatment facility, recuperative care, nursing facility or correctional facility.
Organization name:
Organization type:
Expected discharge date:
Day Habilitation Programs
Helps you gain the skills and services needed to live in your community. Services may include mentoring. This
can help you learn about jobs, manage money, and improve social skills. Individual would benefit from
acquiring, retaining, and improving self-help, socialization, and adaptive skills (e.g. developing personal
relationships, taking public transportation, money management) necessary to live successfully in their
environment.
Select ALL qualifying guidelines:
Individual is experiencing homelessness

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Individual left homelessness and obtained housing in the last 24 months Individual is at risk of hospitalization or institutionalization	
Respite Services (Caregiver) Provides a short-term break or relief for a member's caregiver. No more than 336 hours can be used in a calendar year, unless an exception is made.	
 Select ALL qualifying guidelines: Individual compromised with ADLs and dependent upon caregiver (paid or unpaid) for most of their support. Individual lives in a location where services can be provided. 	
Nursing Facility Transition/ Diversion to Assisted Living Facility Nursing Facility Transition to Assisted Living Facilities, such as Residential Care Facilities for the Elderly (RCFE) and Adult Residential Facilities (ARF), helps members find a place to live in the community. The goal is to help members go from a nursing facility to a home-like setting.	
Nursing Facility Transition	
To qualify, ALL eligibility guidelines must be met:	
Individual has been residing within a nursing facility for 60+ days AND	
Individual is willing to live in an assisted living facility as an alternative to a Nursing Facility AND	
Individual is able to reside safely in an assisted living facility with appropriate and cost-effective supports.	
Nursing Facility Diversion	
To qualify, ALL eligibility guidelines must be met:	
Individual is interested in remaining in the community AND	
 Individual is willing and able to reside safely in an assisted living facility with appropriate and cost-effective supports and services; AND 	
 Individual must be currently receiving medically necessary nursing facility LOC or meet the minimum criteria to receive nursing facility LOC services and in lieu of going into a facility. 	
Community Transition Services/Nursing Facility Transition Community Transition Services/Nursing Facility Transition to a Home helps individuals to live in the community and avoid further institutionalization.	
To qualify, ALL eligibility guidelines must be met: Individual is interested in remaining in the community receive medically necessary nursing facility LOC 	
 services AND Has lived 60+ days in a nursing home and/or Medical Respite setting; 	
AND	
Interested in moving back to the community; AND	
AND	

	Personal Care and Homemaker Service
	Helps members with daily activities so they can live at home. This can include help with bathing, dressing, and
	feeding. Members may also get help preparing meals, grocery shopping, and doing laundry. This may also include accompanied medical appointments. Members must apply for IHSS before receiving Personal Care and
	Homemaker Services.
*Membe	ers MUST apply for In Home Supportive Services (IHSS) before receiving this community support. If the
	er needs assistance applying to IHSS, contact the Medi-Cal care coordination team via NCAL and SCAL emails.
memo	
Select 1 d	qualifying guideline:
	Applied for In-Home Supportive Services (IHSS) and awaiting determination;
	OR
	Approved for IHSS and applied for additional hours;
	OR
	Not eligible for IHSS to help avoid a short-term stay in a skilled nursing facility (not to exceed 60 days)
	AND
Select 1 d	qualifying guideline:
	Individual is at risk of hospitalization or institutionalization
	OR
	Individual has functional deficits and no other adequate support system
	Environmental Accessibility Adaptations (Home Modifications)
	Helps modify a member's home to ensure their health, wellbeing, and safety. These changes may help a
	member live better at home independently. Requestors ensure DME services are exhausted prior to submitting
	a referral for a home modification. Modifications that may be covered by other KP benefits may include
	portable ramp, chair lift, stair lift and grab bars.
What equ	uipment is the member using and what have they attempted to access?
what eq	alphent is the member using and what have they attempted to access:
Is the me	ember at risk for institutionalization?
_	Yes
	No
(If no, th	e below questions do not apply)
-	
	quested equipment or modification covered under DME? Yes
_	
	ed Modifications and Adaptions:
	Roll-in Shower or Tub Cut Personal Emergency Response System (PERS)
	Other (Specify in Additional Details for items not covered by DME)
_	· · · · · · · · · · · · · · · · · · ·
Home m	odification location:
	Asthma Remediation
	Helps modify a member's home to ensure their health, wellbeing, and safety. These changes can help you live
	in your home without acute asthma episodes.
Solact AI	aualifying guidelines:

L qualifying guidelines: Individuals with poorly controlled asthma (ED visit/hospitalization or 2 asthma visits in the past 12 months)

	OR
	Asthma Control Test score of 19 or lower
	 Environmental asthma trigger remediation requested: Allergen-impermeable mattress and pillow dustcovers
	 High-efficiency particulate air (HEPA) filtered vacuums
	Integrated Pest Management (IPM) services
	De-humidifiers
	 Air filters Other moisture-controlling interventions
	 Minor mold removal and remediation services
	Ventilation improvements
	 Asthma-friendly cleaning products and supplies Other intervention:
*A home	visit will be required to identify asthma triggers and appropriate modifications.
	Medically Supportive Food/Meals/Medically Tailored Meals
	Helps individuals achieve their nutrition goals at critical times to help them regain and maintain their health.
	Individuals who may benefit from this service include those with certain chronic conditions, those who are
	immediately being discharged from a hospital or a skilled nursing facility, or individuals with extensive care
	coordination needs. Qualifying conditions may include but are not limited to cancer, cardiovascular disorders,
	chronic lung disorders, chronic or disabling mental/behavioral disorders, congestive heart failure, COVID post-
	discharge, diabetes, end-stage renal disease, gestational Diabetes, high-risk perinatal conditions, HIV,
Tune of r	pulmonary, rehab, and stroke. This support is not meant to respond solely to food insecurity.
Type of r	Routine Expedited
What ch	ronic or acute condition does the Member have that would benefit from medically supportive food?
	Being Discharged from the Hospital or a Skilled Nursing Facility, or at High Risk of Hospitalization or
	Nursing Facility Placement
	Congestive Heart Failure (class 3 or 4) and Hospitalized x1 in the Last 6 Months
	Renal Failure (Dialysis or stage 4 or 5 with Hospitalization x1 in the Last 6 Months
	Chronic Lung Disorders (COPD, CF, Emphysema, Interstitial Lung, or Other Severe Lung Disease Post-
	Hospitalization)
_	Human Immunodeficiency Virus (HIV) with MST Scores of >=3
	Gestational Diabetes While Pregnant
	Pregnancy-Induced Hypertension (PIH)
	Postop Bariatric During Pregnancy or Other High-Risk Perinatal Conditions While Pregnant
	Other:
Identify	1eal Type:
-	
_	Pantry and Produce Box with nutritional counseling
	Prepared Food

Nutritional counseling needed for prepared food?

- Yes
- 🛛 No

Please note any special request and/or allergies:

Community Health Worker

Community Health Workers are non-licensed frontline workers based in the community. They are advocates who provide face-to-face services and directly engage with members to help them reach a health-related goal, aiming to improve the member's medical, behavioral, or social health outcomes by increasing health knowledge and self- sufficiency. Eligibility for CHW services is broad and inclusive, so most KP Medi-Cal members may qualify for CHW services if they need non-clinical and culturally appropriate support to achieve a health-related goal. These services do not cover personal care and homemaker services such as meal preparation, housekeeping, transportation, or housing navigation.

Note: Members are not eligible to receive CHW services if they are enrolled in Enhanced Care Management.

What goal would you like the CHW to assist the member with and what services would you like them to provide? Select **ALL** that apply

Examples of common CHW services include:

- □ High Risk Pregnancy Peer Support (e.g., education on lifestyle adjustments to prevent complications)
- Diabetes Management Peer Support (e.g., education and guidance on medication adherence)
- □ Substance Use Peer Support (e.g., education about substance abuse, reducing enabling behaviors, and coping strategies)
- In-person support (e.g., education on how to navigate the health system or self-advocate in a health care setting)
- □ Culturally appropriate health education or health navigation (e.g., education on how to shop for healthy meals, asthma prevention)
- □ Help enrolling in government programs (e.g., WIC, CalFresh, SSDI/SSI) as part of improving health
- Outreach services to engage member in their care plans (e.g., attending appointments, meeting care plan goals)
- Other: