



**Instructions:**

This form is used by Kaiser Permanente and/or participating providers for coverage of **Otezla (apremilast)** . Please complete and fax this form back to Kaiser Permanente within 24 hours [fax: [1-866-331-2104](tel:1-866-331-2104)]. If you have any questions or concerns, please call [1-866-331-2103](tel:1-866-331-2103). **Requests will not be considered unless this form is complete.**

**KP-MAS Formulary can be found at:** [Pharmacy | Community Provider Portal | Kaiser Permanente](#)

**1 – Patient Information**

Patient Name: \_\_\_\_\_ Kaiser Medical ID#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**2 – Prescriber Information**

Is the prescriber a Rheumatologist or Dermatologist?  No  Yes

If consulted with a specialist, specialist name and specialty: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ NPI: \_\_\_\_\_

Prescriber Address: \_\_\_\_\_

Prescriber Phone #: \_\_\_\_\_ Prescriber Fax #: \_\_\_\_\_

**3 – Pharmacy Information**

Pharmacy Name: \_\_\_\_\_ Pharmacy NPI: \_\_\_\_\_

Pharmacy Phone # \_\_\_\_\_ Pharmacy Fax #: \_\_\_\_\_

**4 – Drug Therapy Requested**

Drug 1: Name/Strength/Formulation: \_\_\_\_\_

Sig: \_\_\_\_\_

Drug 2: Name/Strength/Formulation: \_\_\_\_\_

Sig: \_\_\_\_\_

**5– Diagnosis/Clinical Criteria**

1. Is this request for initial or continuing therapy?

Initial therapy  Continuing therapy, state start date: \_\_\_\_\_

2. Indicate the patient’s diagnosis for the requested medication: \_\_\_\_\_

**Clinical Criteria:****Rheumatology:**

1. Member has diagnosis of active psoriatic arthritis  
 No  Yes
2. **AND** documented inadequate response after a 3-month trial or intolerance to TWO non-biologic DMARDs (e.g., methotrexate, leflunomide, sulfasalazine)  
 No  Yes

**Dermatology:**

1. Member has diagnosis of moderate to severe plaque psoriasis (>3% body surface area unless palmar-plantar involvement is severe)  
 No  Yes
2. **AND** failed at least a 1-month trial of high or ultra-high potency topical corticosteroids, unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment  
 No  Yes
3. **AND** failed at least a 3-month trial of **1 of the following** unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment (i.e. pregnancy/breastfeeding, history of alcoholism or alcoholic liver disease, chronic liver disease, immunodeficiency syndrome, pre-existing blood dyscrasia, hemodialysis, or end-stage renal disease):
  - Methotrexate
  - Acitretin No  Yes
4. **AND** inadequate response to at least a 3-month trial or contraindication to phototherapy unless involvement in sensitive areas (e.g., face, body folds, etc.)  
 No  Yes

**Behcet's Disease:**

1. Diagnosis of Behcet's Disease with mucocutaneous (oral or genital ulcers)  
 No  Yes
2. **AND** failed at least a 1-month trial of topical corticosteroids, unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment  
 No  Yes
3. **AND** failed at least a 1-month trial of colchicine, unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment  
 No  Yes
4. **AND** failed at least a 1-month trial of azathioprine, unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment  
 No  Yes

**For continuation of therapy, please respond to additional questions below:**

1. Documentation of positive clinical response to Otezla therapy  
 No  Yes
2. **AND** member is not receiving Otezla in combination with either biologic DMARD OR janus kinase inhibitor  
 No  Yes

3. **AND** member is NOT using Otezla starter pack for maintenance therapy

No  Yes

4. **AND** specialist follow-up occurred since last review

No  Yes

**7 – Prescriber Sign-Off**

**Additional Information –**

1. **Please submit chart notes/medical records for the patient that are applicable to this request.**
2. **If member has not tried preferred agent(s) please provide rationale/explanation and any additional supporting information that should be taken into consideration for the requested medication:**

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**I certify that the information provided is accurate. Supporting documentation is available for State audits.**

**Prescriber Signature:**

**Date:**

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