



Instructions:

This form is used by Kaiser Permanente and/or participating providers for coverage of **Humira (adalimumab)**. Please complete all sections, incomplete forms will delay processing. Fax this form back to Kaiser Permanente within 24 hours fax: 1-866-331-2104. If you have any questions or concerns, please call 1-866-331-2103. **Requests will not be considered unless this form is complete.**

KP-MAS Formulary can be found at: [Pharmacy](#) | [Community Provider Portal](#) | [Kaiser Permanente](#)

1 – Patient Information

Patient Name: _____ Kaiser Medical ID#: _____ Date of Birth: _____

2 – Provider Information

Is the prescriber a Rheumatologist, Dermatologist, or Gastroenterologist?

No Yes

If consulted with a specialist, specialist name and specialty: _____

Provider Name: _____ Specialty: _____ NPI: _____

Provider Address: _____

Provider Phone #: _____ Provider Fax #: _____

3 – Pharmacy Information

Pharmacy Name: _____ Pharmacy NPI: _____

Pharmacy Phone # _____ Pharmacy Fax #: _____

4 – Drug Therapy Requested

Drug 1: Name/Strength/Formulation: _____

Sig: _____

Drug 2: Name/Strength/Formulation: _____

Sig: _____

5– Diagnosis/Clinical Criteria

1. Is this request for initial or continuing therapy?

Initial therapy Continuing therapy, state start date: _____

2. Indicate the patient’s diagnosis for the requested medication: _____

Clinical Criteria:

1. Member has history of treatment failure, intolerance, or contraindication to adalimumab biosimilars (Amjevita preferred), **AND**
 No Yes

Rheumatology:

1. Member has psoriatic arthritis
 No Yes
2. **AND** member has history of inadequate response after at least a 3-month trial, contraindication or intolerance to an infliximab product OR Cosentyx (secukinumab)
 No Yes
3. **AND** member has history of inadequate response after at least a 3-month trial, contraindication or intolerance to one or more medications to treat psoriatic arthritis such as conventional DMARDs (e.g. methotrexate or leflunomide)
 No Yes

OR

1. Member has a diagnosis of active ankylosing spondylitis or nonradiographic axial spondyloarthritis
 No Yes
2. **AND** member has inadequate response after at least 4 weeks, contraindication or intolerance to infliximab AND full anti-inflammatory dose of an NSAID taken on a regular continuing basis
 No Yes

OR

1. Member has documented presence of enthesitis/tendonitis as part of manifestation of peripheral spondyloarthritis
 No Yes

OR

1. Diagnosis of peripheral spondyloarthritis and does not have enthesitis/tendonitis
 No Yes
2. **AND** history of inadequate response after 3-month trial, contraindication, or intolerance of at least one nonbiologic DMARD such as sulfasalazine, methotrexate or leflunomide
 No Yes

OR

1. Diagnosis of rheumatoid arthritis
 No Yes
2. **AND** patient has had an inadequate response after at least a 3-month trial, contraindication, or intolerance to infliximab
 No Yes
3. **AND** documented advanced disease or high disease activity
 No Yes
4. **AND** intolerance, contraindication or inadequate response after a 3-month minimum trial of one of the following: oral/subcutaneous methotrexate, hydroxychloroquine, leflunomide or sulfasalazine
 No Yes

OR

5. Pediatric patients ≥ 2 years with juvenile idiopathic arthritis who have failed methotrexate
 No Yes

Dermatology:

1. Diagnosis of moderate to severe plaque psoriasis (>3% body surface area unless palmar-plantar involvement is severe)
 No Yes
2. **AND** member has had inadequate response after at least a 3-month trial or contraindication to phototherapy unless involvement in sensitive areas (e.g., face, body folds, etc.)
 No Yes
3. **AND** member has failed at least a 1-month trial of high or ultra-high potency topical corticosteroids, unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment
 No Yes
4. **AND** failed at least a 3-month trial of **1 of the following** unless clinically significant adverse effects, contraindication or clinical reason to avoid treatment (i.e. pregnancy/breastfeeding, history of alcoholism or alcoholic liver disease, chronic liver disease, immunodeficiency syndrome, pre-existing blood dyscrasia, hemodialysis, or end-stage renal disease):
 - a. Methotrexate
 - b. Acitretin No Yes
5. **AND** failure, inadequate response, or intolerance to Cosentyx (secukinumab)
 No Yes

OR

1. Member has a diagnosis of moderate to severe plaque psoriasis in pediatric patients ≤ 17 years who have contraindication, intolerance or inadequate response to the following:
 - a. Topical psoriasis treatment **AND**
 - i. methotrexate **OR**
 - ii. 12-week trial of phototherapy No Yes

AND

1. Negative test for tuberculosis within the past 12 months (prefer within the last 3 months)
 No Yes
2. **AND** negative test for hepatitis B within the past 24 months
 No Yes

Gastroenterology:

1. Member diagnosed with moderate to severe Crohn's disease or ulcerative colitis (UC)
 No Yes
2. **AND** failed, has intolerance to, or contraindication to:
 - a. One conventional therapy [Mesalamine (UC only), azathioprine, 6-mercaptopurine, OR methotrexate],
 - b. **AND** corticosteroids
 - c. **AND** infliximab – unless member is physically located outside of our KP Network (i.e., college student) and is unable to receive infusions No Yes
3. For UC, must meet the same criteria OR have an inadequate response to at least a 3-month trial, intolerance, and/or contraindication to Xeljanz.

No Yes

Other Indications:

1. Member is being treated for any of the following labeled indications **AND** prescribed by a specialist:

a. Hidradenitis suppurativa

No Yes

b. Uveitis and related conditions

No Yes

For continuation of therapy, please respond to additional questions below:

1. Member continues to meet initial review criteria for Humira,

No Yes

2. **AND** member has positive clinical response to medication (i.e. asymptomatic or in clinical remission)

No Yes

3. **AND** specialist follow-up occurred in the last 12 months since last review

No Yes

7 – Provider Sign-Off

Additional Information –

1. **Please submit chart notes/medical records for the patient that are applicable to this request.**

2. **If member has not tried preferred agent(s) please provide rationale/explanation and any additional supporting information that should be taken into consideration for the requested medication:**

I certify that the information provided is accurate. Supporting documentation is available for State audits.

Provider Signature:

Date:

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