

15. Practice Guidelines - Care Management & Disease Management

15.1 PRACTICE GUIDELINES – CARE MANAGEMENT AND DISEASE MANAGEMENT

15.2 DISEASE MANAGEMENT RESOURCES

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Our clinical practice guidelines are developed and managed, in collaboration with our KP Care Management Institute and clinical leaders from all Kaiser regions, using rigorous, state-of-the-art evidence-based medicine methodologies.

Our partnership with you is very important to us and we want to provide you with the highest quality support and communication. We will continue to keep you informed of any future updates to our clinical practice guidelines. We welcome your suggestions to support your needs. Thank you for your participation and the quality care you deliver to our Kaiser Health Plan members.

List of Guidelines:

KP National Guidelines: Clinician Guide
Attention Deficit Hyperactivity Disorder Child/Adolescent
Aspirin Therapy
Asthma Child/Adolescent/Adults
Breast Cancer Screening
Cervical Cancer Screening
Colorectal Cancer Screening
Chronic Obstructive Pulmonary Disease
Coronary Artery Disease
Depression Adult
Diabetes Adult
Dyslipidemia Management
Heart Failure
HIV – STD Screening & Prevention
Hypertension Adult
Lung Cancer Screening
Overweight and Obesity Adults
Osteoporosis/Fracture Prevention
Prostate Cancer Screening

Note to Affiliate Practitioners

All listed clinical practice guidelines are available upon request. Please email HI.ClinicalLibrary@kp.org to request a copy.

KP guideline development or reviews. KP Affiliated Practitioners interested in participating or providing feedback in guideline development or reviews, please email HI.ClinicalLibrary@kp.org.

Policy Update: The KP Hawaii Region Clinical Practice Guideline policy and procedure is available upon request.

For any questions or concerns regarding any clinical practice guideline please email HI.ClinicalLibrary@kp.org.

15.2 DISEASE MANAGEMENT RESOURCES

Kaiser Hawaii has several disease management resources in place to assist you in managing your patients.

The Patient Support Service (PSS) is a model for population care which utilizes the special skills of clinical pharmacists, pharmacy technicians, advance practice RNs, registered nurses, and medical assistants to reach defined quality goals and assist with regional priorities through an evidence-based, whole member care approach to improve the health status of patients with chronic conditions and to support the primary care physician.

The PSS team currently helps manage patients with chronic conditions including diabetes, hypertension and cardiovascular disease, gout, depression and osteoporosis, among others. The team utilizes tools to provide real time data on targeted populations for feedback, monitoring, and management of the quality outcomes as measured against regional clinical standards. Members do not have to enroll into the PSS, as they are automatically enrolled when they engage with the care delivery system for chronic disease condition(s). Members are informed that the program is voluntary and that they may “opt-out” at any time. On an annual basis, the PSS will solicit member feedback on care and services received relating to their condition. Member concerns and clinical processes are also analyzed for continuous improvement in meeting member needs.

The approach to providing service to members with complex health needs involves an assessment of the member’s condition, determining available benefits and resources, and developing a care management plan for monitoring and follow-up. Conditions require treatment and services across a variety of domains of care to ensure the best possible outcome.

At a minimum on annual basis, the Hawaii Region reviews its disease management programs and revises as necessary based on new treatments and innovations in the standard of care, and notifies HPMG and affiliate practitioners of program information in the annual Quality Summary document.

- Patients informed of the latest information on their disease management.
- Educational and informational materials for patients to support effective self-care.
- Information about upcoming health events.