

# Part B Therapy Services in Non-Contracted Long Term Care Facilities



Kaiser Permanente Colorado is discontinuing the temporary allowance for long term care (LTC) facilities to provide Part B Therapy services to Kaiser Permanente Colorado members. These services can now be coordinated with Vitality Rehabilitation and Julia Temple Outpatient Services.

## What's New

- Kaiser Permanente Colorado has partnered with two service providers for Part B Therapy
- LTCs contact the service providers directly for Part B Therapy needs
- Selection of service provider is by the LTC facility's preference
- Prior authorization is not required for the LTC or the service providers



Questions can be directed to the Kaiser Permanente Colorado at Home Department at **303-636-3120** (TTY 711).

## Vitality Rehabilitation

**To initiate a referral, email or fax the referral form.**

Email: [RehabReferrals@VitalitytoYou.com](mailto:RehabReferrals@VitalitytoYou.com)

Phone:

**1-844-570-5714** (TTY 711)

Monday-Friday, 6 a.m. to 3:30 p.m.

Fax: 856-809-3320

## Julia Temple Outpatient Services

**To initiate a referral, fax the request.**

Phone: **720-382-2194** (TTY 711)

Monday-Friday, 8 a.m. to 4:30 p.m.

Fax: 720-806-2234

Website: [juliatempleoutpatient.com](http://juliatempleoutpatient.com)



## Vitality To You<sup>SM</sup> and Kaiser Permanente are committed to keeping skilled nursing residents thriving.

Vitality To You is proud to align with Kaiser Permanente in order to provide physical, occupational, and speech therapy services to their members residing in skilled nursing facilities. Our goal is to provide high-quality therapy services in collaboration with residents, physicians, nurses, and the whole interdisciplinary care team. We provide convenient care that is patient-centered, focused on empowering each patient by improving overall health and promoting quality of life.

### Physical Therapy

- Unsteady gait/balance
- Risk of falls
- Loss of range of motion
- Joint discomfort or pain
- Decreased activity tolerance
- Difficulty with transfers
- Difficulty getting in or out a chair/wheelchair or on/off of the toilet
- Need for walking assistance

### Occupational Therapy

- Decreased ability to perform Activities of Daily Living (ADLs) including cooking, bathing, dressing, self-care, etc.
- Concerns about safety in the home
- Need for adaptive equipment
- Decreased independence in the home and community
- Desire to return to safe driving (available in select markets)

### Speech Therapy

- Difficulty swallowing
- Speech and hearing deficits
- Signs of disorientation and/or memory deficits
- Changes in vocal quality or volume of voice
- Experiencing cognitive deficits: trouble finding words, following directions, and problem solving

Local Contact:

Director of Rehab: \_\_\_\_\_

Phone: \_\_\_\_\_

To refer a Kaiser patient for Vitality To You therapy services, please submit a referral online at [www.VitalityToYou.com](http://www.VitalityToYou.com), fax a referral form to 856-809-3320, or email [RehabReferrals@VitalityToYou.com](mailto:RehabReferrals@VitalityToYou.com).

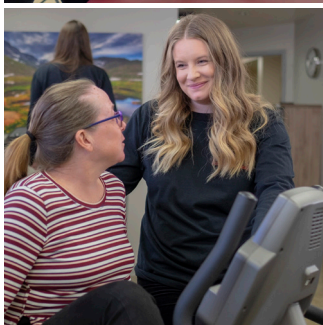
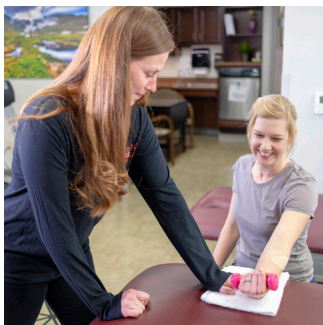


*Vitality to You is a service of Genesis Rehab Services.*

[VitalityToYou.com](http://VitalityToYou.com)



Therapists at Julia Temple Outpatient Services offer rehabilitation services for individuals with a variety of conditions such as brain and spinal injuries, orthopedic conditions and general deficits. Our outpatient skilled service is designed to provide quality rehabilitative care within a patient centered environment. Our goal is to help you achieve your goals!



(720) 382-2194  
[juliatempleoutpatient.com](http://juliatempleoutpatient.com)



Physical Therapists work to improve strength, balance, coordination, endurance and mobility.

Strength Training	Pre/Postoperative Rehab
Manual Therapy	Gait Training/Analysis
Neuromuscular Re-education	Balance and Coordination Difficulties
Home Exercise Program	Modalities
Orthotic Training	Pain Management
Orthopedic Injuries	Assistive Device Training



Speech-Language Pathologists evaluate and treat disorders of swallowing and communication; they also treat cognitive impairments (trouble speaking, understanding, planning, organizing, and remembering or solving everyday problems).

Motor Speech Disorders	Swallow Dysfunction
Apraxia	Voice Disorders
Cognitive-Communication Disorders	Vital Stim / Guardian Neuromuscular Electrical Stimulation
Stuttering	Expressive & Receptive Language Disorders
Aphasia	



Occupational Therapists assist in regaining self-care abilities such as eating, grooming, bathing and dressing.

Hand Therapy	Sensory Integration
Splinting	Attention Difficulties
Energy Conservation	Cognitive Impairments
IADL/ADL Training	Self-Care Skills
Environmental Adaptations	Visual perceptual and Visual Motor Skills
Gross and Fine Motor Coordination	Allen's Cognitive Level Evaluation
Feeding Difficulties	



3401 S Lafayette St  
 Englewood, CO 80113  
 (720) 382-2194  
[juliatempleoutpatient.com](http://juliatempleoutpatient.com)

## WHERE TO FIND US

Address : 3401 S Lafayette St,  
Englewood, CO 80113

Phone: 720.382.2194

Fax: 303.761.2967

WWW.JULIATEMPLEOUTPATIENT.COM



Our certified Speech-Language Pathologist is also available to provide in-services, staff and family education as needed.

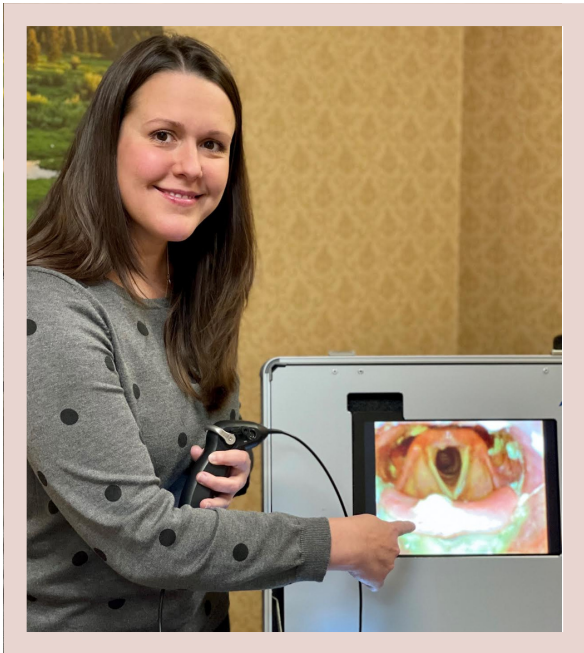


## WHAT IS DYSPHAGIA?

Dysphagia is difficulty swallowing or the inability to functionally ingest food or liquid into the stomach. Dysphagia can range from mild to severe and can affect anyone at any age, however, it is more common in older adults. In severe cases aspiration (food/liquid into the lungs) occurs which can cause pneumonia. Visual instrumentation can identify or rule out aspiration and prevent infection.

## HOW CAN THE SWALLOW BE ASSESSED?

There are two ways to view the swallow: Modified Barium Swallow Study (MBSS) and the Fiberoptic Endoscopic Evaluation of the Swallow (FEES). The MBSS is performed in the hospital with the assistance of radiology and a Speech Pathologist. The FEES is mobile and can be performed on site with immediate results. Julia Temple Outpatient services can provide the FEES in the clinic or at bedside.



## FIBEROPTIC ENDOSCOPIC EVALUATION OF SWALLOWING (FEES)

What is FEES? Fiberoptic Endoscopic Evaluation of the Swallow (FEES) is a procedure that utilizes current technology to view the pharynx and larynx while swallowing is performed. During the FEES a flexible scope is passed through the nose to the back of the throat and hovers right behind the uvula. At this point, the base of tongue, airway and all surrounding structures can be viewed. Foods and liquids are administered and the swallow is viewed in full color and high definition.

## PROS:

- Portable: can be performed on site or in the clinic
- Immediate results with reports in 24 hours
- No X-ray exposure
- Sterilized before and after each patient
- Minimal contact with staff (only one person)
- Flexible scope to minimize patient discomfort
- Tested with foods and liquids they consume daily

## INDICATIONS:

- Stroke
- Parkinson's
- GERD
- Hiatal Hernia
- Head and neck cancer
- Alzheimer's/Dementia
- General swallowing disorders

## WHY IS VISUAL INSTRUMENTATION SO IMPORTANT FOR YOUR RESIDENTS?

- Identify dysphagia and it's severity
- Determine least restrictive diet for decreased risk of aspiration
- Determine appropriate compensatory swallow strategies and adaptive techniques for increased swallow safety
- Identify or rule out aspiration pneumonia
- Decrease re-hospitalization risk

